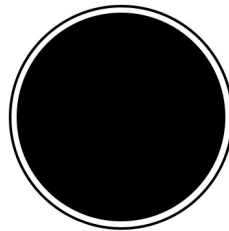


The Ultimate Truth in 4 pages.

The Present



by Michael Smith

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Chapter 1

The Ultimate Truth

A man should look for what is and not for what he thinks should be.

Albert Einstein

Truth you can check: It is as matter of fact as the ground and as useful as food. It's the kind of truth that can make hate and war as unnecessary as ignorance.

Charles Darwin revealed how evolution works, but not what it really means.

Evolution is no longer just a theory; it has been proven true beyond a reasonable doubt. The problem is, even people who believe evolution is true disassociate themselves from the process. They somehow skipped all the lower forms of animal life and just started out at the top of the evolutionary ladder.

The evidence says we evolved as life evolved.

Human beings did not just appear at the top of the evolutionary ladder to reap the benefits of those millions of years of evolution without having to live through it.

In other words, you were those other animals. Someone had to be them.

You had to be lower animals to be a human now. You lived as all the different animals in your evolutionary line. You lived through millions of years, and millions of lives and deaths to get where you are now. That's what Darwin's book means.

In addition to the fossil evidence, the genetic code proves that all animals, including us, evolved from bacteria over the last 700 million years on earth.

In other words, you were a microbe, an insect, a fish, a dinosaur, an ape...

When **all** of the evidence (100%) says something happened, and there is **no** evidence (zero) that anything else could have happened, it is the truth beyond a reasonable doubt to honest, rational people.

We have come a very, very long way, but we have a little further to go. The next and last step in our evolution is learning and accepting the truth of life, and this includes acknowledging our true past.

The truth will free us from the animal world we all evolved from.

Immortality: "It is impossible to be conscious of being unconscious."

It is not possible to be aware of being unconscious from **your own perspective**. You cannot be aware of not being aware. You can be less aware/conscious, such as when you are asleep, but not completely unconscious (dead), because time would stand still for you. A billion years could pass, and you would not know it.

How do you know you are dead? It is not possible to be aware of any gaps in life; it is continuous and never-ending from your own point of view.

Death and birth are a continuous event from your own perspective.

You will die physically, but you will be born into a new physical body. Being born happens, or you would not be here now. You were born into this life. It is what we know happens. **There is no evidence anything else happens.** True or false?

The "you only live once" theory: Many people say that they do not believe in reincarnation; they believe when you die, you're dead. What about fish, clams, horses, bears, flies? People that say you only live once are saying some souls get to live just one life as a worm, and that is it for all of eternity.

Other people believe you are judged by a god after you die. Is the worm judged?

Many people think human beings are the only animal that is conscious. Is a dog or cat conscious? Where do you draw the line? Is a bird conscious? The truth is that all animal life is conscious and alive just like us. The only thing that makes humans different from other animals is that we have a mind that can think and reason at a high enough level to know the truth of life, and those that know rise above animals.

It is time to see and accept the truth the evidence supports.

You are immortal; it is impossible to not be, because it is impossible to be conscious of being unconscious. Just that one sentence proves it. It is like these sentences: It is impossible for it to be light and dark at the same time, you cannot have your cake and eat it too. They are simple, but certain facts. The sentence "It is impossible to be conscious of being unconscious" is a simple and certain fact.

Energy cannot be created or destroyed; it can only be changed from one form to another. Albert Einstein

Like energy, consciousness cannot be created or destroyed.

This revelation will change your life. Now you know where you come from and what you've been doing for about half a billion years (evolving). The next question is how does life work and what is next, and we can know that too.

People are trying to understand life and the universe independent of consciousness, and it is the most important factor in the equation.

The universe as it relates to conscious life can be understood now. It is the ultimate truth; the truth that will transform mankind and the world.

"For every action, there is an equal and opposite reaction." $F_{AB} = -F_{BA}$

People do not realize what Isaac Newton's third law of motion really means.

Everything is balanced. Everything physical (matter/energy) goes back and forth in balanced circles, cycles, or the equivalent. Birth-death, old-young, big-small, strong-weak, start-stop, up-down, rich-poor, beginning-end, fast-slow, hot-cold, pain-pleasure, win-lose, day-night, full-empty, high-low, in-out, success-failure, united-divided, give-receive, creation-destruction, on-off, **positive-negative**, etc.

Positive and negative forces moving in balance are the physical universe.

There are no exceptions to the laws of nature Newton revealed. They apply to all matter and energy. Human beings are matter and energy, thus you and all humans are governed by the same laws.

Luck: Good luck and bad luck are the balance in action and the way the balance most affects our lives. Luck is manifested on many levels. There is the day-to-day luck, from little things like getting a good parking space or a bad one, to big things, such as winning the lottery or finding out you have cancer. Then there is the long-term luck. You are lucky if you are born with good looks, money, health, talent and intelligence. You are unlucky if you are born unattractive, poor, sickly and without talent or intelligence. Most people are in between the extremes, but it does not matter, because we are immortal, and it will all balance out. Luck will move back and forth; everyone will get equal amounts of good and bad luck.

What goes around comes around. Everyone gets their turn.

Death is the great equalizer: If you are born with advantages, you can have more good times than bad times in your life, but when you die, you are reborn with disadvantages, and have more bad times than good times and vice versa. In the long run, no one has it better or worse than anyone else does, because life will always balance eventually. It is the known nature of the universe we live in.

If you flip a coin a thousand times, it will come up heads about half the time and tails about half the time. The odds of random events are predictable; this is why Las Vegas always makes a profit on gambling year after year. You can see the truth if you look at the big picture. You will see that random events are predictable because they balance. It's a fundamental truth of life everyone knows, but ignores.

This is why on the Fourth of July, 162 people will be killed in auto accidents, and every fourth, about the same amount are killed. An average of twelve auto accidents happen every minute; about six-thousand teenagers are killed in auto accidents every year in the US. About four million people are bitten by dogs.

Why is the number about the same every year?

Everything is determined, the beginning as well as the end, by forces over which we have no control. It is determined for insects as well as for the stars. Human beings, vegetables or cosmic dust; we all dance to a mysterious tune, intoned in the distance. **Albert Einstein**

Destiny: Not being in control does not mean our future is predestined. No one knows the future; the future cannot be known. Anything can happen. The only thing we can be certain of is that it will be balanced.

The good news is, all of the best things are going to happen to you; the bad news is, so will all of the worst things, if you do not learn the truth.

Consequences: People may think, if everything is balanced, then it does not matter what you do. That is true, if you want to continue living in the savage animal realm. If you want to evolve past the animal realm, to a realm where there is no fear, pain or death, you have to learn and spread the truth of life. You have to live as a spiritual being. If you live like an animal, you will continue to be one.

The greatest present: For the first time in history, the first time in our 700 million years on this planet, we can know life, know what we are, where we come from, and where we are going. We have to take advantage of this brief opportunity. It has been a long time coming and will be a long time gone. This book will give you the power to change our present course to one that leads to a place without pain, fear or suffering, a place some western religions call heaven.

Keep reading: New and different revelations about life are not easy to accept. Do not let the things you disagree with stop you from reading further. Many of the things you do not agree with or understand when you first read them will make sense after you read more of the book. Do not skip around; it needs to be read in order to make sense. It is a small book (134 pages) that does not take much time to read. It is worth it. Visit www.truthcontest.com/comments to see comments from readers.

Sometimes people hold a core belief that is very strong. When they are presented with evidence that works against that belief, the new evidence cannot be accepted. It would create a feeling that is extremely uncomfortable, called cognitive dissonance. And because it is so important to protect the core belief, they will rationalize, ignore and even deny anything that doesn't fit in with the core belief. **Frantz Fanon**

Cognitive dissonance: Get to know these two words. It is the unseen enemy of mankind. It does more to cause war, crime and suffering than anything else, because it prevents people from learning and changing. If you are ready to overcome your cognitive dissonance and learn the truth of life, keep reading.

The first four pages of this book are a game changer, because they are true. The problem is, most people cannot see the truth of life.

It's not what you look at that matters; it's what you see.
Henry David Thoreau

When you see the truth for the first time, it is what people call a peak moment, or a moment of clarity. You get a larger percentage of what each moment of life actually contains; you are filled with life. Your mind is the gatekeeper of life, and sometimes it lets a little true life in, but most of the time it does not.

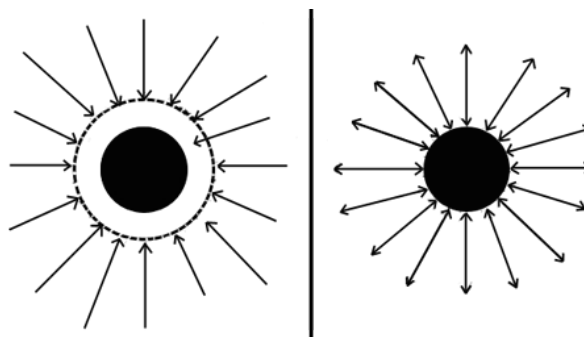


Figure 1 shows how mankind currently perceives life. Figure 2 shows true life.

The arrows represent life coming to you from all directions. The dotted line shows how your mind blocks most of the life coming to you. Without the mind blocking life, you receive all of life, **true life**, and reflect it all back out.

Seeing Niagara Falls or the Grand Canyon for the first time is a peak moment for most people. Why does it make you feel so alive? Nothing really happens to you. Why doesn't it feel as good the second time you see it? You are seeing the same thing. **The reason is, your mind opens up when something is special.**

The truth is, every moment of life is special, and you can be completely open to life most of the time. You have to see the truth to see true life.

The obvious is that which is never seen until someone expresses it simply. Khalil Gibran

The truth of life does not change anything in life except people's minds. Things stay the same. The truth just removes the unnecessary suffering, conflict and confusion from life. The truth about life is actually very simple; it is just hard to see for the first time.

Life: It all boils down to how you feel from moment to moment, how often you feel good and how often you feel bad, and it will be balanced like everything else physical. Your infinite past was balanced, and your infinite future will be too, unless you change from a physical being into a spiritual being. To change into a spiritual being, you just have to know the truth, which changes your point of view and your perspective of life so that you start to live your life as a spiritual being.

Our life does not have to be just fifty-fifty like the physical world, because our spiritual-self, our immortal-self, is not physical and does not need to be balanced to exist. Our physical environment cannot fundamentally change, but we can. **You just have to know it to do it.**

Nothing is going to make any real difference in your life except separating yourself from the balanced physical world. It can and will change everything.

The truth reveals that you do not need to experience the bad to have the good. The bad will still happen, but you will perceive it differently.

Good/bad: When you know the truth, you take the two sides of life, the good and bad side, and see them as one whole. You do this by understanding what the balancing force means. It means all bad times will pass and be compensated for by an equal amount of good times. It also means all good times will pass and be paid for with an equal amount of bad times. **It will always balance.**

When you know the truth, you will enjoy the good times more and still avoid a bad time when you can, but when you cannot, the knowledge of the balance helps you get through the bad times. This is because knowing that the worse it gets, the better it will be, makes bad times almost enjoyable. More importantly, it centers your perspective of life. **You see both sides of life; whole life, true life.**

You do not get just 50/50; you get 100%.

The knowledge of the balance takes away your reasons to be mad, sad, hate, worry, envy, be disappointed; it takes away all negative emotions and feelings.

It removes all stress and negative mind-made feelings from your life.

The mind starts disappearing, and true life starts appearing.

As the mind gets smaller, life gets bigger. As the mind shrinks, life expands. When the mind disappears completely, your perception of life becomes clear. Eventually, you will only think when you have to, which is not very often. **You will be able to accept the present of life**, no matter what is happening. You change into a new being, a spiritual being, and you become the present, the eternal NOW.

We want to expand our life, not expand our minds as they did in the 1960's.

The more you live in the present, the more fulfilling life gets. Time will slow down; you will see the magic and wonder of life you saw as a child, and you will experience it without the ignorance and all the negative emotions of childhood. Soon, you will be able to see life better than a child sees it or any animal has ever seen it. You will see the real world, **an enchanted world.**

Your two selves: Most people are not aware of the fact that they have two different selves. You have a mind and a spirit (consciousness), and though they seem like one thing, they are separate. The way to realize that this is true is to realize that something has to be listening to the thoughts created by your mind.

What is it that hears your thoughts?

There is the part of you that thinks and the part that hears the thoughts. The thinking part is your mind; the part that hears the thoughts is your spiritual-self. You do not actually hear thoughts through your ears, because your mind is already inside your head. The point is, your spiritual-self receives the things the mind creates in a similar way to hearing them.

Check it out: Just ask yourself, what is it that is hearing the thoughts you are thinking right now?

It is your spiritual-self, the same thing that receives all life.

As shown in the drawing, mankind is currently living as their mind-self, and as a result, does not know their spiritual-self. "Know thy self," as Socrates said.

You have to know true life to know your true self.

Perspective and perception: The same world is perceived differently by a frog and a cat, a cat and a dog, a dog and a human, a child and an adult, a woman and a man. You see something different than I do. **All perspectives are unique.**

We do not see things the way they are; we see things the way we are.

People see and experience life through their own mind and senses and from their own unique perspective and awareness level. This does not change the truth. The physical world will never change; it cannot change and still exist, but the way you perceive it can. Perception and perspective determine how clearly and truly you see life and how fulfilling or unfulfilling life is for you. Knowing the ultimate truth makes it possible for people to see life clearly and to be filled by it.

You cannot control life, but you can change the way you see life.

Animals other than man are more fulfilled, because they have less mind blocking life, but they are stuck with the perspective and perception they are born with. As human beings, we can greatly improve our perception by learning the ultimate truth.

All the problems we have stem from people not knowing the truth of life.

Unhappy: People look around and think, why are there so many people that are unhappy? We have progressed so far, yet people are still unhappy. Why isn't this world the wonderful place it could be?

Changing the world doesn't change us. It does not matter how much we progress materially; it will not change anything. Only learning and seeing the truth will change us, and thus change everything.

The truth transforms a mortal man into an immortal spiritual being.

It does this because the truth just shows you what you truly are, and that changes everything. The truth does the same thing for the way we see the world and for the same reason. It shows you life clearly; it shows you true life for the first time.

True life is perfect: You can see and experience a perfect life, because that is the way life actually is. **Our imperfect minds mess it up.**

It is hard to believe from your current perspective and level of awareness, but it is your own mind that makes life imperfect. The universe has to be perfect to exist. **You do not have to believe it; you can know it.**

The present: It is interesting that the "NOW" is called "the present." The present is the ultimate gift; it is the gift of truth and life. You are given the present every second, and you will receive it forever. The present is the only thing that exists, the only thing you are ever conscious of. Your life is a series of presents moving through time. The future does not exist until it becomes the present. **Life is one perpetual present.**

Creation is happening now: Your body, mind, and the world around it are being created from microsecond to microsecond. Things may look the same, but they are not; everything is constantly changing and being recreated. Our life and our world is being created from moment to moment.

Life and everything in it is always new.

People think that they are not good looking enough, young enough, thin enough, smart enough, rich enough, etc. They live on the edge of the circle and just go around and around forever, lost in the illusions of their minds.

Greener grass: The concept of past, future, and a distorted perception of the present keeps people running for the greener grass on the other side of the fence. They miss the present in the process.

Chasing the horizon: It is like running after the horizon; the faster you go, the faster it moves away from you. One day, you realize that you are standing on it. What you were running after is where you already are and always will be.

All people want is what is in the present, but they do not know it because they have never opened it. Almost no one knows what the present really is.

The present has to be our goal, because it is the only thing that exists.

The big tease: Your mind will open up part way from time to time to give you a taste of true life, and then take it away. It will attach the open moments to things that are hard to do, like things that cost a lot of money, things that are difficult or dangerous, or things that the mind considers to be new or special. Your mind makes you pay for life in one way or another, and never lets you have it for free.

A fulfilling life is always free and always available once you know the truth.

Fulfilled: It is the way we feel when our minds are completely open to life; we become “filled” with life. Being filled with life makes you feel the way you want to feel all the time. Fulfillment is true happiness. Doctors say that you feel good or happy because of the release of chemicals in your brain that make you feel good. This is true; chemicals such as endorphins, adrenaline, serotonin and dopamine make you feel good, but they do it by just allowing you to feel a little true life. Like all drugs, the effect is temporary, and it has a balancing downside. The ultimate truth is not temporary and has no down side. No drugs are necessary.

In this animal realm, physical pain and pleasure will come and go, but you can always be filled with life (fulfilled) once you know the truth.

Freedom: If you tie your fulfillment to things that happen in your environment, you are at the mercy of the constantly changing environment. You will only get a taste of fulfillment when things go your way, when you win or get what you want. Spiritual people are fulfilled when they lose. If you do not attach your fulfillment to what happens in your environment, you can be fulfilled no matter what happens. True freedom is having the ability to be fulfilled independent of what happens in the environment.
Almost no one is free now. Only the truth will set you free.

Being free means being free of the mind that hides true life from people.

Instant gratification: Why put requirements on feeling good? True life is being given to us all the time; we just have to let it in all the time. True life is instant and complete gratification that costs nothing. **Being free is in your head.**

The secret: Most people know you do not need “things” or things to happen to be happy (be fulfilled), but most people do not know how it works. The secret is opening your mind. Without thought and negative emotions, the same thing happens that happens when you get what you think you want.

You become as sensual as you can possibly be; you become your senses.

You can feel better than you would feel if you just won the lottery everyday. Why not? It is just a state of mind, or state of no-mind. It is your life; just take what is coming to you. You can be fulfilled whenever you want.

The present is for you.

Being fulfilled, being filled by life all the time, is the true goal of mankind. Everything that people do, directly and indirectly, good and bad, is to be fulfilled by life. Once you know the truth, you can skip all the things and just be fulfilled.

Empty: As shown in the drawing, the mind makes it impossible to know reality (true life) and to be fulfilled. The present with the mind blocking and distorting it is not fulfilling. It leaves you empty and full of desire for something to fill the emptiness. The things the mind does to try to fill the void just blocks life more. The more people run towards what they think they want, the more they miss it.

Something missing: People feel that something is missing, because something is missing; true life is missing.

The door: Your mind is like a door, and for most, it is currently closed. You have to have a truly open mind to learn the truth and experience true life (the present).

That which is: The literal meaning of the word “truth” is “that which is.” The living truth = that which is. **That which is = the present.**

The truth of the past = that which was. The truth of the future = that which will be. You can only truly know “that which is,” because now is the only thing that exists. The past is a memory or a story. The future is just an educated guess. You can only know the true past and what the true future will be by knowing “that which is possible.” **If you know how life works, you will know everything.**

Definition of ultimate truth: It is knowing the truth of life. It is knowing the fundamental, eternal laws of nature, and the nature of the mind which distorts and hides the truth. It is an accurate and complete understanding of “that which is.”

You do not and cannot understand every detail of life and do not have to. You just have to understand the big picture, the fundamental nature of life.

This truth never changes, because “that which is” can never change. It cannot change and exist. When you know life completely, you **become life** completely.

Self-evident: There is nothing easier to know than the truth, because it is life itself. It is nothing more and nothing less. **The truth is the present, THE NOW.**

It is all true: The truth is simply everything there is, everything that truly exists. If it does not exist, it is not the truth; if it does, it is. "That which is" is everything except for the deceptions created by the mind.

The truth is incontrovertible; malice may attack it, ignorance may deride it, but in the end, there it is. Winston Churchill

2 + 2 = 4: It does not equal anything else. The truth is, there is only one truth. Believing $2 + 2 = 5$ or 6 or anything else does not make it true. There are an infinite amount of wrong answers, but only one true answer.

Hope/belief: Believing and hoping something is true or going to be true does not make it true, if you do not start with the real truth. It is the truth, or it is not. There is no way to make something that is not true, true. **There is only one truth.**

Faith in faith: In and of itself, belief, faith, hope, wishing, good luck charms, holy relics, symbols, positive thinking, good intentions, praying, curses, voodoo, magic spells, fortune tellers, psychics, etc. do not do anything except make people feel like they have some control over life. **They are just coping strategies.**

If you believe a fairytale or myth is true, you will not live happily ever after.

People that currently have faith/belief in a myth are a force against the truth.

Believing in things that do not exist is the worst thing you can do.

Religious people want to believe so badly, they will ignore scientific evidence, reason, common sense and their own better judgment. Religions have perverted the meaning of the word "truth". The Webster's Dictionary definition says what the word means - ***truth: being in accord with fact or reality***

Many things religious people say they believe are not in accord with fact or reality. They are myths, superstition, hope, not truth. To say it is truth is a lie. True or false? In other words, most of the world's traditional religions are spreading lies and many know it, which in addition to being liars makes them dishonest hypocrites. The ones that do not know they are lying think they are doing the will of their god, when in truth, they are doing the will of the enemy of their god, Satan, who is defined in their holy books as the great deceiver, the king of all lies.

The real truth unites people; it does not divide them. It makes sense, and it applies to everyone, everywhere, all of the time. It creates clarity, not confusion. The truth leads to real equality, freedom, peace, love and understanding. The real truth only asks you to believe in something **you can check for yourself.**

Anyone who cares about the truth enough to check what it is will know the truth. Those who do not care enough will not learn the truth and will be lost and deserve to be lost.

Monkey see, monkey do: Most people just tell people what they have been told the truth is. They just accept what others say the truth is, especially if it is what people have been accepting as the truth for thousands of years. It is monkey see, monkey do.

Second-hand truth should not be believed or repeated without checking it out for yourself. The age of playing follow the leader is ending now. Second-hand truth is called hearsay in a court of law, and it is not admissible for an important reason; it has proven not to be a dependable source of the truth.

What could be more irresponsible than saying something is true without knowing beyond a reasonable doubt that it is true? Billions of people are doing it.

Do not believe what anyone says, including me; check things for yourself. You have to see the truth yourself in life itself to know it.

You are at what could be the end of a very long and difficult quest. You now have the opportunity to complete the quest and leave the animal realm forever. The only real difference between mankind and other animals is our ability to reason and think. Thus, reason has to be what we have to use to evolve further. We have to use what sets us apart from other animals.

The truth: You now know “the truth” part of the truth and life. There are only five essential or fundamental things you need to know, and they are the following:

- 1. Our true history.**
- 2. You are immortal.**
- 3. Everything will balance.**
- 4. You are a spiritual being.**
- 5. The present is everything.**

Like water: The thirteen pages you just read explain the truth of life, but just reading the thirteen pages is not enough; it is just the start. The truth is like water, and it will slip through your fingers. You need to read this whole book and do the things the book says to do to hold onto the truth and benefit from it.

Repetition: If something is repeated, it makes a bigger impression and changes your brain more, changes your inner environment more. Thus, the more repetition, the better. That is why I repeat some things many times and say the same thing many different ways. TV advertisers repeat commercials for this reason.

As a single footstep will not make a path on the earth, so a single thought will not make a pathway in the mind. To make a deep physical path, we walk again and again. To make a deep mental path, we must think over and over the kind of thoughts we wish to dominate our lives. **Henry David Thoreau**

Simple: It is important to simplify the way you see and know life; it is the only way it can be known. It can be almost infinitely complicated, and trying to understand it all is what mankind is trying to do. We have to go the other way and see and know it in the most simple way, because it is the only way we can know all that can be known. We can never know all the details, they are infinite and it is impossible, but we can know the simple big picture of life. That is what this book attempts to do.

Everything should be made as simple as possible, but not one bit simpler.
Albert Einstein

What is said in this book is not just a theory; it is what the evidence says. It is truth you can check, and that makes it the real truth and the only truth.

You just have to check it out for yourself so you know you know it and remember it until it sinks in. It has to go deep into your subconscious. You have to see the truth in every moment without thinking about it; you have to know it intuitively.

Without the truth, there can be no real morality, justice, equality, unity, success, freedom, love, security, peace, spirituality or even survival.

Only the truth can stop the wars and make the world the paradise it can be.

Friend to all: It is important to understand we do not want to hurt anyone or anything. We want to fix people and institutions that are flawed, that are sick and infected with BS. We just have the medicine, the cure. We want everyone to get better, especially the “bad guys.” We are not anyone's enemy; we want to make love, not war. When the people living in the dog eat dog animal world, playing the power game, the get rich and famous game, see the truth of life, they will realize that they are their own worst enemy. They will change, because it is in their best interest to change. They will change for selfish reasons, which is fine as long as they see the truth of life and get on the path to a paradise on earth.

Common denominator: The truth is the only thing that can unite all human beings. It is what we all have in common, and that will never change. There is only one sky for all of us. Everyone eats, breathes, is born and dies, etc. The ultimate truth is **universal truth**; it is the same for everyone, everywhere. It always has been and always will be. **We can now know the truth about life and death.**

The difference between believing and knowing is checking. Nothing could be more simple. If you care enough about the truth to check what it is, you will know the truth of life. The sad truth is, most people do not care, and mankind and our world are being destroyed as a result. If you care, now is the time to prove it.

If everyone looked at the big picture of life, we would see the same thing. This simple thing would unite human beings, and we would live in paradise.

Reason: We can now use our ability to reason, deductive logic, and extrapolation of the known evidence to know and understand things the evidence does not reveal directly, such as **life after death**. We have progressed enough to know and understand the fundamental truth of life. **It will transform us and our world.**

Truth alone will endure, all the rest will be swept away before the tide of time. I must continue to bear testimony to truth even if I am forsaken by all. Mine may today be a voice in the wilderness, but it will be heard when all other voices are silenced, if it is the voice of Truth. **Mohandas Gandhi**

LIFE KNOWING LIFE IS THE WAY

Chapter 2

Big Picture of Life Experienced in the Present

The overman, who has organized the chaos of his passions, given style to his character and become creative, aware of life's terrors, he affirms life without resentment. Friedrich Nietzsche

The truth of the balance is the most clear at the edges of physical reality. If you look at the biggest things in the universe, the stars and planets, you will see that they are all going in balanced circles (orbiting) around each other. If you look at the smallest things that make up all matter and atoms, you will see the same thing, electrons going around a nucleus. The edges reveal clearly the fundamental nature of our reality. Everything is going around in circles. As you become more aware, you begin to see that all physical things in between the biggest and smallest are doing the same thing in one way or another. Soon it will be as clear to you as night and day, and you will know the nature of everything.

On the quantum level, things are not predictable, but we do not live there.

Change: The key truth is the knowledge of the balancing opposites, because you can see this truth in action everywhere you look. Change or movement is caused when parts of a cycle or system are out of balance. They always will move or change to balance. Example: in the weather system when there is a high pressure zone and a low pressure zone, the air in the high pressure zone will move into the low pressure zone causing wind and bad weather. If you are hungry, you eat, etc.

There are two types of truth: truth you know and the truth you experience.

The mind truth is the opposite of the living or real truth. They cannot exist together, so you have to sacrifice one for the other. Mankind is currently sacrificing life for the mind. We just have to do the opposite. We have to start living in "that which is" and stop just thinking about it all the time. We just have to get our minds out of the way; they are blocking true life. **You do not have to think if you know life.**

The truth and life: When you know the truth, you can be completely aware of everything coming to you through your life senses; you will experience true life.

Truth = life, life = truth, but you have to learn all the truth to get all the life.

The more you see the truth, the more you will see the life. The more you see life, the more you will see the truth. They build on each other, and your knowledge of them grows until you know life completely and become life.

Truth first: People have it backwards. They want true life before they know the truth, and as a result, they never get the truth or life. People can get close and look like they have it all, especially the big stars in show business. They look like they are full of life and everyone wants to be like them, but they do not have it all. Even having 99% is not all of it. You need it all to take the next step in evolution and become a spiritual being. How can you live completely what you do not know completely? When you know life completely, you start living it completely.

How can you enjoy life before you know how life works? No one can fully enjoy life until they know why things happen and where their life will lead. Money, sex, success, power, fame, will not work. The truth is the only way.

Many spiritual teachers who claim to be enlightened say you need to experience life first, through meditation, etc. They say that the way to know the truth is through the experience of life. They say that because they do not know the truth, not all of it, so they cannot say what the truth is. They say to experience life to know the truth, because it seems like that can be done, but actually that cannot be done. When people do not know the full truth, it means they have never experienced life fully, or they would know the ultimate truth.

How can someone be enlightened and not know the truth? Knowing the truth would have to come with enlightenment, or you would not be enlightened. True or false?

There are revelations in this book that no guru, prophet, or any spiritual master knew, so no one has really been enlightened. There have been many that thought they were and convinced others they were, but they did not know all the truth of life, and that is a fact you can check. Many have known parts of the puzzle of the truth of life. This book for the first time adds the last pieces to the puzzle. Many of the great prophets of the past knew the time was not right, and they did what they could until the right time came. That time is now. I am not saying the great prophets and spiritual leaders of the past did not become enlightened masters. They did, but not when and how the unenlightened people of this world think. The prophets and seers of the past brought new revelations and built on each others understanding, but the ultimate truth could not be fully revealed until now.

Now you can know the complete truth of life for the first time in history.

Finding the ultimate truth of life and death is the true mission of mankind.

The question is, why is it so difficult to see and express the truth clearly now?
Something has to be hiding the truth and life.

Why do we have so much trouble seeing the true nature of our lives? It should be the most obvious thing there is. Why do people have so many different opinions and beliefs about what the ultimate truth is when it should be self-evident? We all live in the same world, **so why does everyone see it differently?**

Your inner environment: This is your environment from your skin in, from your senses in. This environment is where your mind lives. It is between life and your spiritual-self; it is the closest thing to you.

The mind is so close to your spirit that most people do not realize that they are two separate things. The mind creates the illusion that it is the spirit.

Sixth sense: People do have a sixth sense; their own mind. You have the senses of sight, hearing, smell, touch, taste and mind. Your mind is like a sense, because your consciousness or spiritual-self senses or experiences the mind's thoughts, emotions, and feelings the same way it does light, sounds, sensations, scents and tastes. You receive the input from your mind the same way you receive input from your five life senses, but what the mind creates is not real/true.

Word/life: Your five life senses sense life. Your mind produces and sends you things that do not come from life; it sends you things it makes up itself. It creates and sends you emotions, desires, thoughts, guilt, fears and worries, etc. Your mind blocks most of the life coming to you, and what it does not block, it converts into thoughts and feelings; it turns life into its mental code for life.

Your mind attempts to reduce all of life to words, feelings, and abstract thoughts or bytes of data. Example: Your sense of sight sees a rose. Instead of coming to you directly as all that a rose really is, it is turned into the word "rose". It is then disregarded or filed away as a memory without letting you experience it.

Editing your life: If you have seen something before, your mind does not consider it important to see it again and does not let you see it; the mind edits your life. When you see a rose through the mind, you do not see it as it truly is. Your mind does this with everything unless it perceives it as new, special, or dangerous.

By reducing real things to words or thoughts, they can be processed in your mind. We are paying a high price for this; we pay with our life. It was necessary in the past to be able to process life this way to help us get control of an unknown and dangerous world. It is no longer necessary to do it much of the time, but people still do it all the time anyway. It is like a bad habit.

All of this is going on between your spiritual-self and life. It is the reason why people cannot see the truth and experience true life.

We paid a high price to get where we are now. The time has come to stop giving all our life to our minds. To do it, you just have to see things like you are seeing them for the **first time**. It is that simple, but you have to know the truth to do it.

True religion is real living. Albert Einstein

Take control of our minds: We now know enough and have enough control of the world. We no longer need to miss most of our lives. We need to see all of life now to see the real threats to our survival and become spiritual beings. It is time to start getting control of ourselves to get control of our minds. It is our false perspectives and lack of awareness that are the greatest dangers to us.

The greatest danger to mankind is now mankind.

The mind of human beings has become too powerful and dangerous to be out of control. The thing (our minds) that helped our survival the most will be what destroys us if we do not get control of them soon.

Right and wrong: Without the ultimate truth, no one really knows what to do or why to do it, and that is becoming very dangerous. About ten countries are known to have nuclear weapons, and it is estimated that at least thirty-two countries are trying to get them. There are also biological and chemical weapons, and people do not know right from wrong yet. Weapon technology is evolving faster than we are. Technology is making it easier and easier for fewer and fewer people to do greater and greater damage.

Just greed will destroy the environment if the truth is not seen soon.

People are going to have to see the value of the universal truth. It will create a unity we need for survival and our future evolution. If people do not, there will be no future, no matter what you or anyone else wants to believe. Wishful, hopeful thinking is what is creating most of the BS that will lead to the end of mankind very soon. We live in a fragile environment, and very few can see how fragile.

Optimism is a good thing to a point, but people are way too sure everything will work out well. That is not what the evidence says. Without the truth, there is no hope. This is why it is essential that people learn the truth soon. Right and wrong cannot be known without knowing what is true and what is not true. Great power without great understanding will destroy much of what we have gained over a very long time. We may not kill the whole human race, but we will set it back in a catastrophic way for certain and do it very soon.

It is like we are driving too fast on a dangerous mountain road blindfolded.

The mind creates fear, worry, guilt, regret, sadness, envy, greed, hate and all other mind-made, negative feelings you receive. These uncontrolled emotions are creating all the misery in the world. You just have to realize that they are not real/true, and they will disappear. Why live with pain and suffering that is just created by the mind?

Why let your own mind hurt you?

Just as you do not have to think thoughts that you do not want to think, you do not have to feel the negative emotions and feelings the mind creates.

If the mind is creating something, it can stop creating it.

If you know the truth, you do not have to live with anything that is not real. You just have to live one-hundred percent with what is real, and it will leave no room in your life for anything that is not real. **Displace the mind's BS with life's truth.**

It is all about seeing true life. Most people have to suffer a lot before they even start really looking, but it is not necessary. Most of the suffering in your life is created by the mind, and most of the world's troubles are also. We have suffered enough; it is time to find the truth and divine life and be fulfilled. All we have to do is take control of our minds to do it. **The age of the mind is coming to an end.**

The truth is the key to controlling your mind.

The word "man" comes from ancient Sanskrit and means "mind."

Mankind is mindkind.

Mind-self: The mind is a great tool if we have it under control. The problem is that most don't have their minds under control. The mind has been so useful to our survival that we have given it complete power over our lives.

We have begun to believe that we are our minds. This falsehood puts our minds in control of us.

We cannot be our minds, because our minds end at death, and we do not. We cannot, because we are immortal, and our minds or brains are not. Our mind is a biochemical and bioelectric part of our bodies. It exists in the brain, and it is destroyed when the rest of our body is destroyed at death, just as a computer's data is destroyed when a computer's hard drive is destroyed. Your mind can be destroyed even sooner than death by brain injuries and diseases, such as Alzheimer's and some mental diseases.

We can be certain that we are not our mind, because if it was gone, we would still be here. We would still be aware of life, actually more aware of life, completely aware of it. The mind does not give us life; **we give the mind life.**

The mind's job is done: The mind is like a sophisticated computer. Its function is to learn, remember, process, and understand life and the things in it. The ultimate thing for the mind to learn and understand is the nature of life itself; our true past, potential future, and the nature of nature. Once we know the ultimate truth, our mind's ultimate job is done. Its reason for evolving is accomplished. Thus, the mind's purpose is fulfilled. **When the truth is known, it is finished.**

Master/servant: Once you know the "mind truth" or "intellectual truth," your mind can take you no further. The mind needs to relax and become just a technical consultant. The mind needs to become your servant and stop being your master.

The age of the mind: The mind has been such a big part of our world that a worldwide religion of the mind has developed. People have faith in the mind. People think the mind is the key to our success in everything. This has given the mind too much power over us. **The mind has become God on this planet.**

More than minds: The mind is the king of this world. Just about all institutions, schools, businesses, and governments promote and support the mind. This is all fine and good, as long as we know that we are more than our minds, that our minds are just a very small and temporary part of us.

Behind your thoughts and feelings, my brother, there stands a mighty ruler. An unknown sage - whose name is self. In your body he dwells. There is more reason in your body than in your best wisdom.
Friedrich Nietzsche

The truth and the life is the last frontier.

Using our mind was the key to our success in the past, but it will have to see itself and change itself for us to be a success in the future or even to survive. The mind will still be the key to the next step in evolution, but not by doing what it has done in the past. **Our minds have to change for us to thrive and survive.**

We need an age of the spirit now. Our spirit must be seen as the more important part of us. Spirit is the real part, the eternal part, what we have always been and always will be, the real us.

Step up: Your mind must step down so that your true self, your eternal spiritual-self, can step up. This is the next and last step in your evolution. Your mind needs to get out of the way, so you can learn the spiritual truth, the living truth, the real truth, the truth that is beyond the mind.

The mind: It is just a tool that should only be used when it is needed. You use a hammer when you need to pound a nail. When you do not need it, you put it away. Your mind is always there when you need it. You use a chair when you need to sit down, but you don't carry it around with you all the time. It would weigh you down. As the last Beatles' song said: "Boy, you're going to carry that weight a long time."

Take care of business: You do not have to worry about not thinking enough to take care of business. The only problem you will have is the problem you always have had; thinking too much to live in the present, to live in the truth and the life.

Computers: Let the machines do the thinking. Our goal is not to think, but to live, and we never have to worry about machines doing it better. Computers are being developed so that we can think less and live more.

With the knowledge of the ultimate truth, you are no longer mankind, or mind-kind, because you are no longer going to live as a mind; you are a new being. You are going to live as an immortal spirit.

It is only when we forget all our learning that we begin to know.

Henry David Thoreau

The full potential of the mind: Using your mind less does not mean you are not using your mind to its full potential; less is more. The less you block life, the more you will know it. The better you know life, the better your mind can serve you.

Know everything: When the mind is on standby, it is still in the game. It is completely aware of the world right along with you.

The only source of knowledge is experience.

Albert Einstein

You will think less, but know a lot more, because you will experience a lot more, and what you experience will be real, not a deception or illusion. When you use your mind less, you are doing what the mind is meant to do, what it evolved to do. You are using your mind to its absolute full potential if you use it to overcome itself in order to know true life.

Friend or foe: Your mind can be your worst enemy or your best friend. If you are using it to overcome or transcend itself and realize the truth and life, it is your best friend. If not, it is your worst enemy; it will distract you and prevent you from seeing the truth and true life in one way or another.

True life: You are only receiving a very small percentage of all the light that enters your eyes, the sounds that enter your ears, the sensations coming from inside and outside your body, all the scents in the air and tastes in food. Your mind is distorting, filtering, interpreting and blocking most of life, as shown in the drawing. The first time you experience life completely, it will astound you. It is the best thing there is or can be, and it is here all the time in every moment of your life, just waiting for you to let it in. You will be truly alive, born for the first time.

You still have a mind filtering the input of life. It does not let everything in; it lets divine life in (perfect life), but divine life is not composed of everything coming to you. Your mind has to be discerning, or life would have no definition. It would just be a flood of sensation, and that would be too much; too much of a good thing. The mind that knows the truth of life lets in all that comprises the best possible life experience, true life. It's much more than the mind of man lets in, but not everything.

The divine mind works like a sound equalizer that controls the volume of different instruments in a band, to make it sound the best it can sound. It is very subtle, and doesn't block life as the animal mind does, but it does regulate the input.

People are too unconscious to know that they are unconscious.

They are too closed-minded to know that they are closed-minded.

They are too asleep to know that they are asleep.

Hypnosis: Mankind is hypnotized. Hypnotized means to be put into a state of semi-consciousness, a waking sleep. The problem is that we have been hypnotized to not know we are hypnotized.

Under a spell: It is like we are under a spell that has put us to sleep. We need the kiss of truth to wake up from this spell.

You will be carefree, but not careless, child-like, but not childish, innocent, but not ignorant. You will not need anything, but have it all.

Two ways: There are only two ways to experience life: through the animal mind or not through the animal mind. You have two choices in every moment of life: to be with your mind or to be with life. **The choice is yours.**

Your five life senses are much more than the sum of their parts. Together, completely open, they reveal true life. You wake up from a long sleep.

You do not need all five senses to know true life; you can be deaf and blind and still experience it. It is just about getting your mind out of the way.

It is just a change of perspective from being a man/spirit to a spirit/man.

True life is everything except the mind's illusion of "reality."

The significant problems we have cannot be solved at the same level of thinking with which we created them. Albert Einstein

The mind is the problem: The mind cannot solve this problem the way it usually solves problems, because it is the problem and did not know it until now. Its very presence is in the way of life. It is this awareness that gradually gives you the ability to change your mind's nature, to open up and stay open. It takes some practice before you can do it, but you will get a knack for it.

**Do what you can, with what you have, where you are.
Theodore Roosevelt**

You do not have to go to a cave and chant; just start opening up your perception everywhere you are, whenever you can.

Our senses give our spirit a window to the physical universe.

**Our bodies have just one purpose, and that is to support our senses.
Our bodies are simply a physical support system for our senses.**

This is because it is our senses that open up the world of physical life to us. Our bodies just support and move our senses around for us. Our bodies and physical life have no other reason for existing. We need to become our senses.

**You just have to remember, the goal of your life is to be more aware of it.
How can that not be the most important and most worthwhile thing to do?**

I don't believe people are looking for the meaning of life as much as they are looking for the experience of being alive. Joseph Campbell

The things you get through your senses comprise your entire life, nothing more, nothing less. Life is everything; there is nothing else but life.

True happiness is... to enjoy the present, without anxious dependence upon the future. Lucius Annaeus Seneca

**It is not the years in your life that count; it is the life in your years.
Abraham Lincoln**

You should devote your life to life, because life is the only thing that exists.

The present is the only thing that really exists; how can it not be the goal?

Your best: To take the next step in evolution, you have to do the absolute best you can do in this life with what you have to work with. Your absolute best is to learn and live in the truth and life. **It is all you have to do to win the game.**

Every moment in the present is perfect and complete in and of itself.

Life is without meaning. You bring the meaning to it. The meaning of life is whatever you ascribe it to be. Being alive is the meaning.

Joseph Campbell

What is life? It is simply everything real that is in the present. Life lasts forever, because it is impossible for it not to from your own point of view. We also know that life is balanced, that it is absolutely fair for every living thing.

Overcoming: We also know how to overcome the balance with the truth of life (perspective), thus we are in the process of overcoming pain and all negative feelings and emotions, so we can be fulfilled by life forever.

Could anything be more amazing or wonderful? How can people just take it for granted? How can you be unhappy in light of the true situation?

Life is the most realistic movie possible; it is in the ultimate high definition and surround sound. It is even in smell-o-vision, and we are the stars of it forever. **How can that be beat?**

Getting into life completely should be the obvious goal, but people are doing the opposite by trying everything they can do to escape it. The mind is anti-life, the opposite of life. The truth makes it possible to be into life completely and above it. By "above it," I mean able to see all of life.

Life is what happens to you while you're busy making other plans.

John Lennon

Life goals: Naturally, you have other goals besides finding the truth and life. You will have a much better chance of attaining them if your primary goal is the truth and the life, the present. It will help you do everything you do better.

The mind and society that is dominated by the mind is goal oriented, and that is a good thing to a point. You need to have goals and plans, but you do not have to think about them all the time as people do now. You just set them as a guideline for your life, and then live in the present as you work towards them.

Your ultimate goal is always to live in the truth and life, the present.

The future is not as important as the present, simply because it does not really exist. Keep your eye on the prize, true life. People now have their priorities backwards. Focus on the present instead of worrying about a non-existent future.

It is all about accepting yourself and your situation, accepting the present.

True love: When you succeed in opening up the present completely for the first time, you kind of feel like you did when you fell in love for the first time. You begin to notice all the little things, the birds singing, etc. You like it a lot, and you feel like you are reborn, because you are reborn to true life. You are falling in love with life itself. It will never leave you or stop giving itself to you completely.

It is true love, a love that will last forever, a love that never dies.

When you see true life, all you feel is awe and wonder; it is sublime.

Commitment: If you commit yourself to this love affair, you will be completely fulfilled forever. It demands your total commitment, but that is not asking much when you get back literally everything.

All you need is love, but not carnal love; you need love of the truth and life.

Everything: When you commit to the truth and life, you are actually committing yourself to everything in life. Every part of your new life, from your job to your family, will benefit from it. By totally committing to just one thing (the present), you totally commit to everything in your life at the same time. How could it be easier? This is something you can start today. There is no time but the present.

2 = 0: When you really see the opposites as a whole, they disappear, and the mind disappears also. There is no you and life; there are not two, not even one. You are everything, and everything is you. Knowledge of the balancing opposites makes the mind disappear, because the mind knows it is not needed, that life is safe, fair, and that life is on autopilot.

Nothing is more secure and certain than your life when you know the truth.

The truth is the exact opposite of what people think, because they think on a physical level. On the physical level, nothing is more certain than death. On the spiritual level, the opposite is true; **nothing is more certain than life.**

This is why the truth is so important; it shows you what you really are and what is really happening all the time. The truth shows you that life is perfect all the time. Life is in absolute control, and everything will be fair and perfect. You and everyone else will live balanced lives, no matter what you do or do not do.

The only question is, do you want to do better than a balanced life?

No one is doing better or worse than anyone else. Some people are up right now materially, and some people are down, but it is a cycle, and everyone gets the same amount of good and bad. It would not be fair any other way, would it?

When you see the whole of life, you get the whole, not just half-and-half.

Any pleasure you get without true life will be balanced. Why pursue it?

The only pleasure you really want is the bliss that comes from knowing the truth and life and living in the present. It is the only thing that has true value. If you just get your mind out of your own way and let life happen, you will get what you really want. You will get all that there is or ever will be. It is that simple. Knowing it and doing/living it are two different things, but knowing it is the start.

The next best thing to finding true life is looking for it. You cannot lose.

Waking up: Your controlling mind will begin to know that it cannot help you as much when it is active as when it is on standby. It will begin to understand what it has to do in order to make further progress.

When your mind understands, it will help you know true life; it will begin to open itself up when it is not needed.

Eternal partner: Your spiritual-self cannot do anything for itself. It needs a mind as a partner to get things done, including opening itself up when it is not needed. Before the mind can help you, it first has to understand it is the problem.

The solution is the problem: It is not easy for your mind to realize that it is the problem, because it has always been just the solution to problems until now. Understanding it is the problem will take your mind some getting used to and some time to reprogram itself. It will do it; its true purpose is to serve the spirit.

True perspective: You cannot see your mind from your current perspective and level of awareness, because you are looking through the mind at the mind. The mind is trying to see itself through itself. That is why your perspective must change before you can see it clearly. You have to look from your spirit, your true self, to see it. Then can you see the mind for what it is and how it is the adversary of life.

What we are looking for is what is looking.

Your mind is now in front of your spirit, and it needs to be behind you. People live as man/spirit and need to live as spirit/man. It is just a matter of perspective and awareness.

The mind is not alive unless you let it steal your life.

The mind is not a living being, but it will resist giving up control as long as you give it your life. If you do, it will become a living being; it will be you and try to survive like all living beings.

You have to take the time to honestly get to know yourself. You have to know the nature of both your mind-self and spiritual-self to know the ultimate truth.

Black hole: Human beings are currently filled with the mind; there is no room for life. When you turn it off, you empty yourself, and life naturally rushes in to fill the void. You become like a black hole, and life pours into you from every direction. A black hole does not let anything out; a spiritual being reflects it all back out.

Center of the universe: When you experience life equally from all directions, you experience natural life, true life.

You become the center of the universe, because that is what you truly are. The universe is infinite in all directions, so no matter where you move, you will always remain in the exact center.

You may be saying that this is a good way to look at it, but it is more than that, because it is the truth; it is the only true way to look at the big picture of life.

When I walk, I am not just walking on the street; I am walking through the center of my own personal universe.

Religions were right; we are at the center of the universe. Galileo, Kepler, and Copernicus were also right from the mind's perspective, but from your own perspective, the only perspective that really matters to you, you are at the center of the universe, and that is the only place you can be in an infinite universe.

First step: When you realize that you are the center of the infinite universe and always will be, you realize how special you are. You are always at the exact center of life. All life that comes to your center is just for you and no one else. You are living in your own unique universe where everything is just for you.

Living with the awareness that you are the center of everything is the first step people take to becoming a spiritual being. This is because it is the easiest thing to do. You can do it with your mind the way it is, and with other people around.

Most people can do it right away. Try it right now, and you will see it is true. You will see you really are the center of the universe. You will see that life really is coming from every direction, and no matter what you do, that never changes.

It does not matter where you are; your home is your body. True or false?

You have to let it all out instantly, or there is no room for the new life to come in. The more life you allow in, the more you have to reflect back out to others. You become completely full of life; **your cup runneth over.**

As John Lennon says in song, “you can radiate everything you are.” You can be everything and reflect everything to others.

When you can let it all in and reflect it all back out without any mental intrusions, you have reached the ultimate level of consciousness; you are a spiritual being. You will glow and shine with life as shown in the drawing on page five.

You will become the present. You will have presence. Great actors have what is called stage presence. They become life itself, and the audience can see it. Movie stars need presence, at least while they are acting. If you want to see someone living in the present, watch a movie. Presence is created by living in the present and reflecting the present to other people.

The mind barrier: The very mind that has made seeing the truth possible is now the only thing preventing us from taking the last step, the final step in human evolution. People are living as their false, mortal mind-self, and they should be living as their true, immortal spiritual-self, or the exact opposite of the way they are living now.

Your mind is like a door or gate, and the truth is the key to that door. The truth causes the mind to begin to change its relationship with you; it turns the mind from your worst enemy to your best friend.

You have to turn the key. You have to open the door. No one else can.

The mind is no longer you; it is just a small part of you. It is no longer your master; it is your servant. It has to do the exact opposite of what it has evolved to do (control). That is why it takes the truth and some effort to get free of the mind.

It is easier to denature plutonium than to denature the evil from the spirit of man. Albert Einstein

The way: You just have to do one thing; learn to recognize what is true (life) and what is not true (mind). Then give your life to just what is true. If you do this, the false illusions of the mind will no longer control your life, and you will be free. Think about it until you understand the truth completely, and then just do what the truth dictates and live consciously.

True life really is that simple, but most people cannot see the truth now.

The mind is more powerful than the spirit in this world.

The mind is a dominant force: The mind will always infect a person living clear of the mind. A spiritual person cannot cause a person living in the mind to stop living in the mind, but a person living in the mind can cause a spiritual person to activate their mind. The mind is a form of energy; the spirit is like a void.

Great spirits are always opposed by mediocre minds.
Albert Einstein

The mind has the upper hand in this world. It is the way it is, so you have to be alone or with other people that know the truth to live without the mind. Thus, it will get easier to live clear of mind in this world as more people learn the truth.

Your mind and other minds will do everything to keep you out of the present and knock you off the path. **Your job is to just let the mind do it, watch it,** and see it for what it is, and it will gradually get weaker. It will get easier to stay on path.

Living with less evolved people: Imagine you were the only modern man in a world filled with cavemen. That is how a spiritual being feels living with mankind.

The craziest people are running the asylum.

Minds beget minds: Schools, family, work, social groups, religions and political parties are all minds creating other minds in their own image. Other minds are like an infectious disease; the closer you are to them, the more they infect your mind. It starts with the closest, most influential people around you, such as friends, family, and superiors at work or school.

The truth stops violence: The truth makes people happy and secure. Only unhappy, insecure or fearful people fight. When the truth and life is revealed to everyone, everyone will be happy and secure, and this will stop all conflict.

Spiritual beings could not win in the past, but the times are changing, and thanks to worldwide communication, spiritual people can win now.

The collective unconscious: In the last few generations, we discovered two invisible forces: electricity and electromagnetic (radio) waves. No one believed they existed a few hundred years ago. In this generation, we are going to discover and confirm a new invisible force that I call the collective unconscious mind. It is the force of nature, or part of the force of nature, that gives us continuity from one life to another. Without it, there could be no evolution.

The collective unconscious is not alive. It is just a part of our minds, an extension of our minds, not a separate life form. The collective unconscious is something like gravity that connects all of us. Religions call it the Holy Spirit.

Every extension of knowledge arises from making the unconscious conscious. Friedrich Nietzsche

In other words, when you get your mind out of the way, you become conscious of what you were not conscious of before. You become conscious of something beyond the mind. You can make contact with the universal mind of life.

The intellect has little to do on the road to discovery. There comes a leap in consciousness, call it intuition or what you will, the solution comes to you and you don't know how or why. The truly valuable thing is the intuition. Albert Einstein

Inspiration: The word means “breath of God.” It is where ideas, art, poetry, movies, philosophy, music, inventions, revelations and all new creative things come from. It manifests in many ways, such as talent, intuition and insight.

Intuition: Intuition and inspiration come from the same place. They are both manifestations of the collective unconscious. When asked where they got the idea for something, creative people will say they were inspired, they dreamed it, it just came to them in a flash, etc. All new, creative things come from outside our own minds. By definition, they have to come from outside your mind to be truly new. Paul McCartney was once asked where his songs come from. He answered: “I don't know; they seem to come out of the air.”

When real music comes to me – the music of the spheres, the music that surpasses understanding - that has nothing to do with me, cause I'm just the channel. The only joy for me is for it to be given to me, and to transcribe it like a medium... those moments are what I live for. John Lennon

The evidence: There has to be an outside influence, because ideas can come to many people at about the same time. Example: Language developed at about the same time everywhere on the planet. Religions from different times and places have many things in common. Inventions and styles of music and art come to people at about the same time. It is not just a coincidence. You can know that all great or inspired music comes from the collective unconscious, because if it did not, the musicians that wrote the classic songs in the past would still be writing classic songs now. A few are, but most are not.

Great inspirations come when they come, and when they quit coming, there is no way for the musicians to do it on their own. How well you play has nothing to do with it. The older musicians get, the better they get on their instruments, but they often have their great songs when they were young and could not play as well. It is the same with books, art and inventions; every once in a great while, you get a Newton, a Beethoven, an Edison or an Einstein. These people were just more connected to the collective unconscious, thus they received more inspirations.

My brain is only a receiver, in the Universe there is a core from which we obtain knowledge, strength and inspiration. I have not penetrated into the secrets of this core, but I know that it exists. Nikola Tesla

Mozart, Tesla, and Einstein were just more inspired than most people.

Einstein had all his great ideas in one year when he was a patent clerk in his twenties. He called it his magic year; it was a year of great inspirations. He spent the rest of his life working on those ideas and did not have any more great inspirations. His life makes it clear that great ideas come in inspirations. This power of inspiration comes and goes. Italians are not Romans. Greeks are not as inspired as they were when Socrates and Plato lived. If you study history, you can literally see the inspiration moving around through different people at different times and places. It comes and goes, and a person's or people's power and greatness comes and goes with it.

Inspiration can come and stay if you learn the truth and life.

Connected: Being connected mentally by gravity and/or the earth's magnetic field or something like it is not so far-fetched; our minds are just bioelectrical activity in our brains. Gravity and electromagnetic fields are passing through our brains at all times. It would be more surprising if they did not affect us. Gravity is connected to everything in the infinite universe, and in much the same way, our minds are connected, more or less, on a subconscious level to all living things.

**All religions, arts and sciences are branches of the same tree.
Albert Einstein**

How I see life: In my books, you will see that I interpret things (movies, music, the Bible, etc.) from my own unique perspective. It is often different than the author's interpretation. I see everything as coming from what I call the collective unconscious mind. Religions call it the Holy Spirit. I see two distinct categories; the animal mind and spiritual mind (divine mind). All conscious living life forms (people and animals) get their bodies and life from one of the two categories, or a combination of both. These minds permeate all of reality like radio waves, but are not energy as we know it. Humans and animals are tuned into these waves like a radio receiver. All animals except humans and their pets are tuned to just the animal mind. Humans, dogs and cats are getting a combination of the two. Some are more animal than spiritual, and some have more spiritual than animal. Every human is on a different combination. People that can see the truth of life can tune into enough of the spiritual channels to connect with the mind of God (that which creates the universe).

Once you make this connection, you leave the animal realm mentally, and will leave it physically when you die and are reborn. That is the goal.

Not perfect: This book is not perfect. Anyone that can see the truth would not expect it to be. The reason is because the information coming from the collective unconscious has to pass through my imperfect animal mind. That said, it is the clearest, most accurate and complete explanation of the truth of life on earth. It has been at the top of the Truth Contest for more than five years. It will remain in the top position until something better is submitted to the contest. This book is constantly being improved and updated, so it should be re-read often. Repetition is necessary for it to go into your subconscious and change your mind and your life.

As a single footstep will not make a path on the earth, so a single thought will not make a pathway in the mind. To make a deep physical path, we walk again and again. To make a deep mental path, we must think over and over the kind of thoughts we wish to dominate our lives. Henry David Thoreau

Repetition: It is better to read this book over and over than to read other books that are not as accurate and complete. Reading other books just sidetracks people from the best path. You should also copy this book to your hard drive from time to time, just in case the forces of deception remove it from the Internet. See www.truthcontest.com for download links.

Chapter 3

Big Picture of Life – Past and Future

Just as there are two types of truth, the type you experience, and the type you know with your mind, there are two big pictures of life. The preceding pages revealed the big picture of life experienced in the present. The following reveals the big picture of your immortal life, your past and future.

If you die as an animal, you are reborn as an animal. If you die as a spiritual being, you are reborn as a spiritual being, so it is important to become one.

There is no judge or judgment when you die; you will go where life forms like you go. If you live as an animal, you will be an animal in the next life. If you live as a spiritual being, you will continue to be one in your next life.

As John Lennon said, “It is like getting out of one car and into another.”

Ghosts: Spirits do not live without a physical body of one kind or another. Ghosts or disembodied spirits that talk to people and haunt houses don't exist. If there were ghosts where people die, all hospitals would be haunted.

The cycle of the mind: We know it can take about three and a half billion years to evolve from plant bacteria to mankind, but we did not take that whole trip. Plant life is not conscious life; only animal life is, so we got on the evolutionary ladder when animal life evolved about seven-hundred million years ago.

Plant life does not have consciousness or a mind like animal life does.

Cambrian explosion: When life became conscious, evolution really started moving fast. Consciousness hooked up evolution more directly to the collective unconscious, which greatly accelerated evolution. If you look at the fossil evidence, you will see that about half a billion years ago, evolution exploded on earth. Life started evolving very fast when the weather permitted it to. It did this as a direct result of consciousness in combination with the right environment.

Come together: Where we are now has a lot in common with the Cambrian explosion a half a billion years ago. Then, we went from single cell animals to multiple cell animals. We had to in order to survive the future changes on the planet. Single cells came together for the benefit of all, and we are doing it again.

Without the truth, it is every man for himself. With the truth, it is one for all, and all for one. The truth and communication technology are connecting us.

Human beings are like big, single cell animals. We are not directly connected to each other, but we are in the process of connecting directly with the universal truth and advanced communication technology in order to take the next step in our evolution. We will connect spiritually when the truth is realized by the human race.

The connection: The ultimate truth will connect us, and the human race will become like one big organism. It will make the survival of the human race possible, and it transforms us into spiritual beings as individuals.

Currently, we are at the top of the evolutionary cycle of this world. There is nowhere to go except to the bottom and start over, come back as a human again, or evolve into a spiritual being. **There are only three ways to go.**

Always getting better: Many people think that life will always get better, that we are always evolving more and more. It is just wishful thinking. The evidence does not support that.

Our physical life cycle shows that you physically progress until about age twenty, and then you physically start going downhill, so things do not always get better and better, do they? They only do if you know the truth.

The evidence shows that everything is going in a circle, a cycle.

You will have to go to the end of the line, or it would not be fair to other animals in the evolutionary line.

Evolution, linear or cyclical: All animals are doing the same thing; evolving. The big question is, is it linear or cyclical? If it is linear, we are way ahead of all other animal life on earth. If it is cyclical, we are ahead and behind, because we are ahead now, at the top of the cycle, but start over at the bottom when we die. We have to assume it is a cycle, because everything else in the universe is in a cycle. We have to do what has the best chance of leaving the animal cycle for a better realm. A better realm is possible, one where you do not eat each other and there is no pain, fear, and death. Some religions call it heaven. They say the truth, learning it and spreading it, is the way. Science and common sense say the same thing, so learning and spreading the truth of life is the way to go.

The truth dictates that there are only three ways to go when you die.

The best of the three options would be to move on while moving on is possible. If you start over at the bottom of the evolutionary cycle, you would have to live in the animal world, the world of fang and claw, for millions of life spans before you get back in this position again. Who wants to do it again?

We have done it at least once; why do it again?

You can only leave the animal cycle and become a spiritual being when you are in our very rare position at the top. If you realize your true nature and begin to live the life of a spiritual being, you will not go to any animal level again.

Use it or lose it: The only real difference between mankind and all other animals is our ability to reason and think. Thus, our minds have to be what we have to use to evolve further. We have to use what we evolved that separated us from all other animals to actually separate us forever from the animal realm.

We have to use the last step we took to take the next step. Our only job is to become more than we are while we can.

If we do not use our ability to know the truth of life, we may lose it, and we may have to go to the end of the line.

Ultimate purpose: Since we are the only animal with a rational mind, we must use it for its ultimate purpose. We are the only animal that can learn and understand the world we live in. No other animal even knows it is going to die.

There can only be one purpose for mankind, and that is to transcend mankind, evolve past mankind, and in doing, evolve past the animal world.

If you die living just as ignorant of a life as an animal, you cannot be anything more in the next life. You have to change yourself. You have to become more than just a smart animal while you can. How can anything or anyone else do it for you? Even people who are living a good, moral life are still animals; they are just well behaved animals. Criminals are the obvious animals, but at least they are being honest to their true nature. They are just acting like an animal acts.

Criminals: Criminals live like animals. The worst is the serial killer, a recent and alarming development in our society. Serial killers are actually doing what comes natural to animals. All predatory animals live like serial killers, are serial killers.

Costs everything: It is the natural way all lower animals live and always have lived. The predator/prey relationship is the animal world. So people, a lot of people, are going back to their animal-self, because they see no other good way to go, no reason not to do it. Religion is foolish in its current form; people do not believe it, even if they say they do, so it is not a powerful enough incentive to be moral and keep people from doing bad things to other people.

Money/wealth does not bring fulfillment, so some people figure, why not have some animal satisfaction? They are going back to animal behavior that actually does fulfill them for a short while, **but it costs them everything.**

Only the truth can give people a real concrete reason to be moral. It also gives them more than animal fulfillment, so they will rise above the animal.

There is a lot of animal satisfaction in violent and predatory animal behavior, and that is why some people do it. The question they need to ask themselves is: is it worth the price? **Everyone, even good people, have to ask that question.**



The vents pictured on the previous page are where the first life on earth is found, the actual bottom of our evolutionary cycle. Until just recently, we did not know that any life could live in super-heated water miles down at the bottom of the ocean. The food chain starts down there with bacteria that feed on sulfur (hydrogen sulfide) that comes out of volcanic vents in the ocean floor. Scientists just discovered that this bacterium was the very first animal life on earth, the start of the animal evolutionary cycle.

These vents are called black smokers, because they spew black, sulfur-filled, super-heated water. A few feet from the vents, the water is freezing cold. It is totally dark, as black as ink; no light reaches that depth of water.

You have made your way from worm to man, and much in you is still worm. Friedrich Nietzsche

Giant tubeworms: Giant, blood-red tubeworms eat the bacteria that live around the volcanic vents. The bacteria actually live in the worm's gut, in the belly of the beast, in a symbiotic relationship with the worm.



The blood-red tubeworms pictured on the previous page grow up to nine feet long, and can be over two hundred years old. These animals live in total darkness, miles beneath the surface of the ocean. At the bottom of our evolutionary ladder is a form of bacteria that actually lives in the worm's stomach. There are more bacteria living in their stomachs than there are human beings on the earth. This is a fact. Living in the gut of a nine-foot worm, miles down at the bottom of the pitch black, freezing cold ocean next to scalding hot vents is the bottom of the food chain.

If you return to the bottom of the food chain, that is where you go. You will be eaten alive by other animals millions of times before you evolve into a human being again. We already did it; we had to do it to get to where we are now.

The stakes could not be higher. If you miss this chance, you face millions of years and millions of fights to the death to claw your way back up the food chain.

We just got out of the food chain ten thousand years ago. Going back into it is the biggest mistake possible; that is exactly where mankind is heading.

Never forget what we had to go through to get to where we are now. We lived for millions of years in a savage world. People need to remember where they came from to know and appreciate how lucky they are to be where they are now, and how easy it would be to go back where we came from. **Just a few minutes.**

Those who do not remember the past are condemned to repeat it.

You have to know the situation to take advantage of it. What separates us from the beast is that we can **know the situation**. We can know it and leave it.

We also have to remember the truth after we know it. The problem is that most people forget that their true purpose is to escape the animal realm. People get caught up in their everyday lives and forget.

To forget one's purpose is the commonest form of stupidity.
Friedrich Nietzsche

Farthest from the light: Those bacteria are farthest from the light and the farthest from spiritual life, both in distance and time. The way a bacteria feels is balanced like all animal life, so being one is not any better or worse than being any other animal life form. What makes it the worst thing to be is that you are the farthest away from where we are now. Those bacteria are at least seven-hundred million years away. That makes it the worst place on earth.

Someone has to be bacteria, a lot of some ones. There are more bacteria than there are human beings, a lot more. Why are they where they are, and why are you where you are? What did they do to get where they are? What did we do to get where we are? We did not do anything, and they did not do anything. We are both just animal life forms in different places on the evolutionary cycle on earth.

A life form can really only do one thing that matters, and that is to learn the truth and the life and become a spiritual being. You can only do it where we are now.

Life clock: If the time life evolved on earth was reduced to a twenty-four hour day, human beings evolved just two seconds from the end of the day.

We take being human for granted.

How can we do that with what we know now?

What evolution means: It means **we crawled on this earth for a lot longer than we have walked on it.**

We were on the exact same earth we are on now. We looked up at the same sky and saw the same moon, sun, and stars. The only difference is, we were living in a different type of body. We evolved from them, so the odds are we were them. If we were not them, who was? It had to be us. True or false?

Just as you are looking out of human eyes now, you looked out of the eyes of a dinosaur. Life looked the same. The only difference is that you are looking from a different body. You should imagine what living in other bodies was like.

When the dinosaurs went extinct, we went extinct as dinosaurs. Get it?

Soul migration: Just as energy cannot be created or destroyed, it is the same with life. When one life form or species goes extinct, another fills the void, and the soul (you) goes from body to body, species to species, reptile to mammal, etc.

As John Lennon said; death is like getting out of one car and into another. When one model becomes obsolete, it is replaced with a different, better model. Life does the same thing. Just as cars have evolved from the model "T" to the models of today, animal life evolved from bacteria to humans, and the drivers (us) remained the same. After the initial conscious life (souls) came to earth as bacteria, the evidence says all animal life, including us, evolved from them, but the initial souls had to come from somewhere besides earth.

Most people do not see that there is absolute proof that souls migrated from someplace other than earth. Four and a half billion years ago, there was no life on earth, so all life had to come from somewhere else.

Soul migration is saying that reincarnation is true. The alternative, the you only live once theory, makes no sense. It would mean that if you were a maggot, or a rat, you got to live as only a maggot, rat, or one of the trillions of other types of life forms one time, and that was it for all of eternity.

Big realization: When you read books and watch TV programs about evolution, they always talk about the animals as if we were not them. In the near future, people are going to make the connection and begin to see what the evidence is really saying. Acknowledging our true past is the next big step for mankind.

The real missing link: When we link ourselves to our true past, mankind will start transforming into spiritual beings in the evolutionary blink of an eye.

Most people cannot fathom just how long we lived as savage animals, and they need to in order to realize how new being in a human body is for us.

A billion is a big number: If you started counting non-stop, day and night, seven days a week, and said a new number every second, it would take almost thirty two years for you to count to a billion. Animal life has been on earth almost a billion years. If you put those seconds into years, you get an idea of how long we have been on earth as some other form of life. Someone had to be those animals, and since we evolved directly from them, it had to be us. Nothing else would make sense, would it? We cannot remember any of our past lives, because when one of our bodies dies, our minds and memories die with them, but now we know, and it will change us.

The truth sets you free: We may not remember we lived before, but we now know we did, and we must act on that knowledge if we do not want to go through the evolutionary cycle again. The truth sets you free from the animal cycle.

Time machine: If you could get in a time machine and go back in time at the rate of a hundred years per second, you would only be mankind for about two minutes, and in a human body for about twenty minutes. For the next thirteen point eight (13.8) hours, you would be in the body of apes and monkeys. After you go back about seven and a half days, at a hundred years per second, you would be in the body of a dinosaur. For the rest of the next twenty five years, going back at the rate of one hundred years per second, you would be in an animal body that is below the dinosaur level. Most of the time, you would be living in the ocean, mostly as a form of bacteria and other microbes.

The rock at the top of Mount Everest is marine limestone created by the shells of trillions of creatures that died at the bottom of the ocean. We were there when that rock formed. Some of those shells could be our shells. That rock moved from the bottom of the ocean to the top of the highest mountain at about one inch per year. We have been evolving during that same time into mankind. All we were was food in the food chain until just recently. You have been eaten alive millions of times by every species of predator that ever lived.

Sharks have been on earth for over four-hundred and fifty million years, longer than any other vertebrate. Humans have only been here two-hundred thousand years, and mankind just ten thousand years.

Fifteen million years ago, the king of all sharks lived, and it had the most powerful bite of any animal. It was called a Megalodon, and was the size of a bus. It lived in all the world's oceans for millions of years longer than humans have been here. They were the top predator, just as we are now. We lived in that world.

We were them and their prey, mostly whales. Our spirit went from predator to prey and back again for millions of years. Our spirit bounced back and forth from predator to prey and species to species as we evolved.

Those dinosaur bones we are always digging up were part of someone's body that lived a long time ago. It is no different than digging up the skeleton of a human that lived long ago. Bones are proof of a living being that lived before.

A million years from now, someone could dig up the bones that are in our bodies now. Would people understand that they belonged to someone that really lived? Would they understand that they could have been them? Would they realize that they could be digging up their own bones from another life they lived?

100% of the evidence says it's true; there is no evidence of anything else.

We have thousands of museums of natural history filled with the hard evidence of our evolution, and there is no hard evidence that anything else happened.

Rational mind: A rational mind is the only thing that separates us from the lower animals. If we do not use it, we are not using what makes us special and superior to other animals. We are giving up what makes us different from other animals.

If you do not use the rational mind, you are not using the one thing you need to use to learn the truth and take the next step in evolution. Reason is what we gained in our last step in evolution. It is what makes us mankind. We now have to use it to take the next step and become spiritual beings. Use it or lose it.

When literally all of the evidence says evolution is true, and there is zero percent hard evidence for anything else, a rational, honest person has to accept the fact that we came from lower animals. It is what a rational mind would conclude.

If you do not have a rational mind, that is what is not right, not evolution.

The evidence is sacred: Evidence is the most sacred thing that there is, because it reveals the truth. The truth reveals true life and sets you free.

The evidence: The bones are found on our planet in the dirt we now walk on, and we know their age for certain. Their ages fit perfectly with how long it would take to evolve from them to us. Everything adds up perfectly. The bones are from animals that are in our direct genetic line. We are genetically less than one percent different from chimpanzees, and we are connected genetically to all the animal life that ever lived on this planet.

Dinosaurs had two eyes, a brain, backbones, a heart, lungs, a stomach, blood, a mouth, a nose, two ears, and four limbs. They have the same basics we have now as humans. They slept, ate, mated, and were born and died, just as we do now.

The evidence says that we were once them, that we evolved from them. There is no evidence that we came from somewhere else. Thus, we have to conclude it is true until there is better evidence to show we came from somewhere else.

Everything in this book just says what the evidence says, nothing else.

There will never be any other evidence, because it would have to say the bones were planted just to fool us, and that makes no sense at all. We all know what the truth is; we are just in denial. The truth is the truth, and nothing is more important.

We know we walked the earth in the bodies of dinosaurs for eight-hundred times longer than we have been in human bodies.

This is the first book about physical and spiritual truth based on evidence.

There are many books about what is true, but this is the first one that just says what the evidence says is true, nothing more, nothing less.

It is estimated that there are about ten million species of animals on earth. There may be as many as one-hundred million species. We are just one of them.

The truth is, human beings are a small new twig on our evolutionary tree. Our spirit was not just the twig; it has been the whole tree of life on earth.

Human beings are just one of millions of different species of life on earth. We are nothing special in the eyes of creation. We are just legions in our own minds, and we have created myths to glorify ourselves. **Are we intelligent beings?** We are special in the sense that we have a rational mind, but that is not a big deal, especially if you misuse it and spread deception, or do not use it at all.

The life of all animals below humans is fundamentally the same.

Creation has favored other life forms much more than human beings. Bacteria is by far the predominate life form on the planet. It is really their planet. Microbial life has been here the longest, and there are more of them than anything else.

If mankind destroys itself, bacteria will survive and evolution will start over.

Bacteria are becoming resistant to all our antibiotic drugs, and may kill mankind off in the near future. We are actually still in the food chain. Bacteria eats us. We are not more powerful than them. We have the brains, but they have the numbers. Their numbers could easily prevail over our intelligence if we do not start putting more of our resources into countering this coming war.

Out of sight may be out of mind, but the truth is, bacteria are everywhere, and they are alive and conscious of life as we are. If you look through a microscope at them, you can see for yourself. They eat and digest food, are born, die, reproduce, sleep, and avoid aversive stimuli, just as we do. What makes us different, our minds? We use our minds to fight wars, to destroy the environment, and to deceive ourselves. One of the ways we deceive ourselves is by thinking we are separate from other animal life on earth. **We were them, and we can be again.**

The only real difference is that we can be different if we learn the ultimate truth. We are different only in knowledge and the ability to understand the world around us. If we do nothing with it, we are no different at all, and we will remain as animals, but not at the top of the food chain. The wheel of life keeps turning.

Waste our advantage: Being thinking creatures is just a small difference, but this small difference can make all the difference if we use it. This is why we do not want to waste our intelligence believing that myths are the truth. It makes our greater intelligence useless.

See clearly: Evolution in action is the most terrifying thing there is. Nature is beautiful, but it is also a slaughter house, eat and be eaten. When everyone really sees nature for what it is, it will scare people into becoming something other than an animal. True knowledge of nature will evolve us out of it. Knowledge of nature, evolution, and our true past makes it possible to leave the animal realm.

The wheel of life: You have been where life has been in the past. You had to be there to be where you are now; we evolved from them. You will be there again unless you become a spiritual being and leave the animal evolutionary cycle. A life form only gets to be on top so long, as the wheel of life keeps turning.

Rare/lucky: There are more bacteria on your skin and inside your body than there are human beings on the whole planet. This fact should emphasize just how rare and lucky it is to be human.

The truth is what sets you free from the animal realm.

The truth is what it looks like it is, and all honest, rational people know it.

The truth is no wonderful fairytale. It was inconceivably long and brutal.

The cusp: Something happened about ten thousand years ago that changed everything. It was the start of humans living in one place, in towns and cities. It was the start of a primitive civilization. It was also the start of agriculture, domestication of animals, and farms. It was the end to the hunter-gatherer way of life humans lived for the previous one-hundred and ninety thousand years. It was the start of a completely new life form.

Words, language, and thought evolved to a point that we connected to the collective unconscious at the level of our modern minds for the first time. This made it possible to receive knowledge through inspirations and logic. Technical progress did not start until about ten thousand years ago. We went from hunter-gatherers to where we are now in the evolutionary blink of an eye.

About five to six thousand years ago, the mind reached a critical mass. Warfare and other factors forced people to leave smaller villages and group together in larger cities, mainly because of the need for large armies. This put our technological progress in high gear. All the large monuments like pyramids started being built, and conquering armies started roaming the earth.

It was the start of what we call modern civilization.

We evolved and progressed more in the last ten thousand years than we did in the previous seven-hundred million years. We had to become a new life form to do it.

Human beings became a fundamentally new life form: Mankind.

We became a new life form in a very short period of time, and the same thing is happening again, only a lot faster. Mankind has reached a new cusp, the end of one life form and the beginning of another.

Inner change: We gained the power to change our outside environment about ten thousand years ago, and over that time, we have changed it to suit our needs. We now have to change our inner environment, our minds.

Final step: Though we had some simple tools and were physically identical to how we are now two-hundred thousand years ago (brain size, etc.), we were still fundamentally no different than other animals. About forty-five thousand years ago, we took our first real step away from the animal realm, the realm of flesh. We started to speak language, have an imagination and use basic reasoning. It was **the first cusp**, and it happened because we hooked up with that level of the collective unconscious, so it happened to all human beings near the same time, even though we were spread out and not in contact with each other. About ten thousand years ago, we took the second step, **the second cusp**, and became mankind (mind-kind). Now, we are about to take the third and final step.

The third cusp: Mankind is about to accomplish what it evolved to do. The human race is going to change into a new human life form for the third time. We will evolve from mankind, or mind-kind, into spirit-kind; we are becoming spiritual beings.

Science cannot see the ultimate truth, because it is not really looking. They are lost in the endless, complicated parts of life, and do not even look at the simple whole of life; the big picture that includes consciousness.

Intent: You cannot think your way to true life, because you cannot turn the mind off by thinking. It is a contradiction in terms, but you have to want it. You have to be seeking it with all your heart for it to come to you. You have to have faith in the truth to get it. Intent connects you to the collective unconscious. Religions call it the Holy Spirit.

In the universe there is an immeasurable, indescribable force which shamans call intent, and absolutely everything that exists in the entire cosmos is attached to intent by a connecting link. Carlos Castaneda

Not get it: Many people will believe the old traditional myths until they die, even after they have learned a much more accurate interpretation of the truth. This is because they are not ready to take the last step in evolution.

People will only see what they are ready to see.
Ralph Waldo Emerson

They cannot understand the ultimate truth yet. They may have to come back as a human on the level of mankind a few more times.

Top of the animal cycle: You can come back as a man or woman in the next life if you do not hear the ultimate truth, or if you hear the ultimate truth but do not understand it. Most people in the past could not know the truth. You do not reach the top of the animal evolutionary cycle until you hear and understand the ultimate truth. People are where they are. Lower animals have no chance to know the ultimate truth, and it is the same with less evolved humans. In other words, if you do not know what you are doing, you will get another chance eventually. But if you do learn and understand the truth, you have to take advantage of it while you have the chance, or you pay the ultimate price.

The crossroads: If you are told the ultimate truth and understand it, but do not begin to live in it, you will go to the bottom of the evolutionary cycle when you die. You had your chance, and you did not take it.

Just about all mankind will know the ultimate truth, at least the mind part, in this generation. What they do after they know will seal their fate.

If you are reading this book, you have heard the ultimate truth, because I have told you it. Only you know if you understand it and what it means.

Unforgivable: If you understand the truth and do not at least try to take the next step and live in the truth, you are denying the truth and life, and there is no greater mistake you can make, no way to hurt yourself worse. When you die, you will be reborn at the bottom of the ocean, the bottom of the food chain. You could be there in the next few minutes. It is hard to believe, but it is what all the evidence says, and that cannot be denied. The truth is serious business; it can bless you for a very long time or damn you for a very long time. You have to move up when you get the chance, or you automatically move down. Mankind is at the top of the animal evolutionary cycle, so when you move up, you move all the way up. When you move down, you move all the way down. You are now at the crossroads. **Which way do you want to go?**

All people have to do is see the truth; they do not have to do anything else.

Chapter 4

Heaven: Last Step in Evolution

“Heaven”

The next and last step in our evolution.

Most people cannot see the animal world clearly. Everyone that sees it clearly will see that it is as ugly as it can get, unless you think being forced by hunger to murder your fellows and eating them is beautiful. The animal truth is as ugly as it gets, but the divine truth is as beautiful as it gets. Seeing the truth of both realms powers the evolution of animals into spiritual beings.

If you become a spiritual being, you live the best life possible here, and when you die, you go to a place religions call heaven. It is a place without pain where everyone is fulfilled; there are all positives and no negatives.

Evolving past pain: When we die and are reborn, the physical parts of our brains and nervous system that create and send us pain, fear, sadness and the other negative aspects of our current life will not be part of our new bodies. We will have evolved past them. We will have just enough pain to let us know when we are injured or sick and no more.

Severe physical pain will not exist or be possible in bodies not wired for it.

The part of our brain that is responsible for feeling pain and the other unwanted sensations will simply not be in our new bodies. We will be hardwired only for pleasure and fulfillment. Physical pleasure will come and go like in this life, but there will be no severe pain or undesirable feelings and emotions, and we will always be fulfilled by life.

Just pleasure: We will be reborn with bodies that can feel pleasure better than we can feel it now, but our bodies will not be capable of perceiving the negative side of life. We will still be motivated to do things, because we will still want to feel the pleasure created by doing certain things. Spiritual life does not need the carrot and the stick (pleasure/pain), just the carrot. The need to feed and breed in combination with the natural environment will control what we do just as they do now. As I have pointed out, the physical universe cannot change and exist.

Fear/pain, the power of evolution: We no longer need severe pain, sadness, fear and the other negative things to evolve. We did in the past; fear and pain powered evolution. It is an animal's fear of pain and death that motivates them to evolve to avoid it better. It is the main power behind all animal evolution. It is powering the evolution of mankind into spiritual beings now. After you know the ultimate truth, evolution is finished, and fear and pain are no longer needed. We no longer need fear, severe pain, or any of the other negative aspects of life we needed to evolve. Thus, the ability to experience negative aspects of life will be discarded in the change from your current body to your new spiritual one.

Nature never wastes anything, and if you do not need something, you will not have it. If you know the ultimate truth, you no longer need the negative side of life, so you will not have it. In the next life, we will have all the positives with just enough of the negatives to give definition to life. We had to have the negatives in the past in order to promote our evolution to the point where we could see the truth and the life, and **we are there now.**

Thanks to genetic engineering and other advances in medical science, no one will age past young adulthood or die from diseases.

Live a thousand years: We will have a very long life expectancy and never age, because aging is a disease that we will have cured. The medical evidence and the laws of probability say our lifespan will be about a thousand years. We will use genetic engineering to slow our aging to adulthood, so childhood will last as long as we want it to. We will enjoy childhood for a much longer time. A short life was necessary for biological evolution. After you reach the peak of what biology can do, life no longer needs to be short. We have evolved biologically almost as far as we are going to naturally. Science will now evolve us further physically.

You evolve mentally until you know the truth, and that is as far as it goes. Genetic engineering will be the force responsible for physical evolution from now on.

Accidents will still happen in heaven, and people will still die from accidents. Our physical bodies will still be mortal like they are now.

No one really wants a body that does not die. There will be situations when you will want to be able to get out of the body you are in and start over in a new body. If you are accidentally buried alive in an earthquake or avalanche, you would not want to be in that position forever, would you? If you were trapped in a fire, you would not want to be burned for hours and live in a mangled body forever, would you? Those things can and will happen, so physical death is necessary.

People will not age physically past about eighteen or ever get sick, but eventually your body will be damaged in an accident beyond repair. You will be thankful that you can trade it in for a new one. In heaven, there will be no fear of death. Death and birth will be seen as the one event they really are. We will live knowing how life and death works for the first time. It makes all the difference.

Taste death: When you die in heaven, you will be reborn in heaven as a baby and start a new life. This will go on forever. When religious books say we will live forever, will not taste death, etc., they mean spiritual death. We will never go back to being the living dead mankind is now. Physical death is part of the perfection.

Heaven tech: In heaven, technology will progress forever. Everything that is possible to do, we will do. We will make contact with other life in the universe. We will keep all the old things we like such as music, classic cars, motorcycles, clothes and houses, etc. The best of the old will be mixed with the new.

Natural disasters will still happen. Nature will be in complete control of our lives just as it is now, so our lives will change as it does. Nature will be the same, including the occasional natural disaster, but it does not bother you in heaven. It just serves to make life more surprising, interesting and romantic. Nature is what keeps the adventure of life moving. Life is nature, and when you see it clearly, it is the magic kingdom. You will live a life you can only dream about now. You will be beautiful if you are a woman; men will be handsome. Everyone will have a near perfect body. Everyone is fearless, young, healthy, different and completely alive.

It is the way it could be, should be and will be for those that learn the truth.

Everything, even the bugs, fish, and bacteria will get to a permanent heaven, a place without predators, just plant eaters and plants. There will be limited pain and sorrow, and 90% of the time, we will be totally fulfilled, and almost totally fulfilled the other 10% of the time. It is the way it could be, should be and will be.

The only question is, how long will it take? I am shooting for no later than the next life, or as soon as possible.

There will be a heaven on earth; the only question is how long it will take. It could be twenty years, or twenty million years. It does not matter, because when we die, we will be reborn there, and no time will have passed from our own perspective. Everyone that has worked as a prophet long enough to change themselves will be there. Others will come back to the animal world in future generations when there are many more people, thousands, even millions, working on spreading the truth and creating a heaven on earth.

Without predators, life on the animal level would reproduce until they used up the food resources and then starved off, which is almost as bad as being eaten. Life that knows the truth of life will control their reproduction to never overpopulate an environment. This is the reason the truth will make heaven; it has practical value.

You will still avoid death. It will not be horrible like it is now, but it will still be the thing you will want to avoid most. The difference is, you do not fear it, and it is not painful, so in heaven, it just makes life more interesting.

Death will not hurt or be feared, but it will be a major disruption of your life, and you will always try to avoid it when possible. Death is the opposite of life, so life will never like it and always avoid it when possible. Physical death is necessary from time to time for life to be perfect.

When you know the truth and the life, you would not change the way life works, even if you could.

You will be forever young, healthy, strong, beautiful, fearless, wise, witty, unique, funny and completely fulfilled forever. It is as good as it can get and better than you can imagine. **Love will be reflected in love forever.**

Right now, we are in a position to go to the best or worst place possible.

If you know the truth and the life, you do not need any moral laws, because spiritual people naturally do the moral thing. They treat others as they would want to be treated. They see everyone as if they were them; they see them truly.

Now is the time: The time has finally come to see what has been hidden from us. It is time to put the pieces of the puzzle together so that people can see the truth and life clearly and completely for the first time. The evolution of technology, such as the Internet and other forms of mass communication, have evolved enough to reach just about all of mankind.

One mind: It is the real reason why worldwide communication technology evolved. The worldwide Internet web is mankind's effort to connect all minds on a conscious level, to create one conscious, collective mind. The telephone lines and cables that transmit the Internet are like the nerves in a giant brain. People online are like the neurons. It is making the world one brain or mind. This network will make it possible to see the truth, transcend the mind, and live happily ever after.

If it was not for the Internet, you would not be reading this now, would you?

Mankind will never be able to live together in peace and harmony. It never has and never will. It is impossible, because it is not in mankind's true nature. Mankind's true nature is the nature of the beast. People can and do resist it, but it cannot be changed by resisting and repressing it. Only the truth can overcome it.

Mankind will always act like mankind when push comes to shove, and push will always come to shove. When it happens, the majority of mankind will always behave like the animals they are, which drags everyone down to the animal level.

The beast must die, and the only way to kill it is with the truth.

The only way to get rid of the beast is at the source. The beast must die for the spiritual being to be born. If the beast does not die, the whole human race will. We are all in an undeclared mental war for this world.

People have it backwards. You are not reborn; the mind just dies, because it was never really alive in the first place.

A spiritual being is not really born, because it is always inside you; it is hidden by the mind. The spirit cannot be born; it is immortal.

Your spirit is imprisoned by your own mind, and only the truth sets it free.

Becoming a spiritual being is not a destination, not the end of spiritual growth, because life becomes newer everyday. You just grow in the spirit. Every day seems to get better and more fulfilling.

Man is a rope, tied between beast and overman -- a rope over an abyss...
Friedrich Nietzsche

We have tamed the beast in most people, but mankind is still an animal just under the surface, and it will resurface more savage than ever.

It takes time to get complete control of your mind, but you can become a spiritual being the minute you know “the truth” and change your perspective to that of your spiritual-self. “The life,” or greater perception, will follow, sometimes fast, sometimes slow; everyone is different. Your environment can help or hurt you.

The swing trick: The mind has many tools and tricks to keep you from making contact with the truth and life. One of its most powerful ones is going from one extreme to another. The middle or center is where it is at, but you have to be there, totally conscious. People are looking for truth and love in all the wrong places. They are looking everywhere except the present, the only place life exists.

You must live in the present, launch yourself on every wave, find your eternity in each moment. Henry David Thoreau

The problem and the solution are simple, but it is still possible mankind will miss the window of opportunity. Mankind thinks things will just keep getting better and better. The opposite is true. It cannot keep getting better; it is impossible for that to happen in the physical world. It goes back and forth from good to bad and vice versa. It will get worse, and when it does, it will bring out the beast in mankind; you can just look at our bloody history to see what will happen.

Fool's paradise: The stable times we are in will pass, because it is the nature of nature to change. As sure as the world will keep turning, something will happen, and our true nature will reveal itself. We have to make the transition before it does. We are living in a fool's paradise, in a castle made of sand, in a house of cards, and the wind is starting to blow.

People think it will never happen to them, when it is certain to happen.

People think that nothing really bad can happen to them, that it only happens to other people. This is one of the most powerful deceptions created by the mind. Natural disasters will happen to people that know the truth also, but they will not make the situation worse by turning into violent animals.

Social upheaval: It is the social upheaval that comes with major natural disasters that spiritual people will avoid. This upheaval often manifests as wars and social chaos that causes much more damage than the disaster itself.

A light always burns the brightest before it burns out. Night follows day.

WWII: World War II started the year the movie the Wizard of Oz came out, when fun-loving musicals were the most popular movies. There was not as much sex and violence in these movies as there is today. People were more refined and friendly; they did not lock their doors or have alarm systems.

People were more civilized just before both world wars than we are now.

You have to admit the human race has become a lot weirder, more lost, and a lot more dangerous. We need to face the fact that it can and will happen to us if we do not do something to stop it from happening. It is just a natural cycle. The most optimistic of times have always preceded this world's darkest days. Things before most disasters were just as they are now; people were asleep. Mankind has not changed. The only difference now is there are a lot more people, and we are more alienated, confused, vulnerable, and much more dangerous.

We have been centralizing the necessities of life. The food, water and electricity that everyone is now dependent on can be disrupted very easily, sending us right back to the laws of the jungle in just a few days.

I do not know with what weapons world war three will be fought, but world war four will be fought with sticks and stones. Albert Einstein

The most important and dangerous difference is we have nuclear weapons. One modern thermonuclear bomb can have more destructive power than all the conventional bombs used in all the previous wars.

The unleashed power of the atom has changed everything, save our modes of thinking, and we thus drift toward unparalleled catastrophe. Albert Einstein

You just have to look at the content of our movies and music to see where mankind is really at. Violence is at an all time high in movies and music. Before the last world war, they had Bing Crosby singing White Christmas. It was much less likely that the last two world wars would happen than a world war happening today.

Little sparks start big fires: The next world war is shaping up to be a religious war, and this will make it much worse than any preceding war. Instead of fighting, we need to see the truth in religions.

Einstein said there are two infinite things: the universe and man's stupidity.

The first world war started over one person shooting another person. One shot led to millions of shots being fired. It was the assassination of a member of a royal family. Everything happened over the honor of a royal family. It started the biggest bloodbath in history. That one shot set off a chain reaction that engulfed the whole world. The Second World War was just an extension of the first one. Hitler would not have gotten in power or did what he did if not for the First World War.

It does not take much to set the world on fire. It will just take a little spark again, and our world will literally begin to explode, nuclear explosions this time. The sparks are flying in the Middle East, and the world is like gunpowder right now. Things could not be more dangerous, and most people do not even know it, which makes it even more dangerous.

It would be like all the wars of the past stacked on top of each other.

Winding a spring: We have been in a very peaceful, stable, and productive period since the end of World War II. It is the longest period of relative peace and prosperity that this many people have ever experienced. It is like winding a spring, so a balancing period is coming, and it could spring back all at once. If you look at our history, you will see that every few years, we have a major blood bath. It is a cycle, and unless we change, the cycle will continue.

The ultimate truth is the only thing that can stop it from happening.

If it is going to happen, it will start soon. The transformation of man could happen at the same time, but the odds are against it. We need to do it before it happens.

We have to change if we want the world to change; it is a reflection of us.

The future: If the beast prevails, we know what will happen, because we know our bloody, savage history, but most people cannot imagine what the future will be like if we all begin to learn the ultimate truth.

The following is how I see it:

The rest of our current lifespan: In the past, we had to fight and kill to live. Now, for a brief period, mankind no longer has to hurt or kill its own kind to survive; we no longer need to live like the animals we evolved from. If we change, the world will change with us.

We are the government: People are always saying the government is doing this, the government is doing that, as if it is a separate entity. It is not separate; the government is us. People in government live in this country and have families like everyone else. If we are good, the government will be good.

Baby boomers: The people that were young in the sixties have evolved into the establishment, more or less. The people that comprise the older generation, the world war generation, are dying off. The last of them are in their eighties and nineties, and they will all be gone in the next few years. Their powerful and inflexible mindset will go with them.

Our fathers did what they had to do to save the world; it is our turn now.

The greatest generation: That is just BS to make them feel good before they die. They look pretty good if you just look at our side and do not look at the whole picture. We were the good guys, but the bad guys were as bad as we were good. It was also the generation that produced Hitler, Stalin, Mussolini, Tojo and many other really bad people. Their generation fought a world war that killed at least seventy million people, half civilians. They bombed cities, women and children.

The truth is, they had some of the best and some of the worst people, and they did some very good and very bad things. We do not want to follow in their footsteps. We cannot do it even if we wanted to; our weapons have become too powerful. President Eisenhower pointed out that mankind went from muskets to hydrogen bombs in his lifetime.

Their generation invented nuclear weapons and chemical/biological weapons, weapons of mass destruction (WMDs). Their generation left us a very dangerous world, one that can kill the whole human race. There is nothing great about that.

The almighty dollar: Their generation believed that materialism was everything. They chased the almighty dollar all their life. They did not care how much they destroyed the environment, and they left us with a giant pollution machine that will kill us all if we do not stop it or rebuild the machine soon.

They have also done their best to program our minds to do the same thing they did. They were very closed-minded. It was pretty egotistical, and it just shows how blind they were to the truth. It caused a lot of conflict and alienation in families.

The baby boomers are going to be the greatest generation if we do our job. We are the first generation in the history of the human race that can really do something that will make a difference. We can do something that could really be called great.

We have to turn around what “the greatest generation” did, or there will be no future generations.

Winning is everything: The “winning is everything” mentality was necessary to get us to where we are now, and it will be justified if we do what we have to.

Pay off: The last generation will have done a great thing if we use the good things they did to help change people into spiritual beings. If we do not, both generations will be the worst that there has ever been, and there will be no future generations. If we want the last generation to be great, we will have to make what they did pay off, and we will have to be really great to do it.

Square: I have no doubt that their intentions were noble, and they did what they believed was right for the world and us, but the truth is, they buried the truth in concrete, and we are going to have to dig it up fast, or the truth will stay buried. Their lives were simple, in black and white, just like their TV. They were certain that they knew right from wrong. They could not know the truth, but we can.

Living in the NOW: The baby boomers knew living in the present was the way to live. Many books were written on the subject in the 60s, but the time was not right, and it could not happen, no matter how hard people tried.

The younger generation of the sixties has become the older generation.

We are in charge now: We should have no problem doing what we want now; we are in charge. We are now the grown-ups, the establishment.

The seed has been planted, and it is just waiting for the right environment for it to grow. We tried everything we could try; open marriages, drugs, all the religions, and we know what works and what does not work, so we know what to do. The people that grew up in the sixties are ready to get spiritual. They are just waiting for the truth to be revealed and until the time is right to start living a spiritual life. There is nothing to stop us now, so we can make it happen now.

Climb a mountain: You do not have to get a lot of money or knowledge or climb a mountain, cross an ocean, be a hero, win a gold medal, be beautiful or do anything other than live life completely to get to heaven. You do not need anything you do not always have. Anyone can have it all, at any age, at any time.

The mind tells you that you need; the spirit tells you that you have.

The mind tells you that you have to do this or that, be this or that. The truth is, you do not have to do anything or be anything. All you have to do is learn the truth and truly live your life as it is being given to you.

The good life is living true life, and that is the simple and absolute truth.

You just have to be yourself, where you are, with what you have to succeed. It is not hard; it is easy. It is not complicated; it is simple. People have to wake up to the truth, and they will get it all and be saved from the animal realm.

Money is not everything; the truth and life is everything. You choose.

Wherever you look, there is something to see. The Talmud

Divine love = attention + compassion.

Divine awareness, divine love, is mostly just your total attention to life and everything and everyone in it. Total attention will give you everything, which you can then reflect back out to everyone. Carnal love is a passionate, hot form of love and desire. Divine love is a cool, self-contained love without desire.

Love is just knowing the truth, and being in the present. It is that simple.

Mind vs. mind: You need the mind of man to get past the animal mind. That is why we evolved from lower animals to humans. You have to know the intellectual mind truth, the thought or word truth, before you can separate from the mind completely; thus, you have to be where we are now. You have to know you have a mind and its nature. You have to know you are really a spiritual being and the nature of spiritual things. You have to know you are going to die and be reborn.

Since animals other than man cannot know it, they have no chance to get free from the mind and get to heaven. They have to evolve biologically into a human before they get the opportunity we have. On the other hand, mankind can evolve without changing bodies.

Animal mind: People that are trying to get clear of the mind usually learn how to turn off the conscious level of the mind in a short period of time, and then they go no further. This is because they think they are totally clear. Life is much more fulfilling without the conscious mind blocking it.

When the conscious mind closes down, you are at the awareness level of all lower animals. You become as aware as dogs, cats, and all other lower animals. It is so fulfilling that people stop there.

That does not mean you will see as well as an eagle or hear as well as a dog. All animals have some specialized senses that are stronger than other animals to help them survive and evolve. Our specialized sense that was superior to all other animals was and is our minds. It gave us a huge advantage over other animals and put us where we are, at the top of the food chain.

It is all about being more aware of your environment. Our minds made us aware on a completely new level of perception. It not only gave us the power to conquer the animal world, it gives us the power to evolve ourselves and to manipulate our environment like no other animal. What mankind has been doing and could be doing in the future is unprecedented in the animal realm, and people take it for granted. It is the most wonderful and miraculous thing possible. You just have to know the truth, and use the mind to its full potential.

When we learn the ultimate truth, the conscious and subconscious parts of our minds start to open themselves up and go into the background.

It feels so good and is so fulfilling that people are not aware that there is anything else between them and life. There is; it is the instinctual part of our minds, the deepest part of our minds. It does not open itself up with the other parts.

The instinctual mind is very powerful, and it is harder to see than the conscious mind. You see your conscious mind by just trying to get in touch with your life senses. When they are all clear and receiving all of the life coming to you, you can know that the conscious mind is not in your life. You cannot do that with the instinctual part of your mind. The instinctual part of your mind does not block your other senses very much, not enough to know it that way. Using that method to see it does not work.

That is what makes it the most dangerous part of your mind. It is difficult and scary to get past. The instinctual part of your mind manifests itself as fear as well as racism, all other aggressive and violent animal behavior, and sex.

Hitler and Manson are examples of people that got their charisma and presence from living without the conscious mind much of the time. It gave them their power, but without the conscious mind to keep the instinctual mind in check, you have a very charismatic super-predator.

Hitler was more organized; Manson was more spontaneous, but they were on the same level. They got past fear, but not aggression. They were charismatic, fearless and aggressive, and we all know the result of that state of mind. Manson and Hitler did not know they were living without the conscious mind; they did not turn it off deliberately. They were not aware that they had no conscience. They literally lost their minds; they did not take control of them as a spiritual being does. Only people that know the ultimate truth can turn off their mind.

To go most of the way and then stop before you get past the instinctual mind can be a disaster. You will just be turning the beast loose at full power. You have to get past the fulfillment and fear of going further. If you stop, you will just be a very dangerous animal. This is why it is important to keep opening up until you connect with true life. You will know when it happens.

The mind's last stand: As you begin to get past the instinctual mind, it can feel like you are dying. That fear usually stops you from going further until you realize it is not death, it is birth. You are dying to your mind-self and being born to your spiritual-self. Even when you think you are clear, keep opening up; it always gets better and better. To stop searching or opening up is to die spiritually. As the Bible says, you go from glory to glory, and it never ends. The key is to never stop seeking more, wanting more truth and life.

Seeking never ends: You can know the truth completely, but never know the life completely. It is infinite, and to know it the best it can be known is achieved by constantly looking deeper, by constantly seeking it, being open to more of it.

The beginning and the end: The instinctual mind is the last thing that holds you in the animal realm. Animal life started with the instinctual mind, and it will end with the instinctual mind. When you get past it, your spirit is free.

The reason it is so hard to see and so hard to get past is our spirit has spent over seven-hundred million years with the instinctual mind; we have only been with the conscious and subconscious mind for about 10,000 years.

The animal mind never goes away in this life; it is always lurking like a lion, so you have to be constantly vigilant.

It is hardwired in our brains, so it is difficult to get past, but many of us can and will get past it. Others will stop at the instinctual mind and cause a lot of trouble with their new-found, charismatic presence.

Everything, including the quest for enlightenment, is a double-edged sword. The price for many people becoming enlightened is many people going just part way and becoming more dangerous animals.

Other people that live in the mind are always going to be a problem we will have to live with in this world. Until all people that live in the mind are gone, we are going to have to deal with them. Just being around other minds, especially strong ones, makes it almost impossible to stay completely mind free and open to the present for very long.

Great spirits are always opposed by mediocre minds.
Albert Einstein

The good news is, once you know true life, you know it forever, because the collective unconscious will never let you forget the way. You will be able to live in the truth and life part time for the rest of this lifespan, and when you die, you will be born into a place where you can live in the truth and true life full time, because everyone else is in the present and knows the truth and the life. It is self-evident to them all the time; there is no mind opposing them as there is in this world now.

I love acting. It is so much more real than life.
Oscar Wilde

Living stars: Successful stars of stage and screen are in the business of living in the present on cue. That is why we like watching them; we see the truth and the life in them. What makes a great actor great is their ability to be real and reflect the real. You can't fake it; you have to be like a mirror and take all the life in, and then reflect it back out to the camera or audience. That is why they are called stars. The stars in the sky shine with light; the stars in show business shine with life. The trick is to learn to do it all the time.

Know the way: Most of the stars of show business cannot do it when they are alone, because they do not know how to do it; they do not know the way, the ultimate truth, the spiritual method. They cannot live like spiritual beings except during some rare moments when they are on stage or in front of the camera. When you are acting a part, you have a script. You know what is going to happen, so you do not have to think. That is why people in the movies seem more real than your own life; they are. It is one of those things that is the opposite of what people think. Actors are in the life business. They recreate and present true life. A spiritual being also knows what is going to happen, because they know the ultimate truth. This makes it possible to live without the mind.

Acting something is thought to be not real, because you are play-acting. It turns out that the act of playing someone else can reveal the real you.

Spiritual beings can live like stars or mirrors of life anywhere. Be the star of your own movie, your life.

Acting or playing someone else helps you realize that you are not your mind, because you are acting as if you are in someone else's mind. It makes you realize you are not someone else's mind, nor your own.

The Method: Method acting is the art of living from the outside in. You are not even there. You are just a reaction or reflection of what is outside of you. Great actors such as Marlon Brando and James Dean use the method to get into the present and become the center of it. A spiritual being just does it all the time.

It is all about becoming the truth and the life. This book just shows you how to do it. In acting, you include negative emotions if the role calls for it. In real life, you leave them out, because they are not needed and can cause problems. Many of the great actors and/or stars of the past knew how to get into the present intuitively. They had a connection with the collective unconscious or Holy Spirit if you are into religion (they are the same thing). People like Spencer Tracy and Katharine Hepburn were masters of getting into the present on cue, but because they did not know the ultimate truth, they were only fulfilled when working.

Acting/performing is a form of religion: It is a tool to become spiritual, at least while performing. It gives you a taste of the present so that you know what it is. Everyone should take up acting, at least for a hobby. There should be a small live theater in every neighborhood, and everyone should take a turn on stage in the light. It makes it a lot easier to get into the present, plus it can be fun, and it is a way to share the present. Knowing the fulfillment of the present is essential. It will motivate you to learn the truth and the life so that you can be fulfilled all the time.

Know what is going to happen: Actors playing a role can live in the present, because they know what is going to happen. People that know the truth of life also know what is going to happen, so they can live in the present and be fulfilled all the time. If you know the ultimate truth, there is no unknown. It gives you absolute security, and this frees you to live life to the fullest.

My doctrine is: Live that thou mayest desire to live again - that is thy duty - for in any case, thou wilt live again! Friedrich Nietzsche

Child-like, not childish: In the future, people will play a lot. We will be child-like, but not childish or irresponsible. You will be filled with life like a child.

Leaders: If the truth is seen by most of mankind in the near future, the human race will evolve past leaders and followers and any other real divisions between people. There will be people that are more popular than others are, but that is about it. It will go back and forth from lifespan to lifespan like everything else.

He who cannot obey himself will be commanded. That is the nature of living creatures. Friedrich Nietzsche

There will be a government, but not much of one. Most of it will be part time volunteers. Instead of leaders, we will have teachers of the truth of life.

One no longer becomes poor or rich: both require too much exertion. Who still wants to rule? Who obey? Both require too much exertion. Anyone that does not agree goes voluntarily into the asylum. Friedrich Nietzsche

People that know the truth of life lead themselves; they go where love leads.

Yesterday, we obeyed kings and bent our necks before emperors. But today, we kneel only to truth, follow only beauty, and obey only love.

Khalil Gibran

Pain and fear: In addition to causing all the hate, deception and discontent, the mind tries to close down your sense of feeling as much as it can to avoid physical pain. It does not work; pain will still hurt just as bad. The problem is that your sense of feeling stays closed even after the pain is gone. People try to hide from pain and end up hiding from true life. When the mind tries to shut out pain, it does not succeed, but it does succeed in shutting down your perception of true life. It is the worst bargain you can make. You have to embrace all of life completely, including physical pain. Trying to ignore life, any part of it, is the worst thing you can do. It is the only sin there is.

You have to take the bitter with the sweet to live true life.

You just have to remember the pain will pass and be compensated for with an equal amount of pleasure. You can be in pain and still be fulfilled. No one likes pain, and everyone will still try to avoid pain when they can, but when you cannot, you just have to suck it up and endure it until it passes. Why try to mentally avoid it when it does not work anyway? You have to take what is coming to you and take it all, no matter what it is. You cannot try to shut out pain without shutting out life. You can take pain medication to stop or relieve pain whenever you can, but never close your mind to the present.

Separating the spiritual beings from the animals: It is easy to be completely open when life is good; almost anyone can do that. It is when times are bad, when you lose, when you fail, that it is most difficult. It is what separates the spiritual beings from the animals. It is the baptism of fire. Difficult or not, you have to be open to the present at all times. You have to want it with all of your heart, no matter what it is, and let it in, embrace it as your true love.

Success is going from one failure to another without losing enthusiasm.
Winston Churchill

Hardwired: Once you know the ultimate truth, you will be able to separate yourself from fear completely, along with all negative things created by the mind, but not physical pain, because it is hardwired into our bodies. Some people can mentally reduce pain for short periods of time, but most people cannot. Pain medication will help, but not always, and you will not always have access to pain medication. If there is no way to avoid it, why try?

Physical pain will hurt as long as you are in your current body. Knowing the balance will help you through it, but it will not stop it. Pain is hardwired into our current bodies. It will not be in heaven, but we are not there yet.

Most of the pain, sadness and discomfort in our lives is mental, a creation of our minds. Our minds create it, so they can stop creating it once we realize the truth, but we cannot do much about the physical pain in our lives. The pain caused by injuries or disease is real. It is real, and it cannot be avoided, but it comprises a small percent of most people's lives and is balanced by pleasure.

Pain is concentrated pleasure: A little pain buys a lot of pleasure. You can never feel as good as you can feel bad. The worst pain feels a lot worse than the greatest pleasure feels good.

Pain, especially from injuries, is a lot more concentrated and intense. The pain-pleasure balance is never equal in intensity or duration. A few minutes of extreme pain can equal months of feeling good or hours of pleasure.

Fear factor: After you know the truth and start opening up to the life, you will become more fearful of dangerous situations. It is natural and to be expected; it tells you that you are on the right path and becoming more aware. The fear can serve a positive or negative purpose, depending on how you look at it. It can have a powerful negative effect if you let it close you down and make you less aware of the present. Never try to mentally hide from anything. Use fear as a cue to bring you into the present. Fear is a great positive if you let the fear make you more aware of life; let it bring you more into the present. Fear can make you more aware, more in the present.

Fear is the mind's greatest tool to control you, but if you take control of it, fear can be used as your greatest tool to free yourself from the mind. What is now your worst enemy can become your best friend.

Make fear your friend.

Look at a coyote; it lives in constant fear and is aware of everything happening around it. Get into fear when it occurs, and use it to open you up to life. Never let it close you down more.

As Marlon Brando says at the end of the movie *Apocalypse Now*: "You have to make horror your friend, or it will be an enemy to truly fear."

Fear never really goes away, because it is a reflex response to dangerous situations and is semi-hardwired into our bodies. The best you can do is separate yourself from it, see it for the mind-made thing it is, and not let it control you.

Chapter 5

Heaven on Earth

War: Wars will just fade away. People will have a hard time believing they ever happened. The whole last ten thousand years will be seen as one long Dark Age, a pathetic and ugly time that we will not even want to remember.

Why do people that want the same things have conflicts? It is stupid when seen from the truth and the life. When people wake up, all conflicts will stop for many reasons, but survival will be the main one.

In the past, we had to fight for limited resources to survive, so it was necessary, but now the opposite is true, and we just have to see this fact in time. We no longer have any reason to fight with each other, and every reason not to, survival being the main one. The truth and communication will be the key.

The age of mankind: It will be relegated to museums. The age of mankind will be right next to the exhibit of the caveman.

We must learn to live together as brothers, or perish together as fools.
Martin Luther King Jr.

Altogether now: All conflicts happen because someone with power does not see the truth. If one group sees the truth, but one group does not, the one that does not can force the one that does to fight in self-defense. This is why we all have to learn the truth at about the same time to avoid a big conflict.

Most people that create fear and violence are of the beast; most people that create peace and love are of the spirit. It is just that simple. Conflict will not stop overnight, but it has to happen soon, or we are going to destroy ourselves.

Misguided people and nuclear weapons are a very dangerous combination.

When I watch the news, I mostly see rich celebrities getting into trouble and people that revert back to their primitive animal self doing something horrible to someone. These things just help hide the monster that is really destroying us.

Before you can do the right thing, you have to know what the right thing is.

People have to learn that the better other people do, the better they do.

The more money people have, the more they can spend on the products we create. This will make us wealthier, and our enemies friends. As Abraham Lincoln said, the best way to defeat an enemy is to make a friend out of them.

We want everyone in the world to do better and have more money, because it will come back to us. Half of the human race is very poor and lives on less than two dollars a day. If we just doubled that, they would have double the money to spend. They would live better, and they would spend double the money they are now spending, doubling the value of the economy of half the world. Prosperity will create prosperity if we wake up to the truth.

Work creates something out of nothing. If you build a house, you have a house where you did not before. Making things better, makes them better.

A rising tide lifts all boats.
John F. Kennedy

A government's job will be to keep everyone productive. They will help create enough good jobs to keep everyone busy and earning enough money to live well.

We have a gigantic nuclear reactor in the sky; there is no energy shortage.

Why are we spending at least a fourth of every dollar we make directly and indirectly on energy, when we can have it for free? Are we stupid or what?

You cannot get too much electricity: There are a never ending amount of things we can do with it to improve our lives. We can make materials that require a lot of electricity to make, like aluminum, for much cheaper. We can use it to make super cold fluids and make super conductivity of electricity widespread. We can use it to separate hydrogen from water and make clean, powerful fuels for vehicles. We can make fresh water from ocean water and solve the world's fresh water problem. Abundant, free electricity will change everything for the better, and we can have it in the next few years.

Why wait? We use the technology we have now; we do not wait until it is as cheap as oil. That is just a deception to keep us from doing it. As technologies to produce free, clean electricity become cheaper and more efficient, we just replace the older technology with the newer technology or just add it to it.

Doing anything is better than just burning the money up.

We are literally burning up over two billion dollars a day.

That is just the direct costs for heating, lighting and transportation. There are also indirect energy costs we pay when we buy products. We pay for the energy it costs to produce the products, and it is more than the direct costs. We could build a solar power system in a few years, and then we would save more than a half a trillion dollars a year from then on, so why don't we do it?

Yellowstone: We should develop Yellowstone geothermal to make all the hydrogen we need. It has the heat and water needed to do it. We could build a system to make rivers of hydrogen to power all engines that now burn gas. The Yellowstone caldera is over about a hundred square miles. We could build hundreds of power plants just like coal power plants, but we would not need the coal. We could not only make all the power the US needs, we could be the biggest exporter of hydrogen in the world in a few years. Instead of buying polluting oil from other countries, we could make and sell hydrogen. Wake up people.

What is wrong with creating millions of new, high paying jobs in the USA?

If we can tap a source of free, clean energy, we should do it now. We should not wait until the technology is as inexpensive as oil. The sooner we do it, the less money we will be just burning up, and the less we will hurt the environment.

Oil companies will make more money: We need to save our oil for making plastics, medicines, fertilizers and other necessary products that are made from oil. Why use it for energy when we can get that for free from the sun?

We are literally burning the most useful material found on the earth.

Even the rich oil people are going to wake up and realize it would be in their best interest to stop using so much oil for fuel. They are screwing themselves.

Plastic houses: New inexpensive structural plastics and molding methods will be developed. We will start making vehicles, houses and buildings out of them. It will cost less, be easier to maintain, look better and last longer than anything else. It can look and feel like marble, rare wood, etc. Intricate designs can be molded right in to look like the work of artists and craftsmen. Look at the interiors of buildings in Star Wars: Episode Two, and you will see how great plastic will look.

When oil is no longer used to power vehicles, there will be so much supply that it will start being used for houses, buildings, and other structures that need to be made inexpensive, be low maintenance, look good and last as long as possible. Environmentalists are always saying that plastic is not biodegradable and stays in the environment forever. That is bad when used for throwaway products, but it is a very good thing when it comes to people's houses and buildings, because the longer they last and the easier to maintain, the better. We want structures to last and not need costly maintenance. Termites do not eat plastic, and it does not rust like steel or rot like wood. Houses made of plastic would not be hurt in floods or earthquakes, and they will be so light that they would be easy to move and build.

We can mold whole walls with the spaces for windows and doors molded in any color and texture. It will never need paint. Until plastic can be made fire-proof, sprinklers and other fire prevention systems would be part of all plastic structures. Sprinkler systems don't hurt plastic like they do to wood structures.

Green architecture: The roof will be molded to accept solar panels. Rainwater runoff will be saved in plastic tanks in the walls to use as drinking water or to water the roof in dry periods. A house or building could go together something like **Legos**, so every house will be different to suit the needs of the people living in it. Construction and transportation costs would drop. They will come in kits, and people can put them together themselves with glue or clips, so they can take the houses with them when they move.

The oil companies will get bigger and make more money than they are now. This business will also last much longer if we stop using oil for fuel. The more we have left for other things, the more the oil companies will make, and the longer they will stay in business. **A bonus will be that the oil business will not pollute the air.**

It will stop global warming, because plastic will not release carbon dioxide into the air as burning oil does. It will also stop our forests from being cut down to be used for building material. These forests also take carbon dioxide out of the air.

Instead of beating on the oil companies, we should be giving them big enough incentives to make it profitable for them to do what we want them to do.

We are burning up the ultimate construction material by using oil for fuel.

Once we start getting electricity for free, most steel, concrete and wood will be replaced by new alloys of plastic and aluminum as a building material.

It all starts with people being able to stop fighting, wasting time and resources, and seeing what needs to be done. The universal truth is the only thing that can make that happen, so defining and spreading the truth is the first step.

Commitment: We need a president that will commit to building the solar power system the way JFK committed America to getting to the moon in the early sixties and the way FDR did it to build dams to end the depression and build the atomic bomb in WWII, only we will do it faster and better this time.

When people wake up, they will realize we can do anything we have the technology and will to do, and we do not need a war or depression to do it.

The fact is, doing it now will prevent a war from happening from the problems using oil will cause in the near future. **When we wake up, we will just do it.**

Why not let the power of the sun and the heat of the inner earth do most of the work for us?

The oil companies will just keep oil cheaper than solar to prevent solar from being developed. That is why we need the government to get involved. The mass production will bring the price way down, but we do it regardless of price at first.

What we really need is some real inspired, enlightened leadership again.

Mobilized: Why does it take a world war to unite all of America and mobilize our manufacturing toward a single goal? It does because it is life or death, and we have no choice. When the truth is seen, we will see building the energy system is life and death, and we will do it.

The truth is free, and it is the foundation of spiritual life. Solar power is free, and it is the foundation of physical life.

Print new money: We finance it the same way we finance war. The energy project is so important and valuable that it would justify printing new money to pay for it. If we did that, we could start building right away.

It would cost about three trillion dollars to convert our country to solar power. We would get that money back in less than four years, with the money we are now spending on oil and sending outside of our country.

When we print money, it just dilutes and devalues all our money a little, so if we do it, everyone will be paying for the new energy system, which is the way it should be anyway. When the system is completed, it will be so valuable that the value of our money will go up more than enough to offset the money we printed.

We act as if we are in a war now to prevent a real war from happening.

Our goals: America has to do two things with all its effort. Create a free electrical power system, and spread the truth; nothing more, nothing less.

Infrastructure: We are proposing to spend almost a trillion dollars rebuilding infrastructure such as old bridges and roads to create jobs and stimulate the economy. The problem is that bridges and roads do not pay for themselves, let alone make money like solar and geothermal technology. We need to spend our tax dollars on things that pay for themselves and make money first.

The solution above sounds too simple to be true, too good to be true, but it is not; it is simple and good, and we can do it now. If we did it in wartime, we can do it even faster in peacetime; we just have to be as motivated.

We need people like General Groves who ran the Manhattan Project that developed the nuclear bomb during World War II to run the energy project. We could use the military's expertise in controlling manpower and organization by putting them in charge of all big public works projects, such as the solar power system.

Once Americans see the way, they will go that way. It is as simple as that.

All the wars that have ever been fought, the rivers of blood that have been spilled, have been just for one purpose, and that is to create a heaven on earth now. All the soldiers that have ever fought and died in any war did it to get us to where we are now. Everything we have done, good or bad, has just been for this one purpose, whether we consciously knew it or not. If we do not do what we need to do now, it will all have been for nothing.

The world is a dangerous place to live, not because of those who are evil, but because of the people who don't do anything about it. Albert Einstein

Let every nation know, whether it wishes us well or ill, that we shall pay any price, bear any burden, meet any hardship, support any friend, oppose any foe, in order to assure the survival and the success of liberty.

John F. Kennedy

We live in a dangerous world, and we have to stop living like a bunch of morons just to survive as a species much longer. We have no choice.

After we unite the world, we need to put most of our money into down to earth science and pure research to make life more safe and better for everyone. Wasting money on things that will not really help us will kill us.

How can people think we can survive without facing the truth?

It is impossible; it is certain destruction and the ultimate waste. Even if everyone woke up and we started spending all our money on the right things, our survival would still be a close call, but if we do not wake up, we will have no chance at all.

If a lot of people learn the truth in the next few years, the odds are really good that we will create a heaven on earth. If most people do not learn the truth, the human race will be destroyed, so I think we will learn the truth.

When you live in the truth, you work for the best, but are always prepared for the worst, because you know it will happen. It does not matter if it is a bomb, a car accident, or old age that kills you; you are just as dead. Therefore, the only thing that matters is that we live in the truth and the life and do the right thing while we are here.

The truth forces people to look at the hard facts and make big decisions.

Rule of the beast: The animals have ruled this world for seven hundred million years. We now have a small opportunity to change that forever. It took us about seven hundred million years to get into this position, so to not take advantage of it would be the biggest mistake we can make.

We can easily forgive a child who is afraid of the dark; the real tragedy of life is when men are afraid of the light. Plato

Comfort zone: People only want to read things that entertain them, make them feel good, reassure them that everything is okay. No one wants to do or face anything uncomfortable. This book is not that kind of book. This book is about the truth, the whole truth, because it is our only hope. This book is only scary and uncomfortable until you see the ultimate truth, then you will love what it says.

Spirit food: Most books feed just the mind; that is what makes them popular. Books that are intended to feed the spirit, like this one, have to also feed the mind just to be read, but it will never be as enjoyable to read as a book that just tries to please the mind.

It is not the taste of the medicine; it is what it does that matters.

You have to do something with your time on earth, and a spiritual being spends their time helping others. It is just what we feel like doing.

The purpose of human life is to serve and to show compassion and the will to help others. Albert Schweitzer

Big changes: At this time in history, we have to make big changes, or the little changes we make are not going to matter. If we do not, we will die, and that is the biggest change there is, so we have no choice but to make the changes.

Big picture: A spiritual being lives in the present and always sees the big picture. By big picture, I mean we see our true past and future, see past death, see past this current life span.

The only security in life is knowing the ultimate truth.

The right thing: A spiritual being always knows what the right thing is, because they are not deceived by the irrational passions and deceptions of the mind.

The overman, who has organized the chaos of his passions, given style to his character and become creative, aware of life's terrors, he affirms life without resentment. Friedrich Nietzsche

The goal: To transform ourselves into spiritual beings and then to create a heaven on earth. Living with just positives is the goal of all life. It will all start with the truth of life being defined and spread. Everything else will happen as a result, **so start spreading the truth now.**

Only the truth and the life can save mankind and create a heaven on earth.

If not us, who? If not now, when?

Chapter 6

The Beatles

Prophets: Most people think all the prophets lived hundreds of years ago, but the truth is, there have been many recent prophets. Some have been in show business and the arts. Let me tell you about four of the most powerful.

“Living is easy with eyes closed, misunderstanding all you see.”

“Strawberry Fields Forever” **The Beatles**

The Beatles themselves were like other men, but the music and lyrics channeled through them contained magic and messages from beyond the mind.

I remember the first time I heard a Beatles song. It was February 1964, just a few months after President Kennedy was shot and killed. Everyone was in a funk. I was walking home from school (sixth grade) with a friend, and we were going over to a neighbor’s house. He was older and very cool. He built drag racing cars in his garage and always had his radio blaring. There was a song coming out of it that stopped me in my tracks. On a cold and gloomy winter day, the wind blowing through my hair, I heard: **“Is there anything that you want? Is there anything I can do? Just call on me, and I will send it along with love, from me to you.”**

We stood there on the corner and listened to the whole song in silence. I was stunned. My friend said, “The song is called ‘From Me To You.’ They are called the Beatles, and they all got haircuts like Moe of the Three Stooges.”

It went right through me; it seemed familiar and unknown at the same time. It was one of those rare moments that you never forget, which changes your life. The Kennedy assassination was one of them. **I lost my innocence and the Beatles gave it back to me.** I went from no hope, to anything is possible, and I was not alone; it seemed like it happened to every kid in the world.

There was no shortage of great music at the time. I did not really like or dislike the song; it was just different, like something from another planet. I had never heard anything like it, no one had. It was kind of weird, because they were saying silly things like little kids, and had haircuts like little kids. Their songs said things like, “She loves you yeah yeah yeah, I want to hold your hand,” and stuff like that which was strange, but it had a powerful vitality and joy. It got my attention. The words were simple and direct, and it seemed like they were talking directly to you, not just some unknown girl like other songs.

Before the Beatles, we were all into looking like James Dean and trying to be cool. After the Beatles showed up, at about the album, Rubber Soul or Revolver, we quit wearing shoes and started growing our hair. It was time to go our own way and get into life. It was the start of a long party for me and a lot of other kids.

The movies *Animal House* and *American Graffiti* depict the way cars, music, and people were in 1963, just before the Beatles showed up. We were happy with the music, and we were not looking for something new. I am still into that music and hotrods. The music before the Beatles was the greatest rock and roll ever made.

It did not matter; the Beatles changed everything overnight anyway. Their power was overwhelming. Nothing like it happened before or has happened since.

That is what made what they did so special and magical; it was impossible.

Force of nature: I am not saying their music was better. I liked the music before they came better, but they were better; it was the whole package. The Beatles were a force of nature, and all us kids were just swept away.

It was a great time to be a teenager. It seemed like they came out with a new song every few weeks that was totally different and better than the one before. This is at a time when they sold single records, with one song on each side; they were called forty-fives. So in the beginning, I bought their songs two at a time.

People that were not there cannot comprehend what it was like for a kid to hear a new Beatles song for the first time. It put a real magic in the air.

They were very magical times. This went on for seven years and took me from the age of eleven to nineteen. The Beatles were the sound track for my whole teenage life. I was blessed. I was too cool for the Beatles after the first year or two. However, I always knew The Beatles were there, being perfect, being better than should be possible for mortal men.

They were like the gods of the sixties. All other bands in the sixties were just great musicians, but the Beatles were something more, and they were ours. Most people that are into music know the sixties were a time of musical kings. Everyone was great, but the Beatles were the king of kings, and that is why they were so exceptional. Anyone can be big now; back then the biggest meant something. Being great was the norm; to be the undisputed best took magic.

That is why I talk about them in this book. It is not for their music; it is for the way they took over the hearts and minds of most young people when it should have been impossible to do. What they did was real magic.

It is a sign: Nature set them apart for a reason. It is so we do not just think they were just another great band, so we look closer and listen a little better.

There was an X factor to the Beatles, and everyone knew it on some level, even the adults and people that did not like their music. As musicians they were unbelievably great; as people they were funny and smart.

They were the strongest voice of a generation of many strong, talented voices. They made the older generation look stupid and made us look good; they gave us real strength.

I took them for granted like most people and did not know how special they were until years after they were gone. I always thought that some other band would eventually come along and be that good. No one has, and now I know why.

They were not just musicians; they were prophets. We do not need a new band; we still have them. We still have their music; we just have to really hear it.

Spiritual event: The Beatles music was behind and powered the last big spiritual event. It was called the peace and love movement. They gave it legitimacy, and that great Beatles “**we can do anything and have fun doing it**” vibe.

They got it going with albums like Magical Mystery Tour, Sgt. Pepper's, and ended it with The White album via Charles Manson. What happened was not their intention, but their music on The White Album (*Helter Skelter/Piggies*) was involved in ending the peace and love movement in the summer of 1969. Hippies were not seen as harmless anymore.

It happened like this: When Martin Luther King was shot, it started going down. It ended politically when Bobby Kennedy was shot. The hippie movement ended with the Manson murders and The Stones concert at Altamont. It then ended spiritually when the Beatles broke up. As John Lennon said, the dream was over.

Most people felt if the Beatles could not make it happen, nothing could.

Hidden messages: To hear the hidden messages in the Beatles' music, you do not have to play the songs backwards like some people in the sixties thought; you just have to change your perspective, listen backwards. Instead of their songs being sung to a girl somewhere, you hear them as being sung to you personally. You listen like the song is new and you have never heard it before, because you really haven't; no one has, not even them.

In the song "Julia", Lennon says, "Half of what I say is meaningless, but I say it just to reach you." This clearly means that half of what they say is meaningful, and the rest is just there to reach us.

Some of their songs were obviously being sung directly to the listener, and others are just love songs to a girl, but most are both. They are being sung to a girl and to you, even if you are not a girl. They can be interpreted either way depending on your perspective. From the perspective of a teenage girl, you hear a silly love song. From the perspective of a truth seeker, you will hear a love song also, only it's spiritual love, divine love. Other bands are just singing love songs to a girl somewhere, but in hindsight, we now know that the Beatles were into something bigger; **they were prophets.**

Time lock: Most of their early songs appear to be just silly love songs. This is what made it possible to get a spiritual communication to most people. They sugarcoated the truth, hid it as a love song, and sent it to the truth seekers of the world under the radar. It worked, if we get it now. It was actually created for now.

The sign: There is a sign in their songs to let us know the songs are not just a love song for a girl. The sign is the word **"friend"** which is not a way that you would address a girl you are singing a love song to.

Examples: The song *"I'll Follow the Sun"*, "Though I may lose a **friend**, in the end you will know I was the one." The song: *"We Can Work It Out"*, "Life is very short and there's no time for fussing and fighting my **friend**." The song *"Can't Buy Me Love"*, "I will buy you a diamond ring my **friend**, if it makes you feel alright." The song: *"I'll Get You"*, "So I'm telling you my **friend**, I will get you in the end." They will get **us** now.

In that last song, *"I'll Get You,"* they say, "There is going to be a time, when I am going to change your mind." They mean literally change your mind, from the mind of mankind to the mind of a spiritual being. See the difference it makes?

They actually say change your mind and make you mine at the same time.

Words with two meanings: Girl, her, baby, honey, she, darling, etc. = receiver. The receiver is female, just as biologically females receive the seed of life from males. Whoever is listening to their music is the receiver, because you are receiving the music. The word, man, he, him, his, etc. = transmitter or sender. The collective unconscious via the Beatles are the transmitters; they are sending the music and message. Home = the Present, God, etc. End = beginning, etc.

This is why metaphorically God is a male. God gives us life; we receive it.

When they say “you,” they mean you. They use metaphors like religious books do. The two meanings for the word “love” are divine love, which means, God, the Present, total awareness, etc. The other meaning for love is carnal love (man woman love). One meaning is for your soul, the other is for that mystery girl.

If you listen to songs like “*Two of Us*” (Let It Be) and “*Your Bird Can Sing*” (Revolver) and “*Wait*”, “*The Word*” or “*Think For Yourself*” (Rubber Soul), you will see the meanings clearly, and you know where they are coming from and who they are talking to. You will realize they are talking to you in the here and now.

Some other songs where it is easy to see the dual meanings are the songs “*All My Loving*” (With the Beatles), “*I Will*” (The White Album), “*Tell Me What You See*” (Help!), “*No Reply*” or “*What You’re Doing*” (Beatles For Sale), or “*Things We Said Today*” (A Hard Day’s Night). On that same album (A Hard Day’s Night), the song “*I’ll Be Back*” is telling us they will be back, a second coming, once we can see the true meanings of the songs.

Second coming: They are coming back, but not as the cute mop tops we saw the first time. This time, we will see them for the prophets they really were and hear the spiritual and truth side of their music. **It will change the world again.** The power and vibe is still there; add the truth and the life (the present), your new perspective, and you have a door to the magical mystery tour, a ticket to ride.

The long and winding road that leads to your door, they mean your door, your spirit. When they say I want to be your man, it means they want to be your “mind,” send you a transmission, inform you. When they say, I want to hold your hand, it means they want to connect to you, show you the way, be with you, etc.

When they say “come on,” they mean come on like a light, wake up.

Listen to *"Everybody's Got Something to Hide except Me and My Monkey"* on The White Album, and you will see what I mean by the words "come on."

Some of their lyrics mean exactly what they say, and some have hidden meanings like all religious material. Sometimes you have to listen to them repeatedly until you get it. I hear something different every time I listen to them.

The album names have dual meanings and spiritual connotations: Revolver, Rubber Soul, Hard Days Night, Magical Mystery Tour, Let It Be, Abbey Road, etc.

They did not write the songs with those intentions. The Beatles say they were just writing a love song to a girl; at least that has been their cover story.

I believe they did not know the spiritual content of their songs until after they were written; that they came out of the air just as they say. They came from the collective unconscious or Holy Spirit if you prefer, not their own minds.

That is how the Holy spirit/collective unconscious communicates. You usually do not know it at first, but you usually get it before anyone else, but not always.

Example: Paul says the song *"Martha My Dear"* was written for his sheep dog Martha. John said *"Lucy in the Sky with Diamonds"* was inspired by a drawing his kid made. *"Dear Prudence"* was to try to get Mia Farrow's sister to stop meditating and come outside when they were in India.

Though it may not have been intended, there are obviously other meanings we get from those and most of their other songs.

They did not know the truth: It is true that they do not know what their songs mean; no one could know until now, not even them.

There are things in Beatles songs that go more for a feeling than a thought or message. Remember, things that come from the collective unconscious can get garbled by our minds, so you have to interpret it. This makes it possible for things such as poetry and songs to mean different things to different people.

The early songs are more direct and from and to the heart (no mind); they get more cerebral in their later songs. Try listening to them from this new spiritual perspective, and you will see what I mean. A good way to do it is start with their later songs (so you know they are spiritual), and work backwards to their first songs. Listening to their music backwards does show you what they are saying, but not single songs backwards.

Most people think the later songs are more spiritual than the early songs; the opposite is true. It is the early ones that have the most spiritual content, but you have to know it to hear it, and the later songs make their intent clear.

Their most spiritual albums where their first ones.

One of their first albums, "With the Beatles" 1963, is the most spiritual to me. If you think the later ones were the most spiritual, listen to this first one.

The song "*Not a Second Time*" makes a lot of sense now. The song, "*I Want to Be Your Man*" is literally saying "I want to be your mind." It is the Holy Spirit talking.

Their music went from; "*Please Please Me*" and "*Do You Want to Know a Secret*" to "*I am the Walrus*" and "*A Day in the Life*". Anyone that has ever been in a band will tell you that what they did was impossible. The band that gave us "*I Want to Hold Your Hand*" could not have been the same band that gave us the song "*In My Life*", and it wasn't; they changed completely.

Changelings: They were changelings; it is a characteristic of many prophets. Every time you look at them, you see a different person, because a spiritual person changes as the present changes. They reflect the present as it changes. You change (reflect life) as the life around you changes, and it is changing all the time. Listen to the songs above or any early and later song back to back, and you will see what I mean. They are a completely different band. They looked and sounded different. I like to listen to the "Sgt. Pepper's" album and the, "With the Beatles" album back to back. It is a powerful and enlightening experience.

A lot of bands and performers made the girls scream and go crazy. The Beatles did that too, plus they did a lot of things that were different than any other musicians or pop stars. Their music channels the truth and the life.

Magic: They wrote forty-eight songs during the few weeks they stayed in India; who else could do that? Many of those songs are on The White album. Their music speeds up and slows down; you cannot dance to most of it. They use obscure instruments and odd sounds. They did some strange and different stuff.

They would create great songs faster than anyone else has. Example: John Lennon got the idea for the song "*Instant Karma*", rented a piano, and recorded it all in one day. Most people have to work on a song for a long time before they get it right, and it is rarely a hit. The Beatles did it all the time.

The song Instant Karma says most of what this book says in one song.

When real music comes to me – the music of the spheres, the music that surpasses understanding - that has nothing to do with me, because I'm just the channel. The only joy for me is for it to be given to me, and to transcribe it like a medium... those moments are what I live for. John Lennon

George Martin, their producer, said the Beatles created songs much faster than any of the other bands he worked with before or since. He said the songs and albums seemed to grow by themselves.

I am not trying to say they did not work as hard as anyone else did, they did, but I am trying to show how they were more inspired than any other group of people. All a prophet is, is a person or group of people that can connect with something beyond their own minds for a period of time, and channel or bring into the world something from beyond it that reveals the divine truth and life.

Their songs changed and they changed in a very short period of time. As their relationship with each other got worse, their music got better. After the Beatles broke up, two of them brought their wives (not musicians) into their new bands. Who else could or would do that? There was something behind them that could not be stopped, something that gave them a power to do things that no other band has done before or after.

Another thing that made them different from any other band was that they were all equal. You knew all of them equally. When they spoke in interviews together, they were like one person. One would talk, but it did not matter who it was; it came from them all. This is really different, and shows the spiritual factor that sets them apart.

Their solo stuff was also very spiritual. Example: From the John Lennon song "*Yer Blues*," "My mother was of the sky, my father was of the earth, I am of the universe, and you know what it's worth." That is as clear as it gets. The songs, "*Gimme Some Truth*," "*Mind Games*," "*Real Love*," and "*Imagine*" also tell you where he was at.

You will not understand everything at first, so do not try to even think about it, and you will get a little more each time you listen. Just remember they are talking to you when you are listening to them.

It makes sense; you are the one listening, and no one else is. If the song were for someone else, it would not make sense.

Everything that comes to you is just for you. It is the same with this book. It is just for you when you are reading it.

Their incredible success is the most obvious sign of how different they were. In the last forty years, some other people have broke their sales records, but if they had the competition the Beatles had and the Beatles themselves for competition, they would not have done as well. The truth is, no one has even come close to the success of the Beatles. They may have been the most successful people that ever lived, because they were successful prophets in their own lifetime.

Love has never been so successful.

We were all on this ship in the sixties, our generation, a ship going to discover the new world and the Beatles were in the crow's nest of that ship.
John Lennon

The apple: The transition could not have happened in the sixties; the time was not right. We needed computers and the Internet. You would not be reading this book if it wasn't for the Internet. The ultimate truth had to come on the Internet for free, because books cost money and are not available to everyone.

You would not be learning the truth now if it were not on the Internet free.

The apple is associated with every major step in mankind's evolution. The apple in the Garden of Eden was the creation of mankind (mind kind), the apple falling from the tree is when Newton realized the laws of motion and gave birth to calculus. Then there is Apple Records, the Beatles' record company, and Apple Computers, the start of widespread computer use. Another coincidence?

People say the apple in the Garden of Eden and in the Newton story never really happened, and it didn't. It does not matter if it really happened or not, because most people think it did; why do they? Something put the apple at the major events in human evolution. If it did not really happen, it is even more magical and makes it even a greater sign of a divinity in our lives. The word "apple" means "evil" in Latin, and evil is live backwards.

Frozen in time: The time is right now, and the Beatles' music is still here exactly like it was then. Actually, it has been remastered and is even better. The Beatles have been frozen in time still young, waiting for us to evolve enough to hear what the music contains, just as other prophets and seers have been waiting on us to understand what they said and meant.

The song "*Yesterday*" did not even make sense until now. They first sang it at the peak of their success. Why would they be yearning for the past or yesterday at the peak of their success? It makes total sense if you listen to it now. A lot of their songs only make sense now. The Beatles are for now.

The divine magic is in all good music to some degree more or less, because it comes from beyond the mind and exists only in the present. The Beatles are just by far the biggest, most concentrated source of it.

I like the music before The Beatles showed up, because it was a simpler world, and the music reflected it.

That is why I like early Beatles' songs like that first Beatles' song I heard, "*From Me to You*" (Beatles 62-65). Some others are "*I Should Have Known Better*" (A Hard Day's Night), "*Thank You Girl*" and "*She's a Woman*" (Past Masters), "*There's a Place*" (Please Please Me), "*Hold Me Tight*" (With the Beatles), "*Tell Me Why*" and "*I Feel Fine*" (Beatles 62-65).

The following are a few more Beatles' songs with words that mean two different things; see if you can hear the hidden meanings:

Hey Bulldog, Yellow Submarine
Cry Baby Cry, The White Album
Glass Onion, The White Album
Lady Madonna, Beatles 1
Across the Universe, Let It Be
Fool on the Hill, Take 4, Anthology 2
I'm Looking Through You, Rubber Soul
Ask Me Why, Please, Please Me
I'm Only Sleeping, Revolver
Real Love, Anthology 2
Sexy Sadie, The White Album
You Won't See Me, Rubber Soul
Baby's In Black, Beatles For Sale
The Night Before, Help!
Sgt. Pepper's Lonely Hearts Club Band, Sgt. Peppers
With a Little Help from My Friends, Sgt. Peppers

I do not listen to the Beatles' music to just listen to music. Their music is in its own category. I listen to the Beatles for the same reasons I read the Bible and other religious books. The Beatles are a part of my religion, along with golf, surfing, romance, hotrods, classic cars, boats, eating and everything else.

Their music helps keep me in the present and on the spiritual path. The Beatles are just another thing that makes my religion more enjoyable than most others.

My religion is the present and everything in it.

The last line, in their last song medley, in the last album the Beatles released, *Abbey Road*, says it all. *Golden Slumbers, Carry That Weight, The End*. It says, **"And in the end the love you take, is equal to the love you make."**

In other words, the more love you take from life or accept from life, the more you will be able to make or reflect back to people. It is the most important thing to do. People think it means, the more love you make, the more love you will take, but they have it backwards. You cannot make love; only God/life can make love. You can only let it in and reflect it back out. The more love you take, the more love you can make or reflect to other people. **Remember, everything is backwards.**

I have heard the actual last words in a song they recorded was, "One, two, three, four, five, six, seven, all good children go to heaven," which is also true.

It is now the time to start listening to the Beatles' music with new ears. Not for entertainment; this time listen just for its spiritual value.

Even if you do not like their music, it is easier to listen to them than to read religious books. It is a painless way to get a shot of truth everyday. Listen to them to learn the truth, and you will be hearing them for the first time.

Rock and roll: All rock and roll is made by young people for young people. What the kids of today have to realize is they will not be listening to music for old people, their parent's music. They will be listening to music by kids their age.

George was just fifteen when he joined the band; they started out as a teenage band. They wrote the best songs as teenagers and broke up in their twenties.

The Beatles' music is made by young people for young people now and forever. It is more this generation's music than it was ours, because this generation will understand it. We did not; we just thought we did.

The time is right for it now. Wake up kids; it is all for you now.

The kids of today have to realize, all rock and roll is their music. They have their new music and all the rock and roll that came before, because it was all made by young people their age. It is one of the reasons kids today have it better than any generation of kids that came before. **They need to claim all their music.**

It is no coincidence that many radio stations play a show called "Breakfast with The Beatles" on Sunday mornings. Subconsciously, most people know there is something spiritual about them. John and George may have died physically, but they are still with us in spirit and truth and in song. Lets not wait for the last two to die before we wake up.

Speaking on reincarnation in 1968, George Harrison said: "You go on being reincarnated until you reach the actual Truth."

Everything is for now: As I said earlier, everything that happened in the past was just to help us find the truth and the life now. It is not just the Beatles' music; it includes most great music. A good example is classical music.

Growing up in the era of rock and roll, I have never appreciated classical music. When I woke up, I was amazed that I suddenly liked some classical music as much as rock and roll. The best example is Beethoven's Ninth symphony. It contains the spirit of conquest, so it has been stolen and used by dictators and tyrants like Stalin and Hitler since it was written. It was perfect to inspire armies marching into battle, but Beethoven wrote it for the exact opposite purpose.

Most people think it is just instrumental and has no lyrics, but actually it was written for a poem by the German poet Friedrich von Schiller called "*Ode to Joy*." It is about mankind becoming one brotherhood. It was before its time, because it was impossible for mankind to become one until now.

The music does inspire conquest, the conquest of the spirit. After you wake up, listen to it, and you will be astonished by how perfectly it embodies that conquest. Like Beatles' songs, you will be hearing it for the first time. You can find many versions on Youtube.

Listening to Beatles' music is a good way to share the present and the ultimate truth with people, because everyone can relate to it on their own level.

Don't lie to children about Santa Claus; tell them the truth about the Beatles. Their true story is greater than any myth.

In ancient Egypt, a beetle was the symbol for eternal life; another coincidence?

"Living is easy with eyes closed, misunderstanding all you see."

"Strawberry Fields Forever"

All you need is love. Actually, all you need is the truth. You need the truth first. True love only comes after you know the truth of life.

All you need is love, of the truth!

They lay it all out in the songs above. God is love. Love is everything, but the only way to receive and know everything is to realize that you are nothing.

Chapter 7

The Nature of Nothing

The nature of nothing: If you take away everything that is physical (matter/energy), you are left with nothing (no thing). Nothing is completely empty space, absolute cold, silence and darkness. Nothing is infinite, eternal and indestructible. It does not move; it does not have to. It is already everywhere. The universe is more than 99.999% empty space, including our own bodies.

All physical things are made of atoms which are mostly empty space. If the nucleus is the size of a marble, the electrons would be specks of dust a half mile away. Every physical thing has that much empty space in it.

If you removed all the empty space from human bodies leaving only electrons and the other subatomic particles, all seven billion human bodies would fit in the space of a sugar cube.

True perspective: The way our solar system is shown in books does not give you a true perspective of it. It shows the sun and the other planets orbiting it in rings that are not to scale. They could not get it in a book if it was to scale. The actual scale is more like this; if the sun was the size of a basketball, the earth would be about the size of a BB, and it would be 93 feet away from it. Pluto, the outer most planet in our system, would be a grain of sand over a half mile away. The next star outside our solar system would be thousands of miles away.

It takes light that travels about one-hundred and eighty-six thousand miles a second about 8 and a half minutes to go from the sun to our planet. It will go around the earth seven times in one second, but it takes four years to get to the next star outside our solar system, and 2.5 million years to get to the next galaxy.

This gives you a more true idea of how much empty space there is in our universe. **Most of everything is nothing.**

What is faster, the speed of light or the speed of dark? Turn off the light and try to get into bed before it gets dark. I am just kidding, but I am trying to make a point. You cannot turn off “nothing” or do anything to it. It always stays the same, is always everywhere all the time.

Nothing is really something.

Einstein's general relativity equations show that space bends and prove that nothing is really something with substance. Supposedly, empty space is shaped, and it is the shape of space that creates the gravity that controls and creates the whole universe. It holds the planets in orbit, makes the sun and other stars burn, and it is empty space, nothing.

Value of general relativity: I always wondered what the practical benefit of general relativity was, and now I know. It proves that nothing is something, and in fact controls and creates the whole universe.

Nothing causes everything to happen. It creates gravity, gravity creates planets and stars, stars concentrate and release all energy and matter. Thus everything physical comes from and is created by nothing. **0 = 2**

Our spirit is also like nothing. It is the so-called empty space between everything. The majority of everything is nothing, and it connects everything, everywhere.

Our essential, immortal self or soul is like the blank sheet that physical life is written on, the darkness that gives light a place to shine, the silence that gives sound a place to be heard, an infinite stadium that the game of life is played in. Nothing is more than something. It is the complete opposite of what people think. It is impossible to get your mind around; all you can do is know it is true and be it.

There are some things that are beyond the mind, literally. You can only know them or in this case be them, when the mind is open.

You cannot experience nothing: You do not look inside yourself to find yourself as some eastern religions have been saying; there is nothing there. You cannot see or experience nothing; it is impossible. You can be like nothing, but not experience it. There is nothing to experience.

What does the experiencing cannot be experienced.

Spiritual perspective: You do not look in; you do the opposite, and you look out through your senses. When you experience everything, you are nothing at the same time. You have to be nothing to experience everything. If you are something, there is no room for everything. It is the spiritual perspective. You are looking out from nothing to everything, from nowhere to everywhere, from stillness to movement, from darkness to light.

It is interesting that the word “nowhere” is also “now here.”

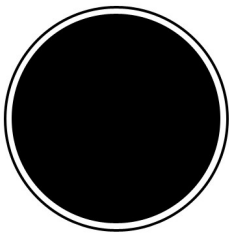
The watcher/witness: The perspective of a spiritual being is as if you are sitting in a dark movie theater watching life. If the theater was not dark, you could not see the movie. Your soul or spirit is in a dark, silent void that is open to life. You are the void and everything in it, nothing and everything at the same time.

People, mankind are living as their false, mortal mind-self, and they should be living as their immortal spiritual self, the exact opposite of the way they are now. If you are completely open, life fills the void completely. All life comes to you; it is given to you by life. You are just a receiver.

You do not create life; all you can do is live it and reflect what you receive. Life moves around and through you. When you are completely open, nothing is completely displaced with everything.

Unified field equation: The holy grail of physics, the science that is trying to explain everything mathematically is something called a unified field equation. It would explain in a mathematical equation why everything does what it does. They have not been able to do it, but they have not been considering the field or tried to add it to the equation. The field is what we call nothing.

I would give it a new mathematical symbol. A good symbol and model for life in the universe would be an empty circle. The circle represents energy/positive, the space inside the circle would represent nothing/negative.



When the solution is simple, God is answering.
Albert Einstein

2 = 0 says it all: Two being the balancing opposites, one positive one negative; they cancel each other out, equal nothing and everything, represented by the new symbol. That is the unified field equation. **It also goes the other way, 0 = 2.**

Everything should be made as simple as possible, but not one bit simpler.
Albert Einstein

You can only understand the universe if you look at it from the perspective of life. It will never really be understood from the mind's perspective, because it cannot perceive "nothing" for what it really is or understand anything infinite, which is the true nature of everything.

The spirit is more like darkness than light.

People think that the spirit is like light. This is because light reveals what was hidden in the dark; it represents life, and dark represents death. The good guys wear white, and evil likes the dark. Darkness represents evil, and light represents good. It is a misunderstanding, a deception. The opposite is true; light is more like evil and dark is more like God or good. This is because the spirit is like darkness. Darkness is nothing, and so is the spirit. Light is something, a form of energy; the spirit has no energy.

I am not saying that light is evil; I am just saying as a metaphor for God, it is missing the mark. The spirit has more in common with darkness or nothing. The mind, like light, is a form of energy, and the mind creates the evil in our lives, so light should not be associated with the spirit, except in the context of enlightenment.

Displace the spirit: The mind is a form of energy, and because it is, it will always displace the spirit, just as light will always displace darkness.

Mind power: This is why you cannot live completely without the mind when there are any other active minds trying to communicate with you. The mind can always intrude on the spirit, but the spirit can never intrude on the mind. The spirit is a void, and the mind will always try to fill it.

You could say the mind is more powerful than the spirit, and you would be right, except that the spirit does not need power to do something. It is already everywhere and the biggest part of everything. So the spirit could be seen as the ultimate power; it is simply what is. It is automatically wherever energy is not. The spirit is the only thing in the universe that requires no energy to exist. The mind is aggressive; the spirit is passive. This is why you have to be by yourself or be around other people that know the truth to really be fulfilled. You will be much more aware than people that do not know the truth, but you will not be able to be completely open, completely fulfilled around active minds.

It is a drag, but the way it is and will be until everyone knows the truth. This is why you have to learn to experience true life alone at first. You just have to start getting away from the mind, as much as you can, whenever you can. Eventually, you receive the input of other minds as you take in all other energy, and it is not so bad, but it is not as good as the energy you get directly from life.

The significant problems we have cannot be solved at the same level of thinking with which we created them. Albert Einstein

The new mind: A new and improved mind will be with you forever. It will start over with every death and birth, but it will grow in the collective unconscious forever. The big difference is, it will be your servant, not your master. Your mind will become your trusted friend. It is a valued and necessary part of a divine life form.

Everything is Mind

Everything comes from nothing. It comes from a thought, the mind of God. Nothing is the only thing that is omnipresent. Everything is mind. A thought is nothing, it has no mass or energy. Everything starts with a thought. A man looks at an open field and thinks: "I could build a house there", and soon there is a house there. What starts as nothing, just a thought, becomes manifest as something.

The double slit experiment proves that the mind affects energy and matter. When the laser beam is observed, it changes from a wave to a particle, so the observer's mind is affecting energy and is connected invisibly to the particles.

The difference between the way the animal mind (which includes the mind of mankind) and the spiritual mind manifests is the spiritual mind does it on the subatomic level, the level where matter and energy is created. The mind of mankind manifests on the level above the atomic level, the world we are conscious of, except in the rare times like the double slit experiment when we become aware of quantum behavior or phenomena below the atomic level.

The spiritual mind could be called the mind of what religions call God.

Everything comes from nothing. It comes from a thought. Man-made things come from the mind of man. Lower animals come from the low animal mind. Everything else in the universe comes from the mind of God (that which is). The mind exists, but not in the conventional way that mass and energy exist. It exists like shaped space exists. It exists, but does not exist. It is like "nothing is something." It is at the edge of understanding, like infinity.

Mind of God = The collective will of all fully evolved life in the universe

Not all thoughts, but certain kinds of thoughts create movement and make nothing into something.

I want to know God's thoughts, the rest are details. Albert Einstein

$E=MC^2$ is an example of God's thought. Atoms, the building blocks of all matter, are really just movement, energy moving so fast in a circle that it appears and functions as something solid. That is how movement becomes physical. If the movement inside an atom stopped, it would turn into nothing. If the atom is split, it releases the energy out in a straight line and manifests as a nuclear explosion.

$E=MC^2$ tells you how much force or energy is released from a given amount of mass or solid matter when the atoms split.

Everything is movement; thought creates everything in the physical universe. That does not mean any fantasy you have will come true, only that which is in accord with the mind of man or the spiritual mind. What manifests from the mind of man is temporary; the things of the spiritual mind can last forever.

It is time for the spiritual mind to start manifesting on earth.

The thoughts of man can and do become manifest in physical reality. They are currently manifesting as everything the human race has built, and what the human race does, such as corporations, religions, science, etc. The man-made world reflects how man thinks. Most of it is not the same as what God thinks. Mankind, or the mind of human beings is in the process of evolving away from the animal mind and into the mind of God. **Every man knows what he is and what he does.**

A man is but the product of his thoughts. What he thinks, he becomes.
Mohandas Gandhi

Now that the truth of life can be seen, that evolution will begin to accelerate. We are beginning to be able to see the difference between a creation of the animal mind and a creation of the mind of God. We are also starting to see that we need the mind of God to create a heaven on earth.

Divine program: This book is just spiritual thoughts, a divine program that is now being downloaded into your mind. It will change you and the rest of mankind into spiritual beings, and create a heaven on earth.

It is important to simplify the way you see and know life, because it is the only way it can be known. It can be almost infinitely complicated, and trying to understand it all is what mankind is trying to do. We have to go the other way and see and know it in the most simple way, because it is the only way we can know all that can be known. We can never know all the details; they are infinite and it is impossible, but we can know the simple big picture of life. That is what this book attempts to do.

Everything should be made as simple as possible, but not one bit simpler. **Albert Einstein**

In this book I say do not think, clear your mind, because what is left is the mind of God, the mind of creation itself. If you allow the mind of God to become your mind, heaven will manifest in your life after you die or when enough people in the animal world we are in now see the truth.

GOD = THAT WHICH IS = LIFE = THE PRESENT

Chapter 8

Living and Dying

Life is what happens to you while you're busy making other plans.
John Lennon

Planning for the future: When most people are young adults, they put a lot of their effort into preparing for their future. The problem is, the future never really comes. After middle age, they may or may not have money, but they no longer have youth and the illusion of a dream future. People start to realize that their dreams are not going to come true, at least not like they dreamed them, or people did what they set out to do, and it was not what they thought and hoped it would be; it did not satisfy them for very long. They start reminiscing about the good old days that really were not that good. People go from fantasizing about the future to fantasizing about the past. They miss the present altogether. People live their whole life without really living at all. Their friends start to die and their health starts to go. They start to see that they are heading for sickness, old age and death.

It starts to dawn on them that their life has passed them by, and they are heading for the abyss without a clue. Then they tell their kids to do the same thing they were taught, because they do not know what else to tell them. So it goes, passed down from one generation to the next, the sins of the father passed down, the blind leading the blind as the Bible says. It is tragic and no longer necessary.

Prime of life: We may live an average of about eighty years, but our prime of life is considerably shorter. For most men it is about ten years, for most women it is only about five years, because youth and physical beauty matter so much. All this effort is to prepare for a future that is sandwiched between youth and old age.

Those few years are not that great, even for the people that are lucky enough to succeed in their plans; even the one in a million that realizes their childhood dreams is disappointed. What is the point? Even for those few that their big dream comes true, that become famous in sports or show business, it only lasts a few years. People need to see the big picture, immortal life.

A spiritual being is in the prime of life all the time.

I am not saying that people should not prepare for the future. You have to do something with your life, and getting an education that will help others and help yourself is the thing to do. Working to help others and yourself is also the right way to spend your time. I am saying you can do those things and take care of yourself spiritually at the same time. Success and money will come and go, no matter what you do, but life is always with you, so it is what matters the most.

If you take care of the present (live in the present), the future will take care of itself, as the saying goes. Always give the present priority over the future or the past, and you will be on the right path. Living in the present does not mean you do not know the past and the future. You have to know the true past and true future in order to know the truth and live in the present.

Live every moment, like it is your last dance on earth. Carlos Castaneda

Even though people are always thinking about the past and the future, they do not see it truly. The mind is preventing people from seeing the present, and it is also preventing people from seeing the true past and future.

No one really looks past a hundred years. What happens then?

Many people do not think past the next fifty or sixty years or past death, because they think it is a long way off or that there is no hope; dead means dead, or they believe in a myth. **They could not be more wrong.**

When you know you are going to die and life is short, shouldn't you prepare for it? You need a long-term plan that goes past this life and death.

Someone once said that "people live in quiet desperation." The truth is, they live in ignorance. People are so busy playing mind games that they never see or even imagine that there is really another way, a way to a place that is better than any dream you ever had.

Short sighted: We needed to be semi short sighted in the past to get civilization to where it is, but we now have the luxury of looking at the big picture. People need to see that everything they are doing to make their life better ends at their death. You cannot take material things with you. People are blind when they don't see that they have to do something that can go with them when they die. The truth and life are the only things that will exist everywhere, so they will exist after death. Also, there has to be a larger mind than just the one that gets destroyed with your brain in death. You can keep what you learn and know on a spiritual, eternal level. Therefore, the truth and the life are the only things that make sense to develop, evolve and grow, because everything else is lost for certain.

If the collective unconscious mind did not exist, you could not take anything with you when you die. I am saying if in this life you learn the truth of life and live in it, by helping to spread it with a hundred percent commitment, you become it. You become the truth and life. Thus, when you die, your spirit joins with other spirits like you that embody the truth of the life. The new realm you are born into is based on truth and life because it is a paradise, a heaven.

Ignorance is not bliss. It is the cause of all misery.

We have to know the truth in order to walk the path. The truth is the path. You have to be able to see the path, all of it, before you can go where you really want to go. Almost everyone is lost. Most people just do not know it, which makes them even more lost.

The definition of being lost is not knowing where you are and not knowing where you are going. That makes just about everyone lost. Only the truth and the life can show you the way, because it is the way.

The saddest thing is someone dying without ever living.

Lie and die: People live their lives living a lie, and they then die in a lie.

It is interesting that “lie” and “die” are so close to the same thing.

Anyone that says they are ok with death is lying. No one can be ok with it, but that does not make people feel good, so no one can be honest about it.

The problem is, it tells people it is ok to be dishonest even when you are about to die, which it is not. Just before you die is the time to be most honest. Otherwise, you send the wrong message to people you care about.

The reason it is the saddest thing to see someone dying without learning the truth is because it is now unnecessary. The truth can be known, and people know it subconsciously. It is right there, but they just cannot connect with it.

If you do not know the truth, the worst thing to do is deceive yourself and others, because it removes any chance of you learning the truth.

Even when you know the truth, there is not much to feel good about. You can feel good that you are one of the first people on earth to die knowing the truth, and you can look forward to being reborn in a better place, but that is about it.

If you are in great pain and have a hopeless, degenerative terminal disease, you may welcome death, but that only means that your disease is worse than death. It does not make death ok; death still sucks on many levels.

Death sucks: Your death forces you to have to leave everything you have ever known. You are leaving everyone you love, and that is never okay.

Even if you think death is not that bad, it makes your loved ones sad when you die; there is nothing ok about that. No matter how you look at it, it is bad. Anyone who says they are ok with it has not really thought about it, is stupid, or is lying to themselves and everyone else. Death sucks, and that is the bottom line.

If you learn the truth and the life, you can die knowing you did the best that was possible for a human being. Having learned the truth and the life, you will be reborn in a new world where death will never be as bad as it is in this realm. It is a lot better than dying in ignorance or living a lie. You will know that death is necessary and what is going to happen next, but death will always be tragic in many ways, and it is never okay.

Physical life is short: If people realized just how fast their physical life is going to pass, they would be much more concerned with learning the ultimate truth while they have the chance. **The truth is, we are all dying.**

Just ask any old person if life is short or long, ask if their life went by too fast.

We all live in a house on fire, no fire department to call, no way out, just the upstairs window to look out of while the fire burns the house down with us trapped, locked in it. Tennessee Williams

While we are postponing, life speeds by.
Lucius Annaeus Seneca

End of the world: People are always talking and worrying about the world ending. We are destroying the environment, going to use weapons of mass destruction, etc. There are plagues and pandemics, asteroids from space, religious prophecy, etc. We are so busy worrying about the world that we are missing the fact that the world is going to end soon for us no matter what happens or what we do.

The certain prospect of death should sweeten every life with a precious and fragrant drop of levity. Friedrich Nietzsche

Birth is like being thrown out of an airplane without a parachute. It is just a matter of time before you hit the ground and lose everything.

Just remember, death cannot be avoided for very long, even if you are careful. You have to be as ready as you can be to die, because it can happen anytime. Realize how unprepared you are; realize the reality of dying and what you will have to face, and it will be the start of a glorious quest for the truth and life.

Death is not a pleasant subject. It is the worst thing that there is, and no one wants to talk about it or think about it, but it is going to happen to you and everyone else. It is true, and facing the truth of it is the only way to overcome it.

Actually, you never die from your own perspective. The opposite happens. Everyone else dies/disappears.

I hope I scared you. Be afraid; be very afraid. I hope you are as scared as much as you should be. You need to be scared enough to do something about it.

Do not take this world for granted; it could disappear anytime, you can disappear anytime.

Heart failure, strokes, blood clots, and accidents happen to young people, so do not think it cannot happen to you. Every time you eat, you could choke. Every time you get in a car, another driver can kill you, so do not be surprised when death comes to you. You could die today; about 150,000 people will.

Death is the most certain thing in life, and most people are not ready for it.

Chapter 9

Seeking and Knowing

There are many popular movies about the unseen magic behind our lives.

The movies American Beauty and Forrest Gump are about how life is on automatic and just happens. The bag and feather blowing in the wind are metaphors of how life is under the control of some unseen force. The Matrix is about hidden truth. The Fountainhead is about living for the truth, no matter what the cost. I doubt that these things were put in these and other movies just to convey the message I am pointing out. They were probably slipped in by the collective unconscious without the writer even knowing the message, or knowing how true it is. As you begin to become more aware, you start seeing these interesting subconscious signs. In The Wizard of Oz, Toto pulls the curtain back, and the truth is revealed.

People like to watch lucky people in the movies. All our heroes were really just very lucky people, in real life and the movies. George Washington may have been very brave and smart, but he was also very lucky. Bullets came so close to killing him that they made holes in his coat. If a bullet had been just a few inches to the right, history would be different, and someone else would be on the dollar bill. The truth is, good and bad luck, or the balance, controls everything. For every Washington, there are many patriots that were just as brave and smart, but not as lucky, so they died in obscurity. The real world is the real world.

James Bond: We like watching Bond in action, because he is the luckiest person that ever lived. He gets out of one impossible situation after another and gets the girl, which does not happen in real life; it is a great fantasy. What really impresses us is not that they win or live, but that they are ready to die and lose, but don't have to in the movie.

The main reason for myths is the truth did not look very good until now.

That is why we have movies that show a world where everything ends well and people live happily ever after. The amazing thing is people can live happily ever after, if they learn the truth of life.

Life looked bad: In the real world, the world of truth you can check, it looked like you just live a difficult life and then you grew old and died in some horrible way. That's why people have all these different beliefs. Anything, no matter how far-fetched, was better than what the real truth looked like. People would rather try and believe in the impossible than a truth they did not want to believe. I do not blame them; no one wants to believe life is pointless and horrible.

Drowning people will grab a talking snake (believe in religious myths).

The most wonderful thing is the truth has turned out to be the best thing.

Time for the truth: Now we know the truth, and it is not horrible the way people thought. In fact, it is better than anyone could have hoped for. It could not be more perfect or better, so it is time to forget the myths and embrace the truth.

The truth is not: Today we can know what the truth is not. When you know what the truth is not, you have a chance to know what the truth is.

The real truth: The difference is as great as the difference between a real life and an imaginary life. You are really going to die, so if you are really going to live, you need to know the real truth. Literally, everything depends on the truth.

Truth is what stands the test of experience.

Albert Einstein

The truth is still the truth after the movie is over. A movie can let you escape it for a few hours, but it comes back.

Remember, $2 + 2 = 4$: It does not equal anything else. The truth is, there is only one real truth. Believing $2 + 2 = 5$ or 6 or anything else does not make it true. There are an infinite amount of wrong answers, but only one real answer. The real truth has the power to make sense out of the world, and in doing, transform a man into a spiritual being. Nothing else does anything but deceive.

There is the story that is backed up by all the evidence and everything else. One story is like the 4 in $2 + 2 = 4$. All other stories are like all the other numbers.

There are a million different stories, then there is the truth you can check.

Real hero story: There are good stories, great stories and even the greatest story ever told, then there is the real story. Real heroes are living the real story.

I conjure you, my brethren, to remain faithful to earth and do not believe those who speak unto you of super terrestrial hopes! Poisoners they are, whether they know it or not. Friedrich Nietzsche

To know the truth is the best thing. To know that you do not know is the second best. To pretend to know when you do not know is a disease.
Lao Tzu

All you have to be is honest to learn the truth and live in true life, nothing more, nothing less.

I like a good story as much as the next guy, but I do not like it when people try and say it is true without any evidence to support their claims. If it is backed up by the evidence, it is the truth. If it is not, it is just a story. It is that simple.

When all the evidence says it is true and none says it is false, it is true.

To admit a belief merely because it is a custom - but that means to be dishonest, cowardly, lazy! And so could dishonesty, cowardice and laziness be the preconditions for morality? Friedrich Nietzsche

It is a new day: Now that you can know the truth, you have to acknowledge it and change accordingly, or you will be lost.

There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle. Albert Einstein

Life is the only miracle: The fact that nothing happens out of the ordinary means the ordinary, or nature, can be understood. It does certain things and does not do others, and we can know what those things are.

The most incomprehensible thing about the world is that it is at all comprehensible. Albert Einstein

Joy in looking and comprehending is nature's most beautiful gift.
Albert Einstein

Imagination: Imagination is a good and necessary thing when it comes to being creative, but not good when it comes to the truth. The imagination has been running wild and is responsible for all the myths about life and death. Millions of people are playing make believe. They believe or are trying to believe in a false imaginary world, a world that does not really exist except in their heads, in their imagination. It is a certain recipe for physical and spiritual death.

There is not enough love and goodness in the world for us to be permitted to give any of it away to imaginary things. Friedrich Nietzsche

You can fool some of the people all the time and all of the people some of the time, but you cannot fool all of the people all of the time. Abraham Lincoln

No problem can be solved from the same level of consciousness that created it. Albert Einstein

"Repent" means to **change your mind**. Changing your mind means changing from a mind that controls your spirit to a mind that serves your spirit.

We shall require a substantially new manner of thinking if mankind is to survive. Albert Einstein

The more unbelievable something is, the more fanatical the followers will be. It makes no sense, but it is part of human nature.

Deception kills; only the truth saves.

Deception kills, because it buries the spirit in deception. Only the truth can save us, and almost no one knows what it is. Most do not even want to know.

The only reason people want to escape reality is they do not know what reality really is; they do not know that it is better than any myth.

The age of escapism has to end, or the human race will.

Living in an illusion will lead to our destruction. You have to know the true situation to deal with it. If you are trying to disarm an atomic bomb, you have to know how it works to do it. If you just start moving wires around because you have faith it is the right thing to do, it will set the bomb off. If you believe poison is milk and drink it, it will kill you. It should be obvious, but the truth is, most people do not see how dangerous living blind is. The blind are leading the blind. In the past, illusions and misunderstandings caused most of our conflicts, but we were not powerful enough to completely destroy ourselves. **We are now.**

This is why, even though we do not want to face the truth, we have to.

As John Lennon said, the dream is over. We will end it, or it will end us.

The mind has not had to work very hard to deceive people; they will believe anything someone tells them, no matter how nonsensical. The more nonsensical, the more they believe. The problem is that the truth is just too normal for most so-called normal people to believe.

The public will believe anything, so long as it is not founded on truth.
Edith Sitwell

Flat world: Just a few hundred years ago, people believed the world was flat, and even when there was good evidence that it was round, most people did not believe it or want to believe it. They did not want to admit they were wrong.

The truth may set you free, but first, it will piss you off.
Gloria Steinem

Those that can accept the truth when they hear it and see it are going to be saved; those that do not or just want to stay in their popular and cozy comfort zone are going to be lost. That is fair.

Gandhi said, "If you are a minority of one, the truth is still the truth."

Prophets are teachers, not leaders.
True prophets set you free from leaders.

Leaders/followers: The truth needs no leaders, just teachers. It is important to keep personalities out of it. Followers get dependent on spiritual leaders, the leaders get dependent on the followers, and the truth is lost. The truth is, people need to lead themselves. All the truth needs is the Internet and work to spread it.

You must take all the help you can get, and give as much help as you can.

This time, the truth is not dependent on a single leader. In the past, a lowlife could kill a prophet and stop the truth from getting out, but not now.

This book is just the spark that will get people talking about the real truth. I am just a guy with a match that is trying to start a truth fire.

The only thing we all have in common is that we play tricks in order to force ourselves to abandon the quest. The counter-measure is to persist in spite of all the barriers and disappointments. Carlos Castaneda

The next best thing to knowing the ultimate truth is seeking it.

A new revelation is the revealing to others a fundamental truth that has never been revealed before. This book is filled with new revelations of truth. I did not know any of the things that I have put in this book before they came to me. I just filled in the blanks as they appeared. It is a gift to me and now to you.

Behind your thoughts and feelings, my brother, there stands a mighty ruler. An unknown sage - whose name is self. In your body he dwells. There is more reason in your body than in your best wisdom. Friedrich Nietzsche

The key is to not think much. As John Lennon said, you need a blank sheet of paper before you can put anything new on it. You have to get the bats out of the belfry, make room for daddy, make room for something new to come to you.

You have to have the desire to receive the truth for it to come, but thinking about it does not make it happen. It is when you stop thinking that it comes.

When a revelation is true, it makes sense and fits into a pattern, which has continuity. It is also true for everyone, all the time; that is how you know it is true.

The revelations are just passing through me and this book to reach you.

They are for you as much as they were for me. If you are ready to receive them, you will understand what I am saying. If not, you will think I am crazy.

It is interesting that most of the word "know" is "now."

People think life is very complicated. The truth is, it is very simple.

Chapter 10

Balanced Universe

People think they are in control of their life; the opposite is true.

Karma: Most people think that what you do will have an effect on your future life, even after death; what you do will come back to you, etc. It is not true. Doing something, bad or good, to or for someone will not create the good and bad in your future life. It is balanced; it just happens no matter what you do. The balance makes everyone's life fair, just, equal and perfect, but it is not influenced by any actions you take, good or bad. You are never a victim of anyone. Everything that happens is always life creating balance. Your only choice is to see it for what it is, or not see it.

There is occasions and causes why and wherefore in all things.

William Shakespeare

Fate vs. freewill: Physically, you are a group of over sixty trillion living cells that do what they do by themselves. Every second, there are trillions of things happening inside our bodies that keep us from dropping dead, and we have no control over it. Blood is being pumped. Cells are being created. Hormones are distributed. A trillion things out of our control have to happen just for us to digest food, and we are not even aware that it is happening right now.

People are aware of the fact that they are not in control of the inner workings of their bodies, but most people are not aware of the fact that they do not control what is going on outside of them either. Most people believe they are in control, and the exact opposite is the truth.

The dance of life: Life leads, and we follow in the dance of life. In other words, the outer environment does something, and our inner environment (mind) reacts to it. **We are under the absolute control of our environments.**

You get hungry you eat, need money you work, the phone rings you answer it, get cold you put on a coat, get hot you take it off, and if you have an itch, you scratch it. Then there is larger environmental control; where and when you are born, if you are rich or poor, educated, talent, health, looks, sex and race, etc.

Check it: The easiest way to check if we are in control or not is to just look for someone that does not die like everyone else. No one beats death, not even the faith healers, and no one wants to die. The fact that everyone dies and in less than a hundred and fifty years tells you with no doubt that we are not in control.

People think free will is a gift; the opposite is true. The gift is that you do not have to be in control. Only when you know with absolute certainty that life will be absolutely fair (balanced) can you really relax and enjoy the ride.

Free will or control is an illusion, a deception created by the mind. It is the second greatest deception after the deception that you are your mind. When you wake up to the truth, the first thing you realize is you are not in control.

You see that the creator and the creation are together in the present.

People want to believe in an all-powerful God, but they also want to believe that they are in control or have a free will. It is another mind game. Life is in control of everything all the time, no matter what you think.

It is easy to believe you are in control. After all, you do whatever you want. The truth is, you want to do something because something in your environment gives you a reason to do it, even if it is your mind.

The environment is everything that isn't me.

Albert Einstein

In other words, everything outside your spiritual self, including your mind, is your environment. Your mind was and is created by your genetics and your environment, past and present. Your mind is part of your environment, just as your body is, and it is controlled by the larger environment directly and indirectly.

You can say lower animals are also in control of what they do and do not do. A bear or wolf can decide what to do from moment to moment, but it is just reacting to what is happening around it. You do the things you do for the same reason a bear or any other animal does what they do.

Humans do the same thing as all other animals, but just in a little less direct way. Our minds give us a greater awareness of the past and future than lower animals. Thus, we take what we have learned in the past and where we want to go in the future into account when we react to the environment, so we react a little less directly than lower animals when we can.

Everything is determined, the beginning as well as the end, by forces over which we have no control. It is determined for insects as well as for the stars. Human beings, vegetables or cosmic dust; we all dance to a mysterious tune, intoned in the distance. Albert Einstein

As I said earlier, the first big world-changing realization will be when science realizes that evolution being true means we evolved from all lower animals, that we were those animals, that we were dinosaurs, bugs, etc.

The second big realization: Science will realize that Issac Newton's laws of motion mean that the laws that govern all matter include us, because our bodies are matter. We are not in control; free will is an illusion, a delusion. It is "action-reaction" that causes the motion of all things in the universe, including us. There can be no matter in the universe that is exempt from these fundamental laws of nature. His book *Principia Mathematica* explains the laws of motion, and they have proven to be true. That book is the foundation of modern physics. Our bodies are governed by those same laws, because our bodies are matter in the universe. True or false?

Take a closer look at the things you do, and you will see the truth. There is always a reason preceding your every action. From the mind's perspective, the world is a huge maze. You have choices, but a limited number of them. You always choose what you think is the best one. None of the choices would make any real difference until now. Everyone is playing monkey see monkey do and blindly going around in circles, big and small.

Life is what happens while you are busy making other plans.

John Lennon

The carrot and the stick: People do everything they do to avoid pain and feel pleasure. You walk a path between these forces. It may look like some people are doing something for another reason, but it is an illusion/delusion. Example: Self-sacrificing behavior is only done if it makes the person doing it feel good to do it. To some people, it feels good to help others, or it feels good to do what you think is the right thing to do. You do everything you do for self-preservation and self-gratification directly or indirectly. Every move you make is ultimately for yourself, no matter what you may think or how it appears to others.

The things you do may not always make you happy, but you always think they are going to eventually, one-way or another, or you would not do them. Mother Teresa helped the poor, because it made her feel good to do it and/or for the reward she thought she would get in the afterlife (feel good later).

When you see the truth, helping others is the best way to help yourself.

We put ourselves in other people's shoes, and do the thing we would want done if we really were them, thus we are helping ourselves in two ways. We also will help others, because we know it is indirectly helping ourselves. We know we have to help others for the human race to survive. A spiritual being naturally helps others.

The power of pain: We avoid pain and seek pleasure, and it does not take much of it to control us completely. Most people can and do accept a certain amount of pain in order to get more pleasure in the future in one way or another. They go to work in order to have pleasure later, etc. Therefore, you could say that we are not under the direct control of pain and pleasure, and you would be right.

People can and do intentionally take some pain and avoid some pleasure, but they still do it to avoid pain or get more pleasure at a later date. Mankind does this a lot; lower animals are controlled much more directly by the environment. The way mankind deals with the control of pain and pleasure is just less direct and harder to see, but the truth is, it boils down to the same thing; the environment controls us. The best and the worst have happened to us in the past and will happen to us again if we do not leave the animal realm while we can.

Most important thing: What goes around comes around, and this is why we have to get out of a world where extreme pain exists and the bad guy has all the advantages. We can only do it now, so nothing is more important.

Knowledge of the past will motivate everyone to leave the animal realm.

The animal path: We all walk a path away from pain, discomfort and fear, and toward pleasure and perceived security. You will continue to follow this path even after you know the ultimate truth. Life uses these forces to guide us home. The mind uses these forces to keep us going in a circle. If you know the ultimate truth, you are going to heaven. If you do not, you are going in a circle; you are in a brutal holding pattern until you learn the truth.

Man/animal: People do what they do for the same reasons all other animals do what they do. Why does your dog or cat do what they do? Mankind is not any different. We go after what we want and move away from what we do not want. We try to adapt, survive and thrive in our environment like all animal life. The only difference is mankind thinks it is in control and is not as fulfilled as other animals.

All animals are the same; the only difference is mankind can know the truth.

It is as important to know what you can't know as it is to know what you know about the big picture of life, because you'll waste time trying to know something impossible to know, that does not even matter, instead of living in what you can know.

There are things we can understand with our minds and things we cannot.

Infinity: Some things are beyond the mind, thus beyond understanding. The mind has to realize it has limitations. All infinite and never-ending things are beyond the mind, and the essence of everything is infinite and never-ending. For example, we cannot comprehend that the universe goes out forever, but we can understand that it has to. It is impossible for the universe to stop going out. Something has to keep going out, even if it is just empty space. This tells us infinity exists. We can understand infinity exists without understanding infinity. Outer space is the easiest place to see infinity, but it is actually the nature of everything in one way or another.

Inner space: There is no end to inner space either. The truth is, there has to be an infinite number of universes inside every atom in our body. If you take a piece of cheese and cut it in half, and cut the half in half and keep going, you could cut forever, and you will never run out of something to cut.

You cannot make nothing out of something; it is impossible. Energy cannot be created or destroyed, and all matter is a form of energy. If you could make nothing out of something, you would be destroying energy, which is not possible. This is how you can use deductive logic to know something that could not be known any other way. Nothing is lost; it is just changed into another form, moving in a circle or cycle.

Fractals: You can see infinity with what are called fractals, see the Mandelbrot Set (www.youtube.com/watch?v=YJxTZo23HS4). A simple formula or pattern can repeat itself an infinite amount of times without ever resulting in the same thing or outcome.

Most things will be very close to the same, but never exactly the same. That is how life works. The same simple thing is done over and over again (balancing opposites), and in doing, with the help of the collective unconscious, it creates the most complicated and diverse things in nature, including us.

Fractals are the way that we can understand how the physical universe moves in a perfect balance, but it is never the same. It is truly always new.

The truth is, you would not want to be in control even if you had the option. When you learn the ultimate truth, you realize life outside the animal mind is perfect the way it is, and you would not change anything.

Life is not imperfect; it is just people's awareness of life that is imperfect.

There is too much going on for the mind to control life even if it could.

Life does not need to change. It cannot change; it exists because it is perfect. For something to last forever, it has to be perfect.

You are only truly free when you know for certain: You are not in control.

The only thing that can change and needs to change is people's perception and level of awareness. People need to see the perfection of life. When they do, they become a reflection of perfection and become perfect themselves. The animal mind by its very existence makes your life imperfect and unfulfilling, then it becomes stronger trying to fix it. The stronger it becomes, the less perfect life appears. It is the ultimate vicious circle.

You cannot control life, but you can change the way you see life.

We need to see the truth and the life and just relax and flow with life, accept life, surrender to life, live the life we are being given as it is being given. It is impossible to live totally alive all the time in this world, but the more of life we live, the more fulfilled we will be. We just have to turn off our minds when they are not needed, and we can. The truth is, we can live without it on most of the time. What could be more obvious, easier or smarter? The truth is just too simple and obvious for our minds to recognize it, and it does not want to see it.

The obvious is that which is never seen until someone expresses it simply.
Kahlil Gibran

Destiny: Not being in control does not mean our future is predestined. No one knows the future; the future cannot be known. Anything can happen. The only thing we can be certain of is that it will be a lot like it has been and be balanced.

To be or not to be: That is the question. You do have a choice right now and in every moment of life, and that is to live or not to live, to live in the present or not live in the present, to be completely alive or not be completely alive.

The only choice that matters: It does not matter if you have a free will or not; when it comes to the physical world, it will be balanced no matter what you do. The only thing that matters is if you know the truth and the life and live in the present. You have that choice now, and it is the only choice that matters.

It is no coincidence that you are reading this book now.

New environment: The knowledge in this book has now become part of your environment and has changed you and your options. If you understand it completely, it will change you and the way you see your environment completely.

It is true you are not in control, but this book has changed the environment that controls you and given you some new options, the option to go to heaven. Your environment controls you. It does something, and your mind reacts to it. The knowledge in the book will change your mind, your inner environment, and guide you to the truth and life. Remember, I did not write this book; it came to me from the spirit and saved me also. Now it has been given to you.

Mind/brain: New knowledge actually changes you physically. Memories and other aspects of your mind are created and saved bio-chemically in your brain.

Knowledge causes your brain to change, making you change physically.

As you read this book, the physical make-up of your brain is actually changing, thus your environment is changing. You are becoming a little different physically. Anything you learn changes your brain chemically a little bit. The more time you spend with something or the more impact something has on you, the more you are changed. Your brain is actually changing physically right now.

Knowledge can physically change you into a new species, a new life form.

Repetition: If something is repeated, it makes a bigger impression and changes your brain more, changes you more, your inner environment more. Thus, the more repetition, the better. That is why I repeat some things many times and say the same thing many different ways. TV advertisers repeat commercials for this reason. Hopefully, I repeated things enough to change you enough.

As a single footstep will not make a path on the earth, so a single thought will not make a pathway in the mind. To make a deep physical path, we walk again and again. To make a deep mental path, we must think over and over the kind of thoughts we wish to dominate our lives.

Henry David Thoreau

The environment controls you, but your environment has now changed.

Divine sense of humor: When you begin to see life truly, you feel like laughing all the time like some demented person (don't do it, people will think you're crazy). People believe obvious myths are the actual truth, and these same people think they are intelligent beings. That is funny.

The beautiful people, the successful celebrities in this life will be the equivalent opposite in the next life. Those that have the best things in life will have the worst. Those that have the most pleasure in their current lifespan will have the most pain in their next. The most comfortable will be the most uncomfortable. The most powerful will be the most powerless. People will go from the best situation to the worst unless they learn the ultimate truth before they die.

That is bad news for those that are on top in this life, and great news for those on the bottom, but the truth is, it is not good for anyone.

Going in an endless circle is not good for anyone.

Many powerful and successful people go around thinking they have what they have because they are better than unsuccessful people in some way. They take credit for their position in life. Pride comes before a fall, as the Bible says.

What goes around comes around.

The truth is, whatever people have, life gave them. Many rich and famous people take credit for their success and look down on the less fortunate, and they were and are going to be just like them very soon. That is funny.

You get to be a beautiful, rich person by being the Elephant Man in another life. The Elephant Man was the ugliest man in the world in one life, so he was the best-looking person in another lifespan. Who is the best looking person alive now? That person could have been the Elephant Man or is going to look something like him in the near future. Someone was the Elephant Man; he lived. Going from Elvis or Tom Cruise to the Elephant Man is not a way to live. Looks, talent, power and personality traits go back and forth like everything else. Living in the truth of life is a better way. Rise above the opposites. If you do not, today's winner is tomorrow's loser. If you rise above the balance, it does not matter.

The truth is, no one is special or different from anyone else. No one is special, and everyone is special. Life has to be balanced to be fair.

Wake up, rich beautiful people. How could you even think that you deserve to have a better life than other people do? What have you done to deserve a better life than some poor, sick person? You have not done anything, have you? If you do not wake up and change your ways, you will be a poor, sick person very soon.

People born with a debilitating physical disability or disease are in a cycle.

That is how the balance works; it is what makes life fair for everyone. It is what makes life perfect and gives you the ability to live without the mind.

Joy in looking and comprehending is nature's most beautiful gift.

Albert Einstein

The edge: You no longer have to wonder why some people are born poor with a crippling disease and others are born with health and wealth, why someone gets killed by a serial killer and someone else wins the lottery. They are just people living at the edge of the balance. You do not feel sorry for one and envy the other, because they will essentially switch places in their next life to create balance. Everyone else does the same thing, only most people live closer to the middle of the balancing forces and have a normal life of ups and downs. The middle of everything is the best place to be.

Superman: Sometimes a life of big ups and downs happens in just one lifespan. There is no clearer place to see this than in the life of Christopher Reeve. He became a rich and famous movie star playing Superman. He went from there to a quadriplegic that could not even breathe on his own, in the seconds it took to fall from a horse. Very bad and very good things can happen fast. The balancing force can change everything in a heartbeat.

Once you know the truth and the life, you never have to ask “why” again.

One in a million: Rich, powerful people have less fortunate people thinking that it is their fault that they are not as rich and powerful as they are. They will never acknowledge that they were just lucky, because most of them do not know it; they really think they are better or smarter or work harder, etc. They believe the illusion, because they want to. The truth will be seen by poor people first, because they will want to see it more.

Winning only lasts for a moment in time. The truth and the life is forever.

Only happens to someone else: People really believe this, and it is a deception created by the mind. What goes around does come around to everyone.

The only way to really succeed is to learn and live in the truth.

Without the dream, there would be no occasion for the division of the world.
Friedrich Nietzsche

True equality: Now you know the truth, so you know that no one is better or worse than you in any way. Life is always fair, and you will get your share.

Once the rich and powerful know the truth, they will start sharing the wealth and be a lot more humble. They will if they do not want the opposite and if they want to be fulfilled now and forever. Being rich only lasts a few years, and it is not that great. The truth and the life lasts forever, and it is as good as it can get all the time.

Rich/poor cycle: You will go where you want to go, but only if it balances your life. You may have been rich and famous in your last life, and it is not your turn this time. If it is not your turn, it is not your turn.

If you give your attention to trying to get rich, even if you succeed, you will just be getting into the rich-poor cycle. The higher you fly, the further you will fall. You get to play big shot for a few years, and then you die, come back and get to play bum for a few years. It just goes back and forth forever if you do not see the truth.

If you are tall, you are going to be small; if you are rich, you are going to be poor. You have been around this cycle many times, and we can do better now.

It isn't me: Without the truth, people look at someone that has a bad life and think, "It's not me and it is not my problem." With the truth, they know it is their problem. This insight will not let people off the hook anymore, and it will change the world.

Merry-go-round: If you give your attention to the truth and life, that is what you will become. Get off of the merry-go-round of life. It is the only way you will become what you really want to be and stay that way forever.

Shades of gray: The balance is mostly in shades of gray. Example: Beautiful people with money and other advantages can have a horrible life, and many poor people live great happy lives. Some people are successful financially, but are failures at love or have bad health, and vice versa. I use black and white analogies just to make a point. The way the balance actually happens is infinitely complicated, but the bottom line is, the balance will always balance everything evenly and fairly in one way or another.

The center of life: You will find that you like everything just about equally when you become a spiritual being. It really does not matter what life dishes up; you eat it all with a deep gratitude. You like darkness as much as light, silence as much as sound, nothing as much as something. It is all life and you know you will get to taste everything sooner or later, so you always enjoy what is happening in the present no matter what it is.

You do not like pain as much as pleasure, but you endure the pain and enjoy the pleasure in the knowledge that we will no longer have pain in our next life.

You will endure pain until it passes with the knowledge it will lead to an equal amount of pleasure. **This knowledge is what sets you free.**

Time you enjoy wasting was not wasted. John Lennon

Waste time: There is an art to doing nothing. The mind tries to keep people running towards something or away from something. The hardest thing for most people to do is nothing.

Fear of freedom: If there is no moral right or wrong, because everything balances, there is nothing stopping people from doing horrible things to each other. The thought is that everyone will just turn into a bunch of animals and tear each other apart the first chance they get. The opposite is true. People that know the truth do not hurt others because they are no longer animals; only animals will act like animals. People that know the truth of the balance will become spiritual beings and act like spiritual beings.

Consequences: The knowledge of the balance does not remove all the consequences of behavior. **The opposite is true; now you are responsible.**

Criminals now think, “Look what my victim is going through, and they did not do anything to deserve it, so deserve must not have anything to do with bad things happening,” and they are correct.

When you know the truth, you know if you act like an animal after you know the ultimate truth, you go to the bottom of the food chain. There is no greater consequence; thus, **the truth is the best deterrent to bad animal behavior.**

All the marbles: People think that if everything balances, it does not matter what you do. The truth is, everything you do matters, because you are playing for all the marbles. **What you do will determine your immortal future.**

If you want to evolve past the animal realm, to a realm where there is no fear, pain or death, you have to learn and spread the truth of life. You have to live as a spiritual being. If you live like an animal, you will continue to be one.

Summing it up: Heaven is a real place. It is the place the highest forms of life live; it is the top of the evolutionary ladder. You get there by learning the ultimate truth and living in true life now. Hell is a real place. It is where the lowest life forms live, the bottom of the evolutionary ladder. You get there by learning the truth and not trying to live in true life. It is up to you; you have the ball (the truth).

The Real Story

Hereafter: If you want to know what happens after you die, just look at your own life. This is the hereafter. This is what happens after you die. It is the hereafter of the life you lived before you were born.

This is the hereafter!

You are back from the last life you lived, and so is just about everyone else. The people living in this generation were alive in the previous generations.

We are mankind, all of it. Everyone is back now to unveil the truth and the life, to open our presents together.

We are all back again: All of the people that have lived and died in the past have been reborn and have rejoined mankind. Almost every human being who has ever lived on earth is alive right now or will be reborn in this generation. You could be George Washington, Columbus or Adolf Hitler; someone has to be them. Their spirit is back along with everyone else that lived in the past and did not learn the truth. They are just in a different body and mind and are nothing like what they were in their previous lifespan. Everyone is back or will be soon. That homeless guy that asked you for some change could be George Washington.

No past life memory: We have no memories of past lives, because memories are biochemical parts of the brain, and our past memories die when our past physical mind/brain died. Everyone that did not learn the truth and the life in their last life, including us, are back or will be soon.

We have to come back to this world until we learn the truth and become a spiritual being. Everyone that started the evolutionary cycle on earth will be here now to get their chance to finish the quest and leave the animal cycle.

Ancestors: We do not have to blame or thank our ancestors for fighting all the wars and doing all the work that has gotten civilization to where it is now, because we were our ancestors; we did it. We did it for us, and we did it for now. We have been all the heroes and scoundrels throughout history. We built this civilization for one purpose: **to become spiritual beings.**

Old ones: Mankind is the oldest life on earth. We are descended from the first animal life that evolved on earth. We are at the very top of the evolutionary cycle, because we have been evolving for the longest time. The people that see the truth and the life first were the very first animal life to evolve on this planet. We have been traveling together for a long time, have seen it all and suffered it all. As a result of our age, we will be the first to see the truth and spread the truth.

The exponential progression: The evolution of the human race is accelerating in an exponential, geometric progression. More will happen to our life on earth in the next few years than has happened to us in the last seven-hundred million.

Snowball: We are in a progression that is now progressing geometrically. It took ten thousand generations for the human population to reach two billion people. In the last generation alone, we added more than twice that number of people. Our average lifespan went from about thirty five to seventy eight (doubled) in the last few hundred years. Technology went from muskets to A-bombs in about the last hundred years. The speed of travel went from the horse to jet aircraft. World communication went from months to seconds.

It is like a snowball rolling down a hill; it keeps rolling faster and getting bigger and bigger. Now that it is big and moving fast, it gathers more snow in a partial turn than it did from many revolutions in the past. This is why we can evolve more in the next few years than in the previous seven hundred million, but this can only happen if we face the truth and stop playing make believe. If we do not, we can undo all the gains of the last seven hundred million years even faster.

It can go either way. It will go one way for those that learn the truth and the life, the other for those that learn it, but do not accept it.

The human race will go where the majority of the population goes.

What most people do not realize is that everything that makes up our world just happened. TV, cars, refrigerators, air conditioning, indoor plumbing, toilets, washing machines, microwaves, computers, etc. have all just appeared in the last few generations, most things in just the last generation.

Americans could legally own people as slaves one-hundred and fifty years ago. Women could not own property, sign a legal contract, or vote until the 1920s, and women did not have equal rights under the law until the 1960s.

Everyone is acting like life has always been like it is now or that it has been this way for a long time; it hasn't. It has all just happened, and it can all just end.

There was nothing like the world we live in now in the past. We take everything for granted. It is a deception, the greatest and most dangerous deception.

Everything in the past was just leading to now. This is what we have all been working, fighting and waiting for. This world is new and temporary. We have to wake up to this truth before we can go further.

We need to wake up, or it ends.

Book of life: If the less than two-hundred thousand year history of human beings (Homo sapiens) were in a two hundred page book, each page would represent a thousand years. For more than one-hundred and sixty pages (one-hundred and sixty thousand years), most of our history, you would just read about wild animals doing what wild animals do. We did not do anything different than any other wild animal for more than three-fourths of the time we have been in these bodies.

Our brains were the same size they are now, and we looked exactly as we do now. The only difference is how we lived. We had no permanent shelter other than caves, and sticks and stones for weapons. We could not make a fire.

We were food: Try to imagine you and your friends running around naked in a hot jungle or grassland with only sticks and stones for protection. For most of our history on this planet, we were eaten alive by big cats, bears, big lizards, and even big birds. Birds like the Haast eagle had claws as big as a tiger's, and were eating us for more than ninety percent of the book. We were like big, slow rabbits to them.

Being eaten alive sounds horrible, because it is horrible, as bad as it gets.

It was horrible to live on earth up until just recently. It was worse for us than any other animal, and it was the worst for our children. Most of them did not grow up.

Caves: The strongest people lived in cold, dark, dirty and insect filled caves. If you were the biggest and strongest, you were lucky, because you could take and keep the best places to live. Caves gave you a little protection from the animals that tried to eat you, but you constantly had to fight other humans for the cave. Only the biggest, strongest, and healthiest humans lived in them. Most people lived outdoors in small groups. Most people were out in the open, and when it got dark, you did not sleep well. Most of the real life monsters that ate us alive snuck up in the dark when you tried to sleep. **We were defenseless until recently.**

Tonight when you are lying in bed in the dark, imagine you are laying on the ground in pitch darkness, with no walls and doors, and thousands of insects and other strange creatures are out in the dark making loud noises. Imagine there are predators many times your size, with large fangs and claws, that can see in the dark and smell where you are sleeping. **You were there.**

Beasts like the saber tooth tiger lived in the same places we lived up until about ten thousand years ago, and they were just one of many creatures that would kill and eat us alive. Remember, this is the way it was for 90% of our history.

Fire: We could not make a fire up until about forty thousand years ago. That means for about one-hundred and sixty thousand years, we had to go to sleep without a fire burning. For most of the time we lived on earth, we feared the night.

Not too long ago, seeing a rabbit running around would have made you hungry. You would try and kill it and eat it raw. We did not get rabbit very often; they were hard to catch. We would eat whatever we could catch or find, mostly insects and lizards, along with berries, roots, etc.

For at least one-hundred and sixty pages of the two hundred page book (160,000 years), we could not make a fire, and we ate other animals raw.

You lived like that for a lot longer than you have been in a warm, safe house with food in the fridge. The truth is hard to believe, but it is the truth that sets you free.

The last paragraph: Only on the last half of the last page in the book of our history would you read about a world with books. We did not really communicate with each other before the printing press. **The truth is, just about everything happened in the last one percent of the time we have been human beings.**

Smelled bad: Most people went years between baths up until just recently. When George Washington lived, everyone smelled bad. Almost no one took a bath in the winter. Before indoor plumbing, taking a bath was very difficult, so people did not do it very often. We did not have garbage pick up until 1895. Life stunk, literally, until this last generation, and it still does in most of the world.

Last sentence: Almost everything that comprises the world we live in now happened in the last sentence of the last page of the two hundred page book of our history as human beings on earth.

Are you starting to get the true picture?

Human beings lived in an unbelievably brutal, savage world for at least ninety-nine percent of the time we have been on earth. We have only just recently enjoyed living in a semi-safe, clean, semi-civilized, and understandable world.

Bad guy wins: In our past, the better killer you were, the more successful you would be. It is a fixed game where the bad guy wins. This is why we need to get out of the animal realm while we can. The animal world is just kill and be killed.

The bad guy is usually the aggressor and the aggressor has the advantage.

We have to do the exact opposite of what we did in the past to be successful. We have to completely change a mind that has been evolving for millions of years in a short period of time to be successful now. We have to see and spread the truth.

Being eaten alive is the worst way to go and is the fate of most animal life.

It is what happened to us millions of times. It is the ultimate incentive to become a spiritual being and leave the animal realm.

When we needed to eat or mate, it made us the most vulnerable to attack by other predators. It is one of the worst features of the natural animal world, that just when you think something great is going to happen, the worst does instead.

We are eating and mating now like never before, and we think something good is going to happen. This makes it the most dangerous time in history.

The animal realm forces us to endure the absolute worst things to motivate us to become the absolute best things. It had to be the worst for us to be the best.

Not working now: Nature has been trying to force us to evolve into spiritual beings. It took a long time, but worked in the past. It is not working now, because the forces of deception have removed the motivation to take the last step.

Rollercoaster: The pain of the past was balanced, but that does not make it good. When you won a battle or fight to the death or were successful killing an animal during a hunt, it was extremely pleasurable, because it meant survival. This is why men still feel good when we kill something. You were much more aware of the present, so life was much more fulfilling than it is now, but that does not make it okay. Living on a rollercoaster of extreme ups and downs prevents you from ever learning the truth and the life. Only at the rare times you get off the rollercoaster of animal life do you have a chance to see the truth and the life and have the ability to evolve past the animal realm. We know it has not happened for at least seven-hundred million years. We were kept busy just surviving until now.

Center of the storm: Human beings are now like the eye of the hurricane, the cyclone of animal life. It is only while in the calm, at the center of life, that it is possible to see the ultimate truth and transcend the animal realm forever.

Taking for granted: We are taking the way we live now for granted and acting like our past did not happen and assuming it can never happen again. We have created myths of the past, so we can project an equally false myth of the future. Thus, if we forget or ignore the true past, this will literally cause us to lose in the biggest possible way. To come all this way and then stumble on the last step is the worst possible thing that can happen, period. **It is the ultimate fall.**

For millions of years, our life was a daily struggle just to survive the day and then the night. We were hungry and afraid for millions of years. Things like murder, rape, and cannibalism were standard behavior and happened to everyone.

It was more horrible than anyone can imagine or describe in words, yet when we finally get in a good situation for a brief period, we spend our time trying to get more rich, be winners, and have as much sex as possible.

Are we really intelligent beings? We are not acting very intelligently.

Cockroaches have sex over two hundred times a day. Cockroaches can do what most people are trying to do now better. Trying to do what a cockroach can do better will make it happen. **If you want to be like a cockroach, you will be one.**

We are the exception: Cockroaches have been on earth unchanged for more than three-hundred million years, and there have always been a lot more of them than us. **We are the exception to the rule of animal life; they are the rule. Just look what is going on in the animal world around you.**

The ultimate tragedy: We now have the opportunity to change our nature and escape the animal realm forever, but instead of taking advantage of it, we are taking our situation for granted and trying to live with our eyes closed to the truth.

When the truth is realized, people will stop worrying if parts of their bodies are too big or too small or if they are cool, popular, winners or losers, etc.

Fool's paradise: We are missing our only opportunity to escape the animal realm. Millions of people are burying their heads in the sand and hoping some myths will save them. We are busy playing mind games and missing an opportunity that comes once every seven-hundred million years. For what? We are not happy living the lie.

All we have to do is acknowledge the truth, but we are doing the opposite and trying to live in a lie. **Could anything be more stupid or tragic?**

Einstein said there are two infinite things: the universe and man's stupidity.

It was forgivable in the past when we could not know the truth for certain, but now that we can know it for certain, it is unforgivable. **You will lose everything.**

The price of heaven: We have spent at least the last seven-hundred million years paying the price to get to heaven. We have almost paid it; we just have to go the distance. Unfortunately, it is also the time we are most asleep.

What was it all for? Why did we have to struggle and suffer for so long?

Ultimate awareness: It was all to cause us to evolve. The fear of being eaten causes a life form to evolve better senses in order to avoid predators and find prey. It caused us to become more aware of our environment, more aware of life.

Everything that happened was just to make us more aware of life.

We evolved a big brain in order to be more aware of our environment, but it was an indirect awareness. It was a totally new way of seeing life.

All our senses before evolved to better know the environment directly. Our minds actually did the opposite; the mind blocks our direct awareness of the environment.

There are two types of truth: truth you know and the truth you experience.

We need both direct and indirect awareness to have the ultimate awareness. Only when we do will we have reached the top of the evolutionary ladder and achieved total awareness of our environment and life. Our minds gave us the ability to know “the truth.” The truth is indirect awareness of our environment.

Our indirect awareness came at the expense of our direct awareness of our environment, awareness of “life.” We just have to put our direct and indirect awareness together to know the truth and life and take the final step in evolution. I am hammering on this, because everything forever rides on it.

The truth and life = ultimate awareness.

The last page: The last page of the book of our history on earth is turning now. What is going to be written on the next page?

Next page: If we wake up to the truth, it will be about a heaven on earth. If we stay asleep much longer, it will be about a hell on earth, a worse one than has ever existed before. It is the price of coming so far and then throwing it all away.

Things will either become as good as they can possibly be, or the worst it can possibly be. That is how the balance works, and it is as certain as the sun will rise and set. We can be as smart as we possibly can be, or as stupid as we can be.

The sun rising and setting, day and night, shows us the nature of the universe, the nature of the balance. Nothing could be more obvious, yet almost no one can see the truth. The sun is about to set or rise on the human race.

Life after death: Why do people seem to care more about the future of the human race than their personal future? Why will people sacrifice their lives for the future of mankind? Soldiers sacrifice their lives for a better future; why do they do it? Why do salmon swim upstream and give their life for their offspring? Why do most animals risk their lives to save their offspring? It is not just love.

The most powerful instinct is “survival” or self-preservation, so why do we often put the survival and well being of our descendents ahead of our own? It is because we subconsciously know that we will be our own descendents. If you have children, you will most likely come back as your own grand children or great grand children. You may even inherit some of your own money. This is why kings always passed the crown to their own bloodline.

If you do not have children, you will come back as the offspring of relatives with the closest DNA to the DNA you have now. Your spirit goes with what it knows, but there are many factors that can change your trajectory, such as the balancing force, and the truth of life. This book reveals them clearly for the first time.

When you wake up everything is obvious and you know what is happening.

The spiritual agenda: The collective unconscious, along with the survival of the fittest, caused evolution. It is behind all progress and the current population explosion. It has done what it had to do in order to get us all here now.

The last ice age: The collective unconscious works with the natural environment to move the spiritual agenda ahead whenever it gets the opportunity. When the last ice age ended, it made its move, and so far, it has resulted in the world we are living in now. It has gotten us to the very door of heaven, a perfect existence.

The environment: The unusual long period of good weather in the last ten thousand years has made it possible for us to progress enough to give all mankind a shot at a heaven.

More countries are getting nuclear and biological weapons. They will start being used if the truth is not seen soon.

We have a choice: life or death.

Even if we do not destroy the environment, nature will. The weather changes in natural cycles. Another big disaster is going to come soon, no matter what we do. If we become enlightened spiritual beings, we will survive most of what nature throws at us. If we do not, we will not survive even a minor worldwide change in the weather, because it will unleash the beast within mankind.

All together now. For the first time, we are all together, and we have everything we need to make the transition as a group to spiritual beings and create a heaven on earth. For the first time, we also have the means to destroy ourselves. It is no coincidence.

We shall not cease from exploration; and the end of all our exploring will be to arrive where we started and know the place for the first time. T.S. Eliot

Life is a pilgrimage. The wise man does not rest by the roadside inns. He marches directly to the illimitable domain of eternal bliss, his ultimate destination. Oscar Wilde

Wherever you are is where it is at.

The present is the ultimate gift; it is the gift of the truth and of life. The present is always the same (fulfilling) and always new and different, and it will last forever.

You must live in the present, launch yourself on every wave, find your eternity in each moment. Henry David Thoreau

Do what nobody else can do for you. Omit to do anything else. Henry David Thoreau

Chapter 12

Transition

Remember, all you are doing is separating the real from the mind made.

Can you tell the difference between what is mind made and what is made by life? You can, anyone can, so it is not like your job is not clear. If it is anything that the mind creates, worry, fear, anger, inferiority feelings, sadness or any mental suffering, it is not real. If you are sick, it is real. If you stub your toe, the pain is real, etc. If something makes you mad, it is not real. Can you see the difference?

If his spirit is distorted, he should simply fix it----purge it, make it perfect, because there is no other task in your entire lives, which is more worthwhile. To seek the perfection of the warrior's spirit is the only task worthy of our temporariness, or manhood. Carlos Castaneda

You become a spiritual warrior, not a physical one. At first, the things you have read in this book will make you think more, but as it sinks in, you will think less and less. You will eventually manifest, The Present, in the present.

A truly good book teaches me better than to read it. I must soon lay it down and commence living on its hint. What I began by reading, I must finish by acting. Henry David Thoreau

Having the fewest wants, I am nearest to the Gods. Socrates

Instead of thinking what else you need, think of what else you can live without.

Complicated: You have to un-complicate your life to get into the truth and life. This does not mean your life cannot be complicated at work. Work is work, but you leave it at the office, and the rest of your life should be made as simple as possible.

Complications are a friend to the mind; simplicity is a friend to the spirit.

As you simplify your life, the laws of the universe will be simpler. Solitude will not be solitude, poverty will not be poverty, nor weakness, weakness. Henry David Thoreau

You should make your work life as simple as you can and make your personal life completely simple. Some work will need to be complicated, so you live with it for 8 hours a day, but you do not have to in your personal life.

Any intelligent fool can make things bigger and more complex... It takes a touch of genius - and a lot of courage - to move in the opposite direction. Albert Einstein

Just do a routine that starts in the morning with planting seeds of truth to others. You have to help the truth for the truth to help you. The rest will follow.

If your ultimate goal is to know the ultimate truth, you have to give (help spread it) to get it. You have to give to receive. You reap what you sow.

I teach you the overman. Man is something that shall be overcome. What have you done to overcome him? Friedrich Nietzsche

Everyone will benefit by just trying to seek truth and live consciously. The more people that do it around you, the easier you will be able to do it. There will be many false starts, and your moments of clarity will come and go during the transition period. Do not let it bother you; it is the way it happens. If you do what you have to, it will happen eventually.

Take your time: You do not want it to happen too fast, because your mind needs time to change itself, and that happens gradually, mostly when you sleep. You have waited millions of years and millions of lifetimes; a little while longer is no big deal. The transition time is important and necessary.

Be nice to yourself. Never do anything that is bad for you, only things that are good for you, not just because you can live longer and better, but because it is the right thing to do. A person that knows the truth always does the right thing. They try to stay on the spiritual path.

Finish each day and be done with it. You have done what you could. Some blunders and absurdities no doubt crept in; forget them as soon as you can. Tomorrow is a new day; begin it well and serenely and with too high a spirit to be encumbered with the old nonsense. Ralph Waldo Emerson

I have told you all I can tell you now. If you wake up, you will know the things I have not told you and you will know why I could not tell you now.

Now it is all up to you: You now know all you need to know. You just have to actively start living in the truth by helping the Truth Contest spread it.

It is all about NOW, the present, simply because nothing else really exists. Everything we learn and do is to get into the NOW.

No Other Way

This book reveals:

That we are immortal.

The true past and future.

The truth is the opposite of what people think.

That we have a choice between life and death.

That mankind is living in a state of waking sleep.

That we need to wake up from this sleep to see the truth.

That everything is balanced and fair for every living thing.

That we are in the process of taking the last step in evolution.

This book reveals many important things no one has ever heard before.

True or false?

Don't believe me: I quote and reference **Albert Einstein 31 times, Friedrich Nietzsche 18 times, Henry David Thoreau 9 times, The Beatles** and many of the greatest prophets, philosophers, scientists, leaders, seers, poets and artists that have lived on this planet. If you cannot or will not believe them, just believe your own eyes. **The truth is self-evident. CHECK IT FOR YOURSELF.**

We have tried everything else. Try the truth the evidence supports.

Lie and die: When people realize that they are going to suffer and die along with their families in the very near future, they will no longer be motivated by riches, power, fame or any other influences that come from our animal minds.

New world: Only the truth and the life will matter to you, because they are the only things that really exist and the only things that can save us. Everything else is just BS created by the mind.

To be or not to be; that is the question, the only question.

Important: Start every day thinking you will die, because one day, you will be right. It makes you serious about finding the truth.

Ask yourself: Just ask yourself if you want to live a pointless, unfilled life of deception, or if you want to live a fulfilled, true life now and where it lasts forever.

Eternal sanctuary: The present is where everything is, and if you are there and you **know the truth**, life is perfect at all times, and it will last forever.

The present is for you. You just have to accept it.

"I went to the woods because I wished to live deliberately, to confront only the essential facts of life, and see if I could not learn what it had to teach, and not, when I came to die, discover that I had not lived. I did not wish to live what was not life, living is so dear; nor did I wish to practice resignation, unless it was quite necessary. I wanted to live deep and suck out all the marrow of life, to live so sturdily and Spartan-like to put to rout all that wasn't life." **Henry David Thoreau**

The beast within is doing everything to try and get people to skip the truth and try to go directly to life, which is impossible. This is the main problem. People want a short cut, a quick fix, and this trick of the mind keeps the human race in bondage. People try drugs, sex, power, money, fame, anything and everything except the truth, but people will never be free until they learn the ultimate truth.

The difference between knowing and not knowing is checking. Nothing could be simpler. If you care enough about the truth to check what it is, you will know the truth of life. The sad truth is, most people do not care; they like playing animal games. If you care, now is the time to prove it.

If everyone looked at the big picture of life, we would see the same thing. This simple thing would unite human beings, and we would live in paradise.

There is only one way. You have to know the full truth of life to know a full life.

How can you enjoy life before you know how life works? No one can fully enjoy life until they know why things happen and where their life will lead. Learning the ultimate truth of life and death is the true mission of mankind.

Read **The Present (with religion)**, even if you do not like religion. It is a more complete version of this book. It includes religion and many other things. It is the long version of this book. You have to read it in order for the truth to go subconscious. It helps change you into a spiritual being.

Chosen one: You may be wondering why most people cannot see the truth now, why no one even seems to care about the most important thing there is. It does not make sense. As it says on page one of *The Present (with religion)*, the truth has been veiled, hidden from human consciousness by the collective unconscious. The time has to be right; technology, politics, and all other facets of society have to evolve to a certain point and be ready before the truth can be seen, or it will cause more harm than good. As the Beatles song "All You Need is Love" says, **"There's nothing you can see that isn't shown."** The level of truth we can see now could not be seen before now, and even now, it can only be seen by a few people. Are you one of them? If so, you have been chosen to help reveal the truth to the rest of the human race. It is a calling you cannot refuse.

Greatest family: We are working with the Beatles, Newton, Einstein, Tesla, Nietzsche, Thoreau, and all the other great prophets, seers, and scientists that have ever lived. They are our friends, our partners and our family, and we are theirs. This is your opportunity, your invitation to join us.

Working with us makes you a prophet, which is the next step in human evolution. Anyone who spreads unseen truth of life and death is a prophet.

Even if the seeds of truth you plant do not grow in others, the seeds you plant will grow within yourself; **you reap what you sow**. You cannot be certain of helping others, you can only try, but trying to help others helps you for certain. If you sow truth, you will reap truth. In other words, you get what you give. It is the best work you can do for this world, and for yourself.

Teach to learn: You have to teach the truth you know to others to learn new truth. If you do not, you do not progress. People have it backwards and think they have to learn it completely themselves before teaching others. This is a mind trick to stop the truth from being revealed, because people who do not teach what they know will never know the ultimate truth themselves, and the truth will not spread.

If you want your life to change, you have to change yourself first. If you do not change yourself, and stay the same, your life will stay the same.

People that read one book after another never become enlightened spiritual beings. It is best to just read The Present over and over and take the next step.

Reading this book is just the first step. The next step is to help the truth.

Those who have the privilege to know, have the duty to act.
Albert Einstein

If you are not part of the solution, you are part of the problem.

Many people read this book and think they know the truth, then fade right back into the animal realm. The power and influence of the animal mind cannot be overstated. You have lived in the animal realm for a half billion years. What makes people think reading a book for an hour can change all that? You have to be 100% in your effort to stay in the truth.

If you are old enough (time on earth) and you have paid your dues helping spread the truth, how life works becomes clear to you. Your age is not up to you, but helping the truth is, so give it all you can. It is how you feel about yourself that counts. If you feel you have given all you can, then you are in the best position you can be in, and you know it. If you are not doing what you can, you also know it. **You judge yourself.** You never know when you are going to die, so you always want to be in the best position you can be.

Reading about the truth does not mean you know the truth.

Reflection of environment: Understanding the balance, immortality, and your history completely makes it possible for you to relax completely and live in the present completely, which fulfills you completely. The problem is, you are a reflection of your environment, and the animal environment will not allow the above to happen much of the time, so all you can do is work to change it with the knowledge that you will change it or die trying.

You win either way, because if you die trying, you are reborn in an environment in the future on earth after it has changed from your efforts and the efforts of others on the path. You will be reborn in an environment of truth and life, what religions call heaven. It could be ten years, a thousand years, or millions of years in the future. It will not matter to you, because it will seem to you as only a second from the time you die until you are reborn in a heaven. There will be a heaven on earth eventually, even if it takes another billion years. You can't lose if you are helping to spread the truth, helping to create a heaven. **It could happen in a few years.**

Goal of book: It will be difficult to be a truth seeker/spreader and live in the truth of life until you make the connection with what I call the collective unconscious, what religions call the Holy Spirit. The goal of my books and everything we do is to help people make that connection. You will know when it happens, because you will realize you are not alone; you are connected to an all knowing power, what religions call God, that is omnipresent and omnipowerful, is everywhere and does everything. It is everything except for the animal mind, and it is the animal mind in an indirect way. When you see it, connect with it, you will see life perfectly clear. You see the magic of life, the perfection. You become invincible, and are locked in on the path to a heaven, and you know it. That makes this life as good as it can be, and the next life perfect.

For the next step, write me at: michael777776@yahoo.com

LIFE KNOWING LIFE, LEARN IT & EARN IT.

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